



Hi Lake Michellians

If you haven't heard about the Eco Fun Run/Walk taking place on Saturday 21 October 2017 then you must have been

hibernating!! 😊 There's an unbelievable number of Lake Michellians taking part in the two events (you and your family are more than likely some of them). We have a total in excess of 150 (to date) taking part in the Eco Fun Run, Eco Stroll and Push Bike race. Please note the entries close on **Thursday** at 17h00 to enable us to get catering numbers – **SO TIME IS RUNNING OUT!** Please visit www.lakemichelleevents.co.za if you would like to enter. Also remember to indicate whether for the 4km Fun Run, 1,4km Eco Stroll or Push Bike race giving the number to be enrolled for each, and the number of boerie/salad rolls you wish to order.

As you can quite well imagine there has been a lot going on behind the scenes planning this event.

We now need your help please!!

All three events start and finish at the Boathouse. Dylan from The Life Cycle's way-out Extreme Mountain Bike exhibition will take place in the road, and the kids Jumping Castle will also be located in the area. So ... there is going to be quite a bit of congestion there on the day of the event. As a result the road around the Boathouse will be closed, except for emergency vehicles, from 8:00 until approx. 13:00. This also means that there is going to be very little parking at the Boathouse parking area. -In order for it to be the least disruptive to those living close to the Boathouse and also to make parking easy for those coming from the extremities of the estate could you please assist.

4 potential parking areas have been identified3 in Northshore/Lakeshore close to the Boathouse & 1 in Aristeia (where folk will have to walk a short distance to get to the boathouse).



Could you please help with the following

- Getting to the Boathouse.....
 - Please only drive to the boathouse & park there if you live too far to walk.
 - If possible – drop your family off at the boathouse and drive back home & walk back to the boathouse.
 - If you have a boat – please come by boat (plenty of mooring at the boathouse – and a “cool” way of getting there).
 - Where possible – (particularly those living further away) – form a lift club with neighbours/friends to reduce the number of vehicles having to park at the boathouse.
 - Run/walk to the boathouse as a warm up for the event 😊
- For those living close to the identified parking areas ...
 - **Please don't park your vehicle/s in the Boathouse parking area on Saturday from 08:00 until approx. 13:00**
 - If you are expecting visitors during those times, please ask them to park in your driveway (& please ask them to be on the lookout for runners/walkers). Ask them if at all possible to avoid arriving and leaving while the event is taking place.

A few pointers for the event itself....

- For safety reasons cycling will not be allowed on either route.
- Prams, push chairs, back/front pack baby carriers are most welcome.
- There will be directional markers on the walk. Please help by stopping kids (& adults) from turning the poles around to confuse participants 😊
- Please do not litter on either of the courses
- Please respect residents gardens along the route
- Runners – please keep to the right on the route and do not cut corners (for traffic safety)
- Posters and/or direction markers will be placed on Friday 4 November (day before the event). They will only be placed on LM Common Property and not on anyone's private property. Please do not remove these signs and/or direction markers.

On the social side...

- Bring your own deck chairs, folding tables etc.
- Remember cooler bags with wine and soft drinks.
- Glasses too please (will not be available on the day)
- Grab a spot where there is space. Under the tent is good if you get there early.
- Mobile Coffee Café will be brewing awesome coffee from early in the morning & they will also be selling scrumptious muffins, pastries
- Beer will be available on a voucher system basis from Longbeach Brewery who will be situated behind the Boathouse. Vouchers can be purchased and will be available from the Registration desk.
- So Tuck some money into your running shorts you are going to need it 😊

And remember...

Please register at the Registration Desk in the Boathouse from 8:30 onwards. You will get a coloured bracelet identifying which race you have entered as well as vouchers for your Boerie or Salad Rolls with a fruit juice and a lucky draw ticket for each entrant.

Thanks for your understanding and co-operation in helping to make this event run smoothly.

Regards,

The Fun Run Committee

