



## Important Numbers

### ADMIN

Office	021-785 5378
Northshore Security Gate	021-785 5457
Lakeshore Security Gate	021-785 3538
GPS Co-ordinates	34° 7' 14.2619" S, 18° 22' 39.1274" E
Pam Golding Property Management Services	021-426 4440

### POLICE

Fish Hoek	021-784 2700
Ocean View	021-783 8306

### EMERGENCY SERVICES

Fish Hoek Emergency Control Centre	021-782 0333 (Ambulance, Fire, Accidents)
Ambulance	10177
Cape Medical Response (CMR)	021-782 0606
CMR 24 Hour	082 782 4444
Poison Information: Adults / Children	021-931 6129 / 021-689 5227

### FIRE SERVICE

Fire Control Centre (All areas)	021-590 1900
Fish Hoek Fire Station	021-782 9082
Newlands Emergency Base	021-487 7700

### MEDICAL CENTRE

Long Beach Medical Centre	021-785 3900
Medi-Clinic Constantiaberg 24 Hour	021-799 2196/3
Medi-Clinic Constantiaberg	021-799 2911
False Bay Hospital	021-782 1121
Tygerberg Hospital Poison Hotline	021-913 2010

### WEATHER SERVICES

Weather information	082 162
Cape Town Weather	082 231 1640

### VETS

Fish Hoek Vet	021-782 1279/5875
Fourways Vet	021-785 2251
Glencairn Vet	021-782 4472
Noordhoek Vet	021-789 2888
TEARS	021-785 4482
	a/h 082 775 5055
	a/h 071 864 4849

### SNAKE CATCHERS:

Aiden	072 344 4968
Justin Tracey	074 643 5499
Shaun (Snake Park)	083 6433 103

### WORLD OF BIRDS

021-790 2730

### LONGBEACH MALL

021-785 5955

### TOWING

Moutons Towing	083 265 9795
Shanes Towing	083 682 8763