

28 JUL – 3 AUG IN THIS ISSUE

**WEEKLY ACTIVITIES** 

Your weekly guide to sport & recreational activities in the Village

### **BISTRO**

Weekly Lunch Menu

## IT'S A CELEBRATION

Birthdays and anniversaries

## **EVENT DETAILS**

Special Events & Activities

Dear Residents,

I hope you've all had a fantastic week.

Thank you to everyone who has made bistro bookings already. Its great to see immediate interest and support of the new catering team from Fynbos Bistro. We look forward to an amazing working relationship and even better meals.

#### Reminder:

With this year's AGM taking place next week Wednesday, 6 August, please be so kind as to RSVP at reception so we can ensure adequate seating.

This month we also celebrate National Women's Month and National Women's Day on the 9<sup>th</sup> of August. Happy Women's Day in advance to all the Evergreen ladies.

Wishing you all a blessed and warm weekend ahead.

Warm regards, The Evergreen Team

Live the Evergreen Lifestyle

# WEEKLY ACTIVITIES

MON 4 AUG	11h15 REC LOUNGE MOVEMENT CLASS	12h00 BISTRO LUNCH			CILINIC DAY
TUE 5 AUG		12h00 BISTRO LUNCH	14h00 BISTRO COLOURING IN MANDALA		
WED 6 AUG	10h15 POOL AQUA AEROBICS	12h00 BISTRO LUNCH	14h00 REC LOUNGE AGM	15h00 PARKING AREA RIAAN'S FRUIT VAN	
THUR 7 AUG		12h00 BISTRO LUNCH	14h00 BISTRO GAMES		
FRI 8 AUG		12h00 BISTRO LUNCH		18h00 REC LOUNGE MOVIE NIGHT	
SAT 9 AUG		Women's Days		18h00 BISTRO RESIDENT BRAAI	ON CALL  AMANDA
SUN 10 AUG					ON GALL AMANDA



# WEEKLY MENU

MON 4 AUG

Spaghetti bolognaise with parmesan cheese and side salad

Chicken noodle soup

(V) Coconut vegetable curry with basmati rice and sambal

# TUE 5 AUG

Chicken parmesan served with mash, garden peas and butternut

Mushroom soup

(V) Vegetable stir-fry over egg noodles



Pork adobo served with rice, green beans and butternut



(V) Baby marrow pasta lemone with roast vegetables



Traditional meatloaf wrapped in streaky bacon served with mash, gravy, broccoli & carrots



(V) Mushroom stroganoff served with mash, butternut and green beans



Grilled or deep fried fish and chips with coleslaw

(V) Vegetable penne a la vodka



SAT 9 AUG

Chicken cacciatore with served with rice and butternut

(V) Lentil dahl with rice and vegetables



SUN 10 AUG

Roast Chicken or Beef Or (V) Vegetable roast with rice, roast potatoes, Yorkshire pudding, gravy and vegetable medley of garden peas and carrots



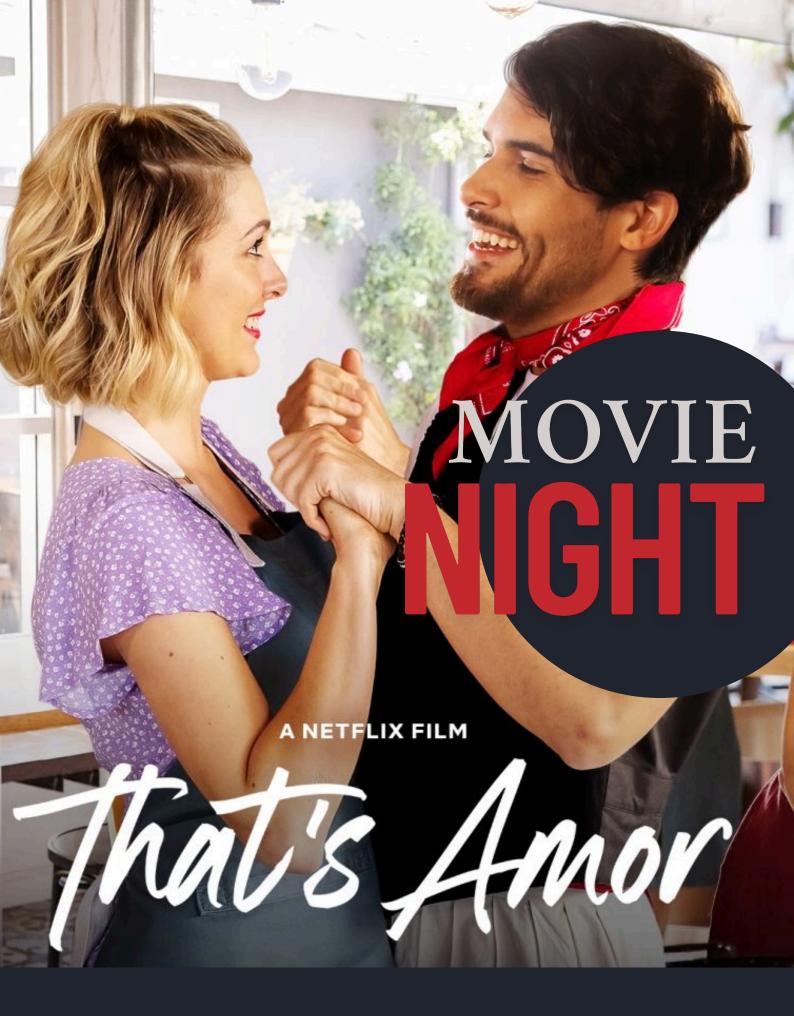
- House menu available on "same day order" before 10h00.
- Daily meal orders close the day before the meal is ordered for by 14h00.
- Weekend take-away and Monday orders close on Friday by 14h00
- Meals at R60

# IT'S A CELEBRATION

Happy Birthday!

## **AUGUST**

3<sup>RD</sup> MARGARET HULL - APT 316
19<sup>TH</sup> BERNIE FEBRUARY - VILLAGE TEAM
26<sup>TH</sup> KELVIN BARRY - APT 218



18H00 IN THE RECREATION LOUNGE BOOK AT RECEPTION FOR SEATING ARRANGEMENTS



# WEAR YOUR GREEN AND GOLD PROUDLY ON BOK FRIDAYS AND MATCH DAYS



























