

21 - 27 JULY IN THIS ISSUE

WEEKLY ACTIVITIES

Your weekly guide to sport & recreational activities in the Village

BISTRO

Weekly Lunch Menu

IT'S A CELEBRATION

Birthdays and anniversaries

EVENT DETAILS

Special Events & Activities

Dear Residents,

Happy BOK FRIDAY! I hope you've all had a fantastic week.

It's hard to believe we're already past the middle of the year—and the middle of July! Technically, that means we're halfway through winter, although it seems like the coldest days were saved for the second half of the month.

Today is an extra special BOK FRIDAY, as it also happens to be Nelson Mandela Day. While the Springboks aren't playing in a World Cup Final tomorrow—like the unforgettable one in 1995 when Nelson Mandela wore Francois Pienaar's No. 6 jersey—we do have something exciting to look forward to. After the South Africa vs Georgia match tomorrow, our Junior Boks will take on New Zealand in the Under-20 World Championship Final. Interestingly, All these young players was born at least 10 years after that iconic day in 1995!

Don't forget:

- Movie Night is on tonight at 18h00
- A Book now for the Christmas in July Dinner

Wishing you all a blessed and warm weekend ahead.

Regards,

The Evergreen Team

Live the Evergreen Lifestyle

WEEKLY ACTIVITIES

MON 21 JUL	11h15 REC LOUNGE MOVEMENT CLASS	12h00 BISTRO LUNCH			SILINIC DAZ
TUE 22 JUL		12h00 BISTRO LUNCH	14h00 BISTRO COLOURING IN MANDALA		
WED 23 JUL	10h15 POOL AQUA AEROBICS	12h00 BISTRO LUNCH	15h00 PARKING AREA RIAAN'S FRUIT VAN		
THUR 24 JUL	10h30 PARKING AREA Dinner	12h00 BISTRO LUNCH	14h00 BISTRO GAMES	15h00 PARKING AREA Dinner	
FRI 25 JUL		12h00 BISTRO LUNCH		18h00 REC LOUNGE MOVIE NIGHT	
SAT 26 JUL				18h00 BISTRO RESIDENT BRAAI	ON CALL AMANDA
SUN 27 JUL					ON GAZZ AMANDA

WEEKLY BISTRO MENU

MON 21 JUL Fish cakes with tomato smoor, mashed potatoes and chunky salad

(V) Plant-based bangers with tomato and onion smoor, mashed potatoes and chunky salad

TUE 22 JUL Feta stuffed chicken fillet with creamy lemon sauce, baby potatoes and seasonal vegetables

(V) Chickpea, mushroom and spinach pasta with Greek salad

WED 23 JUL Chicken schnitzel with mushroom sauce, sweet potato wedges and seasonal vegetables

(V) Black bean, peppadew and cheddar stuffed butternut with salad

THUR 24 JUL Spaghetti bolognaise with Greek salad

(V) Stuffed jacket potato with mozzarella cheese, spicy beans and corn with pineapple salad

FRI 25 JUL Grilled or deep fried fish & chips with salad

(V) Stuffed brown mushroom topped with mozzarella cheese and seasonal vegetables

SAT 26 JUL

Boerewors roll with caramelised onion and chips

(V) Vegan boerewors roll with caramelised onion and chips

SUN 27 JUL Smoked gammon or chicken roulade stuffed with feta and peppadew served with potato fondant and seasonal vegetables

(V) Chickpea and broccoli stuffed sweet potato with feta mozzarella cheese and seasonal vegetables

- Meal orders close on the day before the meal is ordered for at 14h00.
- Weekend take-away and Monday orders close on Friday at 14h00
- Week-day meals at R50pp & R55 T/A / Weekend meals at R70 & (V) R55



BOK Fridays

WEAR YOUR GREEN AND GOLD PROUDLY ON BOK FRIDAYS AND MATCH DAYS



















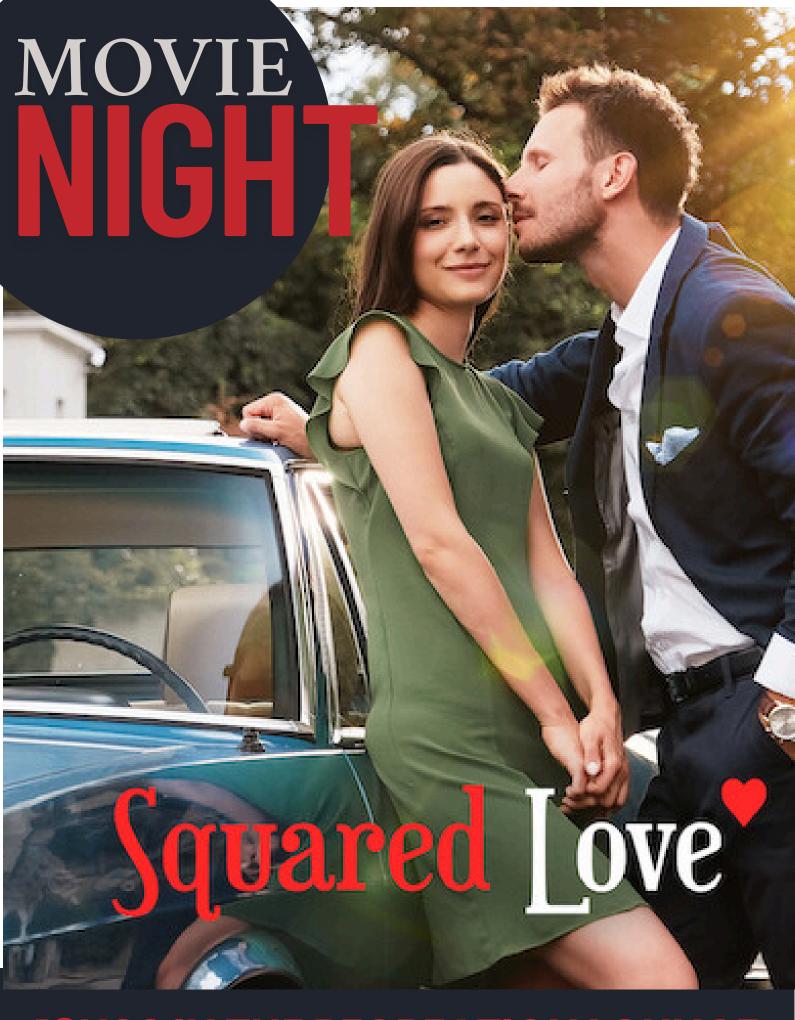












18H00 IN THE RECREATION LOUNGE BOOK AT RECEPTION FOR SEATING ARRANGEMENTS

CLASSICAL

31 JULY | 18H00

MOZART Oboe Concerto in C Major

> MAHLER Symphony No. 4

RSVP AT RECEPTION OR ON EXT. 1400

