

23-29 JUNE In this issue

WEEKLY ACTIVITIES

Your weekly guide to sport & recreational activities in the Village

> BISTRO Weekly Lunch Menu

IT'S A CELEBRATION

Birthdays and anniversaries

EVENT DETAILS

Special Events & Activities

Dear Residents,

I hope you have all had a good week.

In this week's newsletter we have added the Springbok Rugby fixtures kicking off next weekend. We will share details for events that will be on some of these dates. In the meantime you can watch two South African born players tonight when the British and Irish Lions play against Argentina at 21h00.

Reminder:

Please also note the Social Dinner menu for this month that will take place on Thursday, bookings closing on Tuesday.

Wishing you all a blessed weekend ahead.

Regards, The Evergreen Team

Live the Evergreen Lifestyle

WEEKLY ACTIVITIES

MON 23 Jun	09h30 REC LOUNGE MOVEMENT CLASS	12h00 BISTRO LUNCH			
TUE 24 Jun		12h00 BISTRO LUNCH	14h00 BISTRO COLOURING IN MANDALA		
WED 25 JUN	10h15 POOL AQUA AEROBICS	12h00 BISTRO LUNCH	15h00 PARKING AREA RIAAN'S FRUIT VAN		
THUR 26 Jun	10h30 SKY LOUNGE FELLOWSHIP	12h00 BISTRO LUNCH	14h00 BISTRO GAMES	18h00 BISTRO SOCIAL DINNER	
FRI 27 Jun		12h00 <mark>BISTRO</mark> LUNCH		18h00 REC LOUNGE MOVIE NIGHT	
SAT 28 JUN				18h00 <mark>BISTRO</mark> RESIDENT BRAAI	N CALL RIAAN
SUN 29 JUN					N CALL RIAAN

RIAAN 072 600 2499 | AMANDA 071 868 0597 | DAMIAN 073 516 4119

WEEKLY BISTRO MENU

MON 23 Jun	Pork bangers, tomato and onion smoor, mashed potato, carrots & peas (V) Plant-based bangers, tomato and onion smoor, mashed potato, carrots & peas			
TUE	Beef and ricotta cannelloni pasta bake with sweet butternut			
24 JUN	(V) Spinach, feta, black bean pasta bake with salad			
WED	Pulled pork & cheddar quesadilla with salad			
25 JUN	(V) Roasted vegetable quesadilla with salad			
THUR	Chicken fillet with creamy sundried tomato sauce, sweet potato and green salad			
26 JUN	(V) Butter bean curry with yellow rice and sweet butternut			
FRI	Grilled or deep fried fish & chips with salad			
27 JUN	(V) Cauliflower, chickpea and capsicum quiche			
SAT	Beef burgers, Asian slaw and potato wedges			
28 JUN	(V) Plant based burgers, Asian slaw and potato wedges			
SUN 29 JUN	Rosemary and rock salt beef brisket & gravy or roasted harrisa chicken pieces, sweet carrot & peas and garlic potato wedges (V) Black bean, mushroom and feta stuffed butternut topped with cheddar and mozzarella and served with garlic baby potatoes and seasonal vegetables			
 Meal orders close on the day before the meal is ordered for at 14h00. Weekend take-away and Monday orders close on Friday at 14h00 Week-day meals at R50pp & R55 T/A / Weekend meals at R70 & (V) R55 				

IT'S A CELEBRATION



JUNE

13TH KATHLEEN YOUNG - APT 215 17TH ARTWELL MABHENA- WHITE CLIFFS 18TH WENDY MORLING - APT 108 22TH BESSIE D'AMBROSIO - APT 313 26TH JUANITA JEPTHAS - APT 317 30TH GAIL ROHM - APT 201



THURSDAY, 26 JUNE

MAIN COURSE

Slow Roasted Beef Brisket with creamy mashed potato, rosemary roasted vegetables and jus

or

Mustard Infused Kingklip with creamy mashed potato, sweet butternut and creamy sauce

or

Grilled Butternut stuffed with mushroom, spinach and feta, topped with parmesan and served with seasonal vegetables

DESSERT

Traditional Bread and Butter Pudding with apricot glaze and custard

R95PP | Book at Reception or on ext. 1400





THANK YOU!

WE'VE ALL FELT THAT EXTRA CHILL IN THE AIR THIS PAST WEEK, AND THANKS TO THE INCREDIBLE EFFORTS OF KNITTERS ACROSS OUR EVERGREEN VILLAGES, WE'RE ABLE TO BRING WARMTH AND COMFORT TO THOSE WHO NEED IT MOST. TOGETHER, WE'RE PROVIDING HAPPY BEANIES TO AROUND 900 PEOPLE IN OUR COMMUNITIES WHO ARE LESS FORTUNATE-AND EVERY SINGLE ONE MAKES A DIFFERENCE.

A SPECIAL THANK YOU GOES TO:

- EVERGREEN NOORDHOEK FOR CONTRIBUTING OVER 600 BEANIES
- EVERGREEN MUIZENBERG FOR THEIR GENEROUS DONATION OF OVER 230 BEANIES
- EVERGREEN BERGVLIET, WHO SUPPORTED Α SEPARATE PROJECT WITH OVER 300 PAIRS OF MITTENS

THANK YOU TO EACH AND EVERY KNITTER FOR YOUR TIME, CARE, AND COMPASSION. YOUR CONTRIBUTION IS TRULY MAKING A DIFFERENCE.









13 BINGS Fatares 0.

