

19-25 MAY
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BISTRO

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Dear Residents,

I hope you have all had a good week.

By the look of things we can look forward to some sunny weather as we head into the weekend. (Fingers crossed!)

In this week's newsletter you will see 2 reminders for social events, starting with the Bingo Night on the 21st followed by this month's Social Dinner on the 29th. Please make sure you book on time to ensure you have a seat is secured.

We also extend an invitation to the knitters across all the Evergreen Villages to help us knit as many as possible "Happy Beanies". These beanies will make a huge difference in the lives of those less fortunate in the winter months.

Wishing you all a blessed weekend ahead.

Regards,
Riaan and the Evergreen Team

Live the Evergreen Lifestyle

WEEKLY ACTIVITIES

MON 19 MAY		12h00 BISTRO LUNCH			
TUE 20 MAY		12h00 BISTRO LUNCH	14h00 BISTRO COLOURING IN MANDALA		
WED 21 MAY	10h15 POOL AQUA AEROBICS	12h00 BISTRO LUNCH	15h00 PARKING AREA RIAAN'S FRUIT VAN	19h00 BISTRO BINGO NIGHT	
THUR 22 MAY		12h00 BISTRO LUNCH	14h00 BISTRO GAMES		
FRI 23 MAY		12h00 BISTRO LUNCH		18h00 REC LOUNGE MOVIE / SERIES NIGHT	
SAT 24 MAY				18h00 BISTRO RESIDENT BRAAI	ON CALL RIAAN
SUN 25 MAY					ON CALL RIAAN

WEEKLY BISTRO MENU

MON 19 MAY

Fish curry with steamed rice and sambal

(V) Chickpea and potato curry with steamed rice and sambal

TUE 20 MAY

Beef and feta cannelloni bake with sweet butternut

(V) Spinach, feta and black bean pasta bake with salad

WED 21 MAY

German bockwurst with creamy potato salad and green vegetables

(V) Roasted vegetable quesadilla with salad

THUR 22 MAY

Chicken al a king served with steamed rice and seasonal vegetables

(V) Creamy butternut, broccoli and black beans with steamed rice and seasonal veg

FRI 23 MAY

Grilled or deep fried fish & chips with salad

(V) Cauliflower, chickpea and capsicum quiche



Beef burger, Asian slaw and potato wedges

(V) Plant-based burger, Asian slaw and potato wedges



Apricot glazed smoked gammon or roasted chicken leg quarter with, roasted potato, grilled butternut and green beans

(V) Grilled sweet potato and corn cous-cous with roasted potato and salad

- Meal orders close on the day before the meal is ordered for at 14h00.
- Weekend take-away and Monday orders close on Friday at 14h00
- Week-day meals at R50pp & R55 T/A / Weekend meals at R70 & (V) R55

IT'S A CELEBRATION

Happy Birtholay!

MAY

22TH MEAGAN DE LA CRUZ - BISTRO
27TH LETITIA ENGLISH - APT 113
27TH JUNE LEVOR - APT 115
28TH HELDA LIPPENS - APT 118
29TH SHEILA FEITELBERG - APT - 202
29TH GERALD BONTHUYS - APT - 203
29TH HERMANN ROHM - APT 201

BINGE NIGHT

WED | 21 | MAY 2025

19H00 BISTRO

R50PP

Includes sandwiches and tea / coffee

Book at Reception or on Ext. 1400 on Monday 19 May. Payment at Apt119





THURSDAY, 29 MAY

MAIN COURSE

De-boned Chicken Leg Quarter stuffed with spinach and feta, served with butternut mash and green vegetables

or

Beef Medallion with red wine jus, served with butternut mash and green vegetables

or

Creamy Tomato Tagliatelle topped with charred green vegetables

DESSERT

Pavlova filled with fresh fruit and Chantilly cream.

R95PP | Book at Reception or on ext. 1400













IT'S THAT TIME OF THE YEAR AGAIN AND THE CHILL IN THE AIR IS UNDENIABLE.

IN 2024 A CHALLENGE WAS EXTENDED TO KNITTERS FROM ALL EVERGREEN VILLAGES TO HELP KNIT AS MANY "HAPPY BEANIES" AS POSSIBLE. TO ENSURE WE ARE ABLE TO DONATE AS MANY "HAPPY BEANIES" AS POSSIBLE. WE AIM TO DONATE BEANIES TO THOSE LESS FORTUNATE AND IN NEED OF AN EXTRA LAYER OF WARMTH THIS WINTER. WE DONATE TO MULTIPLE INSTITUTIONS RANGING FROM CHILDREN'S HOMES TO OLD AGE HOMES AND HELP HUNDREDS OF PEOPLE KEEP WARM THIS WINTER.

WE WELCOME BEANIES OF ALL SIZES AND THE MORE VIBRANT THE BETTER. FOR THOSE WHO DO NOT KNIT, WOOL DONATIONS FOR THE KNITTERS IS WELCOME AND CAN BE DELIVERED AT YOUR VILLAGE RECEPTION. LAST COLLECTIONS WILL BE ON 20 JUNE.

FOR FURTHER DETAILS OR TO ORGANIZE COLLECTION, PLEASE CONTACT ME DIRECTLY:
RIAAN GOUWS - 072 600 2499.

