

5-11 MAY IN THIS ISSUE

#### WEEKLY ACTIVITIES

Your weekly guide to sport & recreational activities in the Village

#### **BISTRO**

Weekly Lunch Menu

### IT'S A CELEBRATION

Birthdays

## **EVENT DETAILS**

Special Events & Activities



Dear Residents,

I hope you have all had a good week.

The past 2 weeks has flown by. Between all the public holidays, a week of school holidays that wasn't a holiday and the devastating fires we saw, there was very little "normal" going on. With things returning to a more comfortable pace, we find ourselves with very chilly mornings and winter is clearly knocking on the door.

On the 11th, we will celebrate Mother's Day. Following the fantastic feedback from those who joined us for the Easter Sunday lunch at Muizenberg, we are thrilled to announce that the Mother's Day Buffet Lunch will once again be open to Diep River residents. Please refer to the event poster for details and make sure to reserve your seats at reception.

Wishing you all a blessed weekend ahead.

Regards, Riaan and the Evergreen Team

Live the Evergreen Lifestyle

# WEEKLY ACTIVITIES

MON 5 MAY		12h00 BISTRO LUNCH			
TUE 6 MAY		12h00 BISTRO LUNCH	14h00 BISTRO COLOURING IN MANDALA		
WED 7 MAY	10h15 POOL AQUA AEROBICS	12h00 BISTRO LUNCH	15h00 PARKING AREA RIAAN'S FRUIT VAN		
THUR 8 MAY		12h00 BISTRO LUNCH	14h00 BISTRO GAMES		
FRI 9 MAY		12h00 BISTRO LUNCH		18h00 REC LOUNGE MOVIE / SERIES NIGHT	
SAT 10 MAY				18h00 BISTRO RESIDENT BRAAI	ON CALL AMANDA
SUN 11 MAY	Happy Mæther's Day				ON CAZZ AMANDA

# WEEKLY BISTRO MENU

# MON 5 MAY

Chicken and spinach lasagna with Greek salad

(V) Blue cheese and butternut lasagna with Greek salad

# TUE 6 MAY

Pork stew with steamed rice and seasonal vegetables

(V) Vegetable stew with steamed rice and seasonal vegetables

# WED 7 MAY

Beef stroganoff with rice and garden salad

(V) Spinach, feta and tomato quiche with garden salad

# THUR 8 MAY

Kassler chop with mashed potato, seasonal vegetables and apple sauce

(V) Macaroni and cheese with garden salad

# FRI 9 MAY

Grilled or deep fried fish & chips with salad

(V) Roasted vegetables frittata with chips and salad



Grilled chicken cheese burger with sweet potato fries and coleslaw

(V) Vegetarian burger with sweet potato fries and coleslaw



Roast beef or grilled chicken fillet with roasted potatoes, creamy spinach, butternut and gravy

(V) Black bean and tomato quiche topped with feta, mozzarella cheese with green salad

- Meal orders close on the day before the meal is ordered for at 14h00.
- Weekend take-away and Monday orders close on Friday at 14h00
- Week-day meals at R50pp & R55 T/A / Weekend meals at R70 & (V) R55

# IT'S A CELEBRATION

Happy Birthday!

#### MAY

13TH YVONNE SLEET – APT 112
22TH MEAGAN DE LA CRUZ – BISTRO
27TH LETITIA ENGLISH – APT 113
27TH JUNE LEVOR – APT 115
28TH HELDA LIPPENS – APT 118
29TH SHEILA FEITELBERG – APT – 202
29TH GERALD BONTHUYS – APT – 203
29TH HERMANN ROHM – APT 201



THURSDAY, 22 MAY

#### **MAIN COURSE**

De-boned Chicken Leg Quarter stuffed with spinach and feta, served with butternut mash and green vegetables

or

Beef Medallion with red wine jus, served with butternut mash and green vegetables

or

Creamy Tomato Tagliatelle topped with charred green vegetables

#### **DESSERT**

Pavlova filled with fresh fruit and Chantilly cream.

R95PP | Book at Reception or on ext. 1400



# Mother's Day

EVERGREEN MUIZENBERG BUFFET LUNCH SUNDAY, 11 MAY AT 12H30

Main Course R170
Cocktail Rolls

Chicken a l'Orange | Roast beef with red wine jus

Roasted baby Potatoes in Rosemary salt | Maple roasted sweet butternut | Seasonal vegetable gratin | Crunchy green beans & sprouts with crispy fried onions | Garden salad

## Dessert R35

Chocolate mud cake with custard OR

Fruit salad with vanilla ice cream

**RSVP THURSDAY, 8 MAY**