

Evergreen DIEP RIVER



17 MAR - 13 APR
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Your weekly guide to sport
& recreational activities in
the Village

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Dear Residents,

I hope you are well and I hope you are all enjoying the cooler weather as much as I am.

We still have quite a few seats to fill for this month's social dinner. Besides the amazing meals being served up, please be reminded that the dinner includes a live performance by Gordon Rocker.

You will also notice that this week's newsletter is a slightly longer one and includes all the information you need relating to Bistro menus and activities for the next 3 weeks.



I will be on annual leave from tomorrow and will return to the office on the 14th of April. As always, you will be in Amanda and Damian's very capable hands.

Wishing you all a safe long weekend ahead.

Regards,
Riaan and the Evergreen Team

Live the Evergreen Lifestyle

WEEKLY ACTIVITIES

MON 24 MAR	09h30 REC LOUNGE MOVEMENT CLASS	12h00 BISTRO LUNCH		CLINIC SR SHARON ADAMS	
TUE 25 MAR	09h30 SKY LOUNGE NATURALLY PAMPERED	12h00 BISTRO LUNCH	14h00 BISTRO COLOURING IN MANDALA		
WED 26 MAR	10h15 POOL AQUA AEROBICS	12h00 BISTRO LUNCH	15h00 PARKING AREA RIAAN'S FRUIT VAN		
THUR 27 MAR		12h00 BISTRO LUNCH	14h00 BISTRO GAMES	18h00 BISTRO SOCIAL DINNER / GORDON ROCKER	
FRI 28 MAR		12h00 BISTRO LUNCH		18h00 REC LOUNGE MOVIE / SERIES NIGHT	
SAT 29 MAR				18h00 BISTRO RESIDENT BRAAI	ON CALL  AMANDA
SUN 30 MAR					ON CALL  AMANDA

WEEKLY ACTIVITIES

MON 31 MAR	09h30 REC LOUNGE MOVEMENT CLASS	12h00 BISTRO LUNCH		CLINIC SR SHARON ADAMS	
TUE 1 APR		12h00 BISTRO LUNCH	14h00 BISTRO COLOURING IN MANDALA		
WED 2 APR	10h15 POOL AQUA AEROBICS	12h00 BISTRO LUNCH	15h00 PARKING AREA RIAAN'S FRUIT VAN	17h00 SKY LOUNGE GOLDEN GIRLS	
THUR 3 APR	10h30 SKYLOUNGE FELLOWSHIP	12h00 BISTRO LUNCH	14h00 BISTRO GAMES		
FRI 4 APR		12h00 BISTRO LUNCH		18h00 REC LOUNGE MOVIE / SERIES NIGHT	
SAT 5 APR				18h00 BISTRO RESIDENT BRAAI	ON CALL  AMANDA
SUN 6 APR					ON CALL  AMANDA

WEEKLY ACTIVITIES

MON 7 APR	09h30 REC LOUNGE MOVEMENT CLASS	12h00 BISTRO LUNCH		CLINIC SR SHARON ADAMS 	
TUE 8 APR		12h00 BISTRO LUNCH	14h00 BISTRO COLOURING IN MANDALA		
WED 9 APR	10h15 POOL AQUA AEROBICS	12h00 BISTRO LUNCH	15h00 PARKING AREA RIAAN'S FRUIT VAN		
THUR 10 APR		12h00 BISTRO LUNCH	14h00 BISTRO GAMES		
FRI 11 APR		12h00 BISTRO LUNCH		18h00 REC LOUNGE MOVIE / SERIES NIGHT	
SAT 12 APR				18h00 BISTRO RESIDENT BRAAI	ON CALL  AMANDA
SUN 13 APR					ON CALL  AMANDA

WEEKLY BISTRO MENU

MON
24 MAR

Shepherds pie with salad and sweet carrots

(v) Spinach, feta and mozzarella pie with salad and sweet carrots

TUE
25 MAR

Chicken curry filled roti with sambal and vegetables

(v) Vegetable curry filled roti with sambal and vegetables

WED
26 MAR

Pork schnitzel with mushroom sauce, potato wedges and butternut

(v) Vegetarian pasta bake with roasted vegetables

THUR
27 MAR

Beef and vegetable stir-fry with egg noodles

(v) Vegetable chow mein with chickpeas with egg noodles

FRI
28 MAR

Grilled or deep fried fish & chips with salad

(v) Butternut, peppadew and cheddar quiche with salad

SAT
29 MAR

Double hotdog rolls with tomato relish, chips and salad

(v) Mixed bean and butternut wrap with chips and salad

SUN
30 MAR

Apricot glazed smoked gammon or roasted chicken leg quarter with, roasted potato, grilled butternut and green beans

(v) Grilled sweet potato and corn cous-cous with roasted potato and salad

- Meal orders close on the day before the meal is ordered for at 14h00.
- Weekend take-away and Monday orders close on Friday at 14h00
- Week-day meals at R50pp & R55 T/A / Weekend meals at R70 & (v) R55

WEEKLY BISTRO MENU

MON
31 MAR

Chicken and spinach lasagna with Greek salad
(V) Butternut and blue cheese lasagna with Greek salad

TUE
1 APR

Pork stew with steamed rice seasonal vegetables
(V) Vegetable stew with steamed rice and salad

WED
2 APR

Beef Stroganoff with rice and salad
(V) Spinach, feta and tomato quiche with salad

THUR
3 APR

Grilled chicken cheese burgers with sweet potato fries and coleslaw
(V) Spinach, sweet potato and lentil burger with fries and coleslaw

FRI
4 APR

Grilled or deep fried fish & chips with salad
(V) Roasted vegetables frittata with chips and salad

SAT
5 APR

Pork chop with mashed potato, vegetables and applesauce
(V) Macaroni and cheese with chunky salad

SUN
6 APR

Roast beef or grilled chicken fillet with roasted potatoes, creamy spinach, butternut and gravy
(V) Black bean and tomato quiche topped with feta, mozzarella cheese with green salad

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WEEKLY BISTRO MENU

MON
7 APR

Fish cakes with tomato smoor, mashed potato and salad
(V) Lentil cakes with tomato smoor, mashed potato and salad

TUE
8 APR

Spaghetti bolognaise with Greek salad
(V) Tomato based chick pea, mushroom and spinach spaghetti with Greek salad

WED
9 APR

Beef bobotie with yellow rice and sweet carrots
(V) Vegetarian bobotie with yellow rice and sweet carrots

THUR
10 APR

Chicken casserole with fluffy rice, baby marrow and carrots
(V) Vegetable casserole with fluffy rice, baby marrow and carrots

FRI
11 APR

Grilled or deep fried fish & chips with salad
(V) Butternut and chick pea quiche with sweet potato fries and salad

SAT
12 APR

Boerewors roll with caramelized onion and chips
(V) Vegan Boerewors roll with caramelized onion and chips

SUN
13 APR

Roast beef & Yorkshire pudding or grilled chicken fillet with gravy, roasted potatoes and seasonal vegetables
(V) Chickpea & broccoli stuffed sweet potato topped with feta and mozzarella cheese served with vegetables

- Meal orders close on the day before the meal is ordered for at 14h00.
- Weekend take-away and Monday orders close on Friday at 14h00
- Week-day meals at R50pp & R55 T/A / Weekend meals at R70 & (V) R55

IT'S A CELEBRATION

Happy Birthday!

APRIL

12TH SANDRA RIX – APT 204

13TH CLARE LANDON – APT 114

17TH LUKHO ZICINA – EVERGREEN

19TH JEANNE DANIELS – APT 314

19TH SOPHIA MENTOR – APT 214

22ND ROSEMARY PETERS – APT 103

25TH BRENDA NIEUWSTAD – APT 306

25TH ALEC JEPHTAS – APT 317

26TH JOHN RICHARDS – APT 305

27TH MONA RANDALL – APT 209

27TH SUE BUTCHER – APT 301