

Evergreen DIEP RIVER



17 - 23 MARCH
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Your weekly guide to sport
& recreational activities in
the Village

BISTRO

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Dear Residents,

I hope you are well and that you had a good week.

Next week will be a short one as we observe Human Rights Day on Friday, the 21st. Please remember that our operating hours on Public Holidays will be the same as on weekends.

We still have time for a Bingo Evening on Wednesday and we are looking forward to another well-attended event.


This month's Social Dinner will be a little later in the month with a bit of an Irish feel to it. There will also be live entertainment on the evening. You do not want to miss this out.

Wishing you all a safe weekend ahead.

Regards,
The Evergreen Team

Live the Evergreen Lifestyle

WEEKLY ACTIVITIES

MON 17 MAR	09h30 REC LOUNGE MOVEMENT CLASS	12h00 BISTRO LUNCH		CLINIC SR SHARON ADAMS	
TUE 18 MAR		12h00 BISTRO LUNCH	14h00 BISTRO COLOURING IN MANDALA		
WED 19 MAR	10h15 POOL AQUA AEROBICS	12h00 BISTRO LUNCH	15h00 PARKING AREA RIAAN'S FRUIT VAN	19h00 BISTRO BINGO NIGHT	
THUR 20 MAR	10h30 SKYLOUNGE FELLOWSHIP	12h00 BISTRO LUNCH	14h00 BISTRO GAMES		
FRI 21 MAR		12h00 BISTRO LUNCH		18h00 REC LOUNGE MOVIE / SERIES NIGHT	
SAT 22 MAR				18h00 BISTRO RESIDENT BRAAI	ON CALL  AMANDA
SUN 23 MAR					ON CALL  AMANDA

WEEKLY BISTRO MENU

MON
17 MAR

Grilled sweet and sour pork strips with potato wedges and vegetables
(V) Chipotle black beans and roasted butternut with savoury rice

TUE
18 MAR

Grilled chicken with roasted vegetable cous-cous and salad
(V) Stuffed jacket potato with sauteed mushrooms, roasted vegetables and feta cheese

WED
19 MAR

Beef lasagna with Greek salad
(V) Roasted vegetable lasagna with Greek salad

THUR
20 MAR

Roasted chicken leg quarter with roasted tomato, green beans and roasted potatoes
(V) Lentil, butterbean and capsicum smoor with sweet potato mash and salad

FRI
21 MAR

Grilled or deep fried fish & chips with salad
(V) Plant-based schnitzel with cheese sauce, sweet potato fries and salad

SAT
22 MAR

Sweet chili chicken pizza topped with pineapple, olives, three cheese with green salad
(V) Margerita pizza with salad

SUN
23 MAR

Roast beef & Yorkshire pudding or grilled chicken fillet with gravy, roasted potatoes and seasonal vegetables
(V) Chickpea & broccoli stuffed sweet potato topped with feta and mozzarella cheese served with vegetables

- Meal orders close on the day before the meal is ordered for at 14h00.
- Weekend take-away and Monday orders close on Friday at 14h00
- Week-day meals at R50pp & R55 T/A / Weekend meals at R70 & (V) R55

IT'S A CELEBRATION



Happy Birthday!

MARCH

13TH NEVILLE GILL APT 212

14TH MARGARET VELDMAN - APT 109

14TH JUDY SEPHTON - APT 217

THE WRONG TRACK

**MOVIE
NIGHT**



DATE: FRIDAY 14 MARCH | VENUE: REC LOUNGE TIME: 18H00
PLEASE BOOK AT RECEPTION FOR POPCORN ORDERS.

BINGO NIGHT

WED | 19 | MAR
DAY | 2025

19H00
BISTRO

R50PP

Includes
sandwiches and
tea / coffee

**Book at
Reception or on
Ext. 1400 on
Monday 17 Jan.
Payment with
Kathy Scott
(Apt119)**



The menu is set against a dark green background with a subtle clover pattern. It is decorated with various St. Patrick's Day-themed illustrations: green four-leaf clovers, gold coins with clover designs, and green leprechaun hats. A green pot with gold coins is in the bottom right, and a green boot is in the bottom left.

ST. PATRICK'S SOCIAL DINNER

THURSDAY, 27 FEBRUARY

MAINS COURSE

HONEY GLAZED PORK LOIN

SERVED WITH COLCANNON, BUTTERED CARROT BATONS AND MINTED PEAS

OR

IRISH CHICKEN (LEG QUARTER) WITH WHISKEY CREAM SAUCE

SERVED WITH COLCANNON, BUTTERED CARROT BATONS AND MINTED PEAS

OR

(V) HEART VEGETABLE AND GUINNESS STEW

SERVED WITH COLCANNON, TRADITIONAL SODA BREAD AND A SIDE SALAD

DESSERT

CHOCOLATE BROWNIE

WITH VANILLA ICE CREAM AND BAYLEY'S LIQUEUR SAUCE

OR

SOUTH AFRICAN CHEESE PLATE


WITH PRESERVES, FRESH FRUITS AND CRACKERS.

R95 PP | BOOK AT RECEPTION




Naturally Pampered


Beauty & Care



Pamper yourself with us. We bring convenience to you without you having to in a calm and serene garden setting.




Take a scenic walk and enjoy the melody of the waters and chirping birds all in the surroundings as we care for you during your treatment.



Date:
27 MAR
(Thursday)

- Manicure
- Pedicure
- Leg & Foot Massages
- Back Massage
- Head, Shoulder Massage
- Back Scrub
- Waxing



Venue: Library Room
Time: 9am - 4pm

**BOOK your appointment
directly with
ielhaam**

**Call or Whatsapp
082 396 7573**