

Evergreen DIEP RIVER



3 - 9 MARCH
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& recreational activities in
the Village

BISTRO

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Dear Residents,

I hope this message finds you all well and that you had a wonderful week.

First and foremost, I want to extend a big thank you to everyone who attended our events this week. Just yesterday, we hosted two fully booked events, and it appears that attendance at all our social events and groups is on the rise. You are all playing a vital role in fostering a strong sense of community.

As we enter March (can you believe it's already here?), things may be starting off a bit slow. However, there's no need to worry! We have some exciting events planned for later in the month. Stay tuned for more details in next week's newsletter.

Wishing you all a great weekend ahead.

Regards,
The Evergreen Team

Live the Evergreen Lifestyle

WEEKLY ACTIVITIES

MON 3 MAR	09h30 REC LOUNGE MOVEMENT CLASS	12h00 BISTRO LUNCH	17h00 SKY LOUNGE GOLDEN GIRLS	 CLINIC SR SHARON ADAMS	
TUE 4 MAR		12h00 BISTRO LUNCH	14h00 BISTRO COLOURING IN MANDALA		
WED 5 MAR	10h15 POOL AQUA AEROBICS	12h00 BISTRO LUNCH	15h00 PARKING AREA RIAAN'S FRUIT VAN		
THUR 6 MAR	10h30 REC LOUNGE FELLOWSHIP	12h00 BISTRO LUNCH	14h00 BISTRO GAMES		
FRI 7 MAR		12h00 BISTRO LUNCH		18h00 REC LOUNGE MOVIE / SERIES NIGHT	
SAT 8 MAR		10h00 BISTRO POP-UP-SHOP		18h00 BISTRO RESIDENT BRAAI	ON CALL  AMANDA
SUN 9 MAR					ON CALL  AMANDA

WEEKLY BISTRO MENU

MON
3 MAR

Fish cakes with tomato smoor, mashed potato and chunky salad
(V) Lentil cakes with tomato smoor, mashed potato and chunky salad

TUE
4 MAR

Spaghetti bolognaise with Greek salad
(V) Chick pea, mushroom and spinach pasta with Greek salad

WED
5 MAR

Beef bobotie with yellow rice and sweet carrots
(V) Vegetarian schnitzel, potato wedges, cheese sauce and side salad

THUR
6 MAR

Chicken casserole with fluffy rice, baby marrow and carrot
(V) Stuffed jacket potato with mozzarella cheese, spicy beans and corn, pineapple salad

FRI
7 MAR

Grilled or deep fried fish & chips with salad
(V) Butternut and lentil stack with sweet potato fries and salad

SAT
8 MAR

Boerewors roll with caramelized onion and chips
(V) Vegan boerewors roll with caramelized onion and chips

SUN
9 MAR

Rosemary roast beef or grilled chicken fillet with, roasted potato, creamed spinach, butternut and gravy
(V) Black bean, tomato, feta and mozzarella quiche with green salad

- Meal orders close on the day before the meal is ordered for at 14h00.
- Weekend take-away and Monday orders close on Friday at 14h00
- Week-day meals at R50pp & R55 T/A / Weekend meals at R70 & (V) R55

IT'S A CELEBRATION



Happy Birthday!

MARCH

01ST BRIAN QUINN – APT 21

13TH NEVILLE GILL APT 212

14TH MARGARET VELDMAN – APT 109

14TH JUDY SEPHTON – APT 217