

17 - 23 FEBRUARY IN THIS ISSUE

WEEKLY ACTIVITIES

Your weekly guide to sport & recreational activities in the Village

BISTRO

Weekly Lunch Menu

IT'S A CELEBRATION

Birthdays

EVENT DETAILS

Special Events & Activities

Dear Residents,

I hope you are all well and that you had a good week.

This coming week, you can look forward to another amazing social dinner with a menu to die for in honor of the month of love. You still have a couple of days to book so do not delay.

Also don't miss out on a pamper experience in the Sky Lounge with Naturally Pampered on Tuesday. End your week on a relaxing note and join us for this month's Music Evening on the 26th.

Also, a friendly reminder to all residents about our weekly braai every Saturday.

Wishing you all a great weekend ahead.

Regards, The Evergreen Team

Live the Evergreen Lifestyle

WEEKLY ACTIVITIES

MON 24 FEB	09h30 REC LOUNGE MOVEMENT CLASS		12h00 BISTRO LUNCH	CLINIC SR SHARON ADAMS	
TUE 25 FEB	09h30 SKY LOUNGE NATURALLY PAMPERED	10h00 BISTRO POP-UP- SHOP	12h00 BISTRO LUNCH	14h00 BISTRO COLOURING IN MANDALA	
WED 26 FEB	10h15 POOL AQUA AEROBICS		12h00 BISTRO LUNCH	15h00 PARKING AREA RIAAN'S FRUIT VAN	
THUR 27 FEB		12h00 BISTRO LUNCH	14h00 BISTRO GAMES	18h00 BISTRO SOCIAL DINNER	
FRI 28 FEB		12h00 BISTRO LUNCH		18h00 REC LOUNGE MOVIE / SERIES NIGHT	
SAT 1 MAR				18h00 BISTRO RESIDENT BRAAI	ON CALL RIAAN
SUN 2 MAR					ON CALL RIAAN

WEEKLY BISTRO MENU

MON 24 FEB

Chicken and spinach lasagna with Greek salad

(V) Butternut and blue cheese lasagna with Greek salad

TUE 25 FEB Pork bangers, gravy and sweet potato mash with carrots and peas

(V) Plant-based bangers, gravy and sweet potato mash with carrots and peas

WED 26 FEB Bacon, tomato, chicken pasta bake with Greek salad

(V) Spinach, feta and tomato quiche with Greek salad

THUR 27 FEB

Pork chop with mashed potato and sweet butternut.

(V) Macaroni and cheese with salad

FRI 28 FEB

Grilled or deep fried fish & chips with salad

(V) Roasted vegetables frittata with chips and salad

SAT 1 MAR

Grilled chicken cheese burger with sweet potato fries and coleslaw

(V) Vegetarian cheese burger with sweet potato fries and coleslaw

SUN 2 MAR Apricot glazed smoked gammon or Grilled with, roasted potato, grilled butternut and green beans

(V) Grilled sweet potato and corn cous-cous with roasted potato and salad

- Meal orders close on the day before the meal is ordered for at 14h00.
- Weekend take-away and Monday orders close on Friday at 14h00
- Week-day meals at R50pp & R55 T/A / Weekend meals at R70 & (V) R55



THURSDAY, 27 FEBRUARY

MAIN COURSE

Beef Fillet with fondant potato, beetroot wedges, baby carrots and rosemary jus

or

Kingklip with Italian herb mash, green beans, charred cherry tomatoes a cream garlic butter sauce

or

Smokey Butternut with fondant potato, beetroot wedges and baby carrots topped with creamy herb gravy.

DESSERT

Home-baked Cheesecake with pineapple compote and berries

or

South African Cheese Plate with crackers and fresh fruit



IT'S A CELEBRATION



FEBRUARY

26TH ANNE GEEL - APT 310

MARCH

01ST BRIAN QUINN - APT 21
13TH NEVILLE GILL APT 212
14TH MARGARET VELDMAN - APT 109
14TH JUDY SEPHTON - APT 217

CLASSICAL

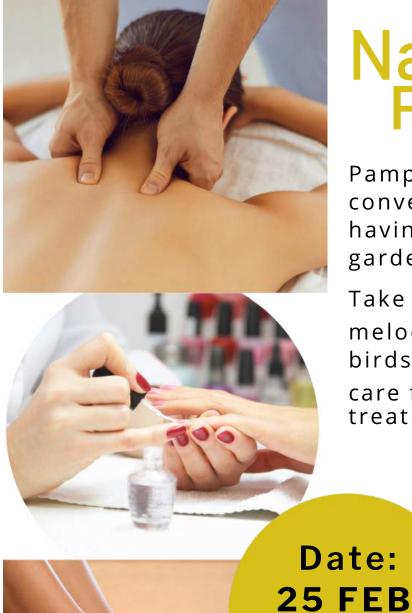
MUSIC

26 FEBRUARY |
18H00
Waloyo Yamoni
BY CHRISTOPHER TIN

The Fountains of Rome
BY RESPIGHI

Academic Festival
Overture
BY BRAHMS

Symphony No. 8
BY DVORAK



Naturally Pampered Beaut y & Care

Pamper yourself with us. We bring convenience to you without you having to in a calm and serene garden setting.

Take a scenic walk and enjoy the melody of the waters and chirping birds all in the surroundings as we care for you during yo ur treatment.

- Manicure
- Pedicure
- Leg & Foot Massages
- Back Massage
- Head, Shoulder Massage
- Back Scrub
- Waxing

(Tuesday)

Venue: Library Room

Time: 9am - 4pm

BOOK your appointment directly with ielhaam

Call or Whatspp 082 396 7573

Pop-up Shop

DATE: TUESDAY, 25 FEBRURY

TIMEL: 10H00

Yarn, needles hooks and other lovely goodies.

CASH AND CARD PAYMENTS ACCEPTED

