

Evergreen DIEP RIVER



16 DEC - 5 JAN
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WEEKLY ACTIVITIES

Your weekly guide to sport
& recreational activities in
the Village

BISTRO

Weekly Lunch Menu

IT'S A CELEBRATION

Birthday's, Anniversaries
& New Residents

EVENT DETAILS

Special Events & Activities

Dear Residents,

I hope everyone had a wonderful week and enjoyed the cooler weather today. It does look like we are in for scorcher this summer.

This week's newsletter is in fact a 3 week newsletter due to most activities and weekly updates that is usually required not being applicable over the Festive period. We have also added the menus and amended Bistro operating hours so that meal planning can be done in advance.

All general Villages services and operating hours will remain as usual. To those traveling, please stay safe and to those who will remain in the Village, we look forward to spending time with you during the Holidays.

Wishing you all a great weekend ahead.

Regards,
Riaan and the Evergreen Team

Live the Evergreen Lifestyle

WEEKLY ACTIVITIES

MON 16 DEC		PUBLIC HOLIDAY 09h00 – 14h00 BISTRO LUNCH		
TUE 17 DEC		12h00 BISTRO LUNCH	14h00 BISTRO COLOURING IN MANDALA	
WED 18 DEC	10h15 POOL AQUA AEROBICS	12h00 BISTRO LUNCH	14h00 PARKING AREA RIAAN'S FRUIT VAN	
THUR 19 DEC		12h00 BISTRO LUNCH	14h00 BISTRO GAMES	
FRI 20 DEC		12h00 BISTRO LUNCH		
SAT 21 DEC		12h00 BISTRO LUNCH (TAKE-AWAY)		18h00 BISTRO RESIDENT BRAAI
SUN 22 DEC		12h00 BISTRO LUNCH (TAKE-AWAY)		

BIRTHDAYS

20 DEC KEITH YOUNG – APT 215



WEEKLY ACTIVITIES

MON 23 DEC	09h30 REC LOUNGE MOVEMENT CLASS	12h00 BISTRO LUNCH		CLINIC SR SHARON ADAMS
TUE 24 DEC		12h00 BISTRO LUNCH	14h00 (TBC) BISTRO COLOURING IN MANDALA	
WED 25 DEC		12h00 BISTRO LUNCH (TAKE-AWAY OR SIT- DOWN AT ELV MZB)		
THUR 26 DEC		12h00 BISTRO LUNCH (TAKE-AWAY)	14h00 (TBC) BISTRO GAMES	
FRI 27 DEC		12h00 BISTRO LUNCH		
SAT 28 DEC		12h00 BISTRO LUNCH (TAKE-AWAY)		18h00 BISTRO RESIDENT BRAAI
SUN 29 DEC		12h00 BISTRO LUNCH (TAKE-AWAY)		

BIRTHDAYS

24 DEC ERMA LAUBSCHER – APT 302

27 DEC SHELLY ELLMAN-BROWN – APT 219

29 DEC ROY MUNRO – APT 303



WEEKLY ACTIVITIES

MON 30 DEC	Restart 6 Jan REC LOUNGE MOVEMENT CLASS	12h00 BISTRO LUNCH		CLINIC SR SHARON ADAMS 
TUE 31 DEC		12h00 BISTRO LUNCH	14h00 (TBC) BISTRO COLOURING IN MANDALA	
WED 1 JAN	Restart 8 Jan POOL AQUA AEROBICS	PUBLIC HOLIDAY 09h00 - 14h00 BISTRO LUNCH		
THUR 2 JAN		12h00 BISTRO LUNCH	14h00 (TBC) BISTRO GAMES	
FRI 3 JAN		12h00 BISTRO LUNCH		
SAT 4 JAN		12h00 BISTRO LUNCH (TAKE-AWAY)		18h00 BISTRO RESIDENT BRAAI
SUN 5 JAN		12h00 BISTRO LUNCH (TAKE-AWAY)		



BIRTHDAYS

11 JAN JANICE SHELVER – APT 318
 15 JAN SETHU VELLEM – ELV TEAM
 24 JAN DIANE EVERETT – APT 117
 25 JAN JEAN DE VILLIERS – APT 104
 26 JAN GENEVIEVE PITT – APT 210



Bistro Menu

MONDAY

Shepherds pie with sweet carrots and salad

or

(V) Spinach, feta and mozzarella pie with sweet carrots and salad

TUESDAY

Curried chicken salomi with sambal and salad

or

(V) Curried vegetable & beans salomi with sambal and salad

WEDNESDAY

Pork schnitzel with mushroom sauce potato wedges and sweet corn salad

or

(V) Plant-based schnitzel with mushroom sauce and pasta & sweet corn salad

THURSDAY

Chicken Chow Mein with egg noodles

or

(V) vegetable Chow Mein with egg noodles

FRIDAY

Crispy fried fish and chips served with tartar sauce & salad

or

(V) Plant-based schnitzel with sweet potato fries and salad

SATURDAY (Take-Away)

Grilled chicken cheese burgers with sweet potato fries and coleslaw

or

(V) Vegetarian burgers with sweet potato fries and coleslaw

SUNDAY (Take-Away)

Roast beef with thyme gravy, roasted potato Yorkshire pudding and horseradish served with three bean salad (R70)

or

Grilled chicken fillet with gravy, roasted potato and three bean salad (R70)

or

(V) Chickpea & broccoli stuffed sweet potato topped with feta and mozzarella cheese, served with three bean salad (R55)

Meal orders close on the day before the meal is ordered for at 14h00 |

Weekend take-away and Monday orders close on a Friday at 14h00 | R50pp & R55 T/A



Bistro Menu

MONDAY

Chicken & spinach lasagna with Greek salad
or
(V) Spinach & feta lasagna with Greek salad

TUESDAY

Beef boerewors with caramelised onion, gravy, mashed potato and peas
or
(V) Plant-based bangers, gravy and sweet potato mash with sweet carrots and peas

WEDNESDAY / CHRISTMAS DAY (Take-Away)

Lemon & herb roasted chicken roast beef with rosemary potato and cauliflower bake (R70)
or
Roast beef with rosemary potato and cauliflower bake (R70)
or
(V) Butternut, basil and tomato quiche with Greek salad (R50)

THURSDAY / BOXING DAY (Take-Away)

Beef & spinach pasta bake with Greek salad
or
Lemon & herb grilled chicken with roasted sweet potato & Greek salad
or
(V) Roasted Veg Quesadilla with Mozzarella cheese & salad

FRIDAY

Crispy fried fish and chips served with tartar sauce & salad
or
(V) Roasted vegetable frittata with chips & salad

SATURDAY (Take-Away)

Toasted panini with grilled chicken and bacon with salad and Fries
or
(V) Vegan hotdogs with homemade tomato sauce, chips and salad

SUNDAY (Take-Away)

Apricot glazed smoked gammon with, roasted potato and
grilled butternut and green beans (R70)
or
Oven roasted chicken leg quarter with roasted potato, grilled butternut and green beans (R70)
or
(V) Grilled sweet potato & corn cous cous with roasted potato and salad (R55)

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Bistro Menu

MONDAY

Fish cakes with tomato smoor, mashed potato and salad

or

(V) Lentil cakes with tomato smoor, mashed potato and salad

TUESDAY

Creamy sweet chili chicken pasta with Greek salad

or

(V) Chickpea, mushroom & spinach pasta with Greek salad

WEDNESDAY

Philly steak topped with cheese sauce, garlic baby potato and bean salad

or

(V) Vegetarian schnitzel with potato wedges, cheese sauce and a side salad

THURSDAY

Grilled chicken breast with potato bake and seasonal vegetables

or

(V) Stuffed jacket potato with mozzarella cheese and spicy beans,
served with corn & pineapple salad

FRIDAY

Crispy fried fish and chips served with tartar sauce & side salad

or

(V) Roasted butternut, feta & chickpea cous cous with Greek salad

SATURDAY (Take-Away)

Beef burgers, Asian slaw and potato wedges

or

(V) Plant-based burgers, Asian slaw and potato wedges

SUNDAY (Take-Away)

Roasted beef with gravy, roasted potato, creamy spinach and butternut (R70)

or

Grilled chicken fillet with gravy, roasted potato, creamy spinach and butternut (R70)

or

(V) Black bean and tomato quiche topped with feta and mozzarella cheese,
served with green salad (R55)

Meal orders close on the day before the meal is ordered for at 14h00 |
Weekend take-away and Monday orders close on a Friday at 14h00 | R50pp & R55 T/A

