

"What's Happening"

DIEP RIVER



"Always Do Your Best. Your best is going to change from moment to moment; it will be different when you are healthy as opposed to sick. Under any circumstance, simply do your best, and you will avoid self-judgment, self-abuse and regret."

~ Don Miguel Ruiz ~

Dear Residents,

I hope you have all had a good week despite utterly confusing weather we have experienced this week.

For the rugby enthusiasts, this weekend is going to be especially exciting—it marks the Springboks' final match of 2024. Many are anticipating a somewhat lopsided game, as the Welsh team seeks their first win of the year.

A friendly reminder to book your spots for the Christmas Carols on the 12th, as well as our Festive / Year-end Resident Lunch on the 13th.

****Please note that there is no charge to attend the lunch.**

Reminders for next week include:

MONDAY

Sister Sharon will be available for her weekly visit.

WEDNESDAY

Riaan's Fruit Van and later Bingo Night.

THURSDAY

Music Evening

FRIDAY

Series Night - Lincoln Lawyer

SATURDAY

Resident Braai

Wishing you all a great week ahead.

Regards,
Riaan and the Evergreen Team

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Your weekly guide to sport & recreational activities in the Village

BISTRO

Weekly Menu

IT'S A CELEBRATION

Birthday's

WEEKLY ACTIVITIES

MON 25 NOV	09h30 REC LOUNGE MOVEMENT CLASS	12h00 BISTRO LUNCH		
TUE 26 NOV		12h00 BISTRO LUNCH	14h00 BISTRO COLOURING IN MANDALA	
WED 27 NOV	10h15 POOL AQUA AEROBICS	12h00 BISTRO LUNCH	14h00 PARKING AREA RIAAN'S FRUIT VAN	19h00 BISTRO BINGO NIGHT
THUR 28 NOV		12h00 BISTRO LUNCH	14h00 BISTRO GAMES	18h00 REC LOUNGE MUSIC EVENING
FRI 29 NOV		12h00 BISTRO LUNCH		18h00 REC LOUNGE SERIES NIGHT
SAT 30 NOV				18h00 BISTRO RESIDENT BRAAI
SUN 1 DEC				



BIRTHDAYS

10 DEC JANET VAN NIEKERK – APT 206
13 DEC MARIA VAN NIEKERK – APT 312
20 DEC KEITH YOUNG – APT 215
24 DEC ERMA LAUBSCHER – APT 302
27 DEC SHELLY ELLMAN-BROWN – APT 219
29 DEC ROY MUNRO – APT 303





Bistro

LUNCH MENU
25 NOV - 1 DEC

MONDAY

Fish cakes with tomato smoor, mashed potato and salad
or
(V) *Lentil cakes with tomato smoor, mashed potato and salad*

TUESDAY

Creamy sweet chili chicken pasta with Greek salad
or
(V) *Chickpea, mushroom and spinach pasta with Greek salad*

WEDNESDAY

Philly steak with cheese sauce, garlic baby potatoes and bean salad
or
(V) *Vegetarian schnitzel with potato wedges, cheese sauce and salad*

THURSDAY

Grilled chicken breast with potato bake and seasonal vegetables
or
(V) *Stuffed jacket potato with mozzarella cheese and spicy beans, with corn & pineapple salad*

FRIDAY


Crispy fried fish and chips served with tartar sauce and side salad
or
(V) *Roasted butternut, feta & chickpea cous cous with Greek salad*

SATURDAY (Take-Away)

Beef burger, Asian slaw and potato wedges
or
(V) *Plant-based burger, Asian slaw and potato wedges*

SUNDAY (Take-Away)

Roasted beef with gravy, roasted potatoes, creamed spinach and butternut (R70)
or
Grilled chicken fillet with gravy, roasted potatoes, creamed spinach and butternut (R70)
or
(V) *Black bean and tomato quiche topped with feta and mozzarella cheese with green salad (R55)*



Meal orders close on the day before the meal is ordered for at 14h00 | Weekend take-away and Monday orders close on a Friday at 14h00 | R50pp & R55 T/A

WELCOME TO HIS OFFICE

THE LINCOLN LAWYER

A NETFLIX SERIES

Get together to enjoy this award winning Netflix series. Starting Friday, 8 November, 2 episodes will be shown each Friday for the next 4 weeks.

VENUE: RECREATION LOUNGE
TIME: 18H00

BINGO **NIGHT**

27 NOV 2024

Time: 19H00
Venue: Bistro

R50PP
(INCLUDES SANDWICHES)

**Book at Reception or
on Ext. 1400**





Music Evening

28 NOVEMBER | 18H00

PROGRAMME

ANDRE RIEU

Evening Concert

RSVP AT RECEPTION OR ON EXT. 3200

You are cordially invited to the
Year End

Resident's LUNCH

Let's celebrate the joy of the Season with good food and laughter. This is a complimentary event and open to all residents. One complimentary drink will be supplied per person.

MAIN COURSE

Lamb Spit Roast | Chicken Kebabs | Roasted Baby Potatoes | Green Salad | Curry Noodle Salad

DESSERT

Traditional Christmas Pudding | Fruit Salad & Ice Cream

DECEMBER

13

12H30

PLEASE RSVP AT RECEPTION
BY FRIDAY 6 DEC



CHRISTMAS CAROLS

DECEMBER	12	THURSDAY
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SAVE THE DATE

The holiday season is upon us, and we'd love for you to be part of our Christmas Carol celebration! Come and bring your holiday spirit, and help us fill the air with classic Christmas songs as we celebrate the Season together.

More details to follow closer to the event.