"What's Happening" DIEP RIVER





"Knowing something is not as good as liking it. Liking something is not as good as rejoicing in it." ~ Confucius ~

Dear Residents.

I hope everyone has had a wonderful week.

While we've recently enjoyed some delightful sunshine, you might want to hold off on unpacking your entire summer wardrobe. A new weather warning is expected for this weekend and into the early part of next week. With strong winds on the horizon, please make sure to bring all your patio or balcony furniture indoors or secure it tightly.

A big thank you to everyone who joined us on Friday at Evergreen Sitari. It was great to see you all there and I hope you enjoyed the day as much as we did.

Reminders for next week include:

MONDAY

Sister Sharon will be available for her weekly visit.

TUESDAY

Music evening

WEDNESDAY

Riaan's Fruit Van will be back so you have another chance to stock up on those fresh fruits and veggies

THURSDAY

Social dinner

SATURDAY

Resident Braai

Wishing you all a great week ahead.

Regards,

Riaan and the Evergreen Team

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Your weekly guide to sport & recreational activities in the Village

BISTRO

Weekly Menu

IT'S A CELEBRATION Birthday's

28 Oct - 3 Nov 2024 | 1

WEEKLY ACTIVITIES

MON 28 OCT	09h30 REC LOUNGE MOVEMENT CLASS	12h00 BISTRO LUNCH		CLINIC SR SHARON ADAMS
TUE 29 OCT		12h00 BISTRO LUNCH	14h00 BISTRO COLOURING IN MANDALA	18h00 REC LOUNGE MUSIC EVENING
WED 30 OCT	10h15 POOL AQUA AEROBICS	12h00 BISTRO LUNCH	14h00 PARKING AREA RIAAN'S FRUIT VAN	
THUR 31 OCT		12h00 BISTRO LUNCH	14h00 BISTRO GAMES	18h00 BISTRO SOCIAL DINNER
FRI 1 NOV		12h00 BISTRO LUNCH		
SAT 2 NOV				18h00 BISTRO RESIDENT BRAAI
SUN 3 NOV				



BIRTHDAYS

1 NOV JESSICA QUINN - APT 213 16 NOV ANGIE BROWN - APT 216 18 NOV LINDA ENGEL - APT 111 30 NOV GAYE DAVIES - APT 315





MONDAY

Thai fish cakes with sweet chilli mayo, mashed potato, and seasonal vegetables or (V) Mushroom and lentil cakes with mint sauce, mashed potato and seasonal vegetables

TUESDAY

Beef lasagne with a side salad or (V) Chickpea and butternut curry with rice and sambals

WEDNESDAY

Hunter's chicken casserole with rice and seasonal vegetables or (V) Plant-based schnitzel with jacket potato and seasonal vegetables

THURSDAY

Pork stir-fry served with egg noodles or (V) Creamy mushroom and spinach risotto with seasonal vegetables

FRIDAY

Crispy fried fish and chips served with tartar sauce and side salad or (V) Vegetable-filled pancake with cheese sauce and salad

SATURDAY (Take-Away) Sweet chilli chicken, olive and pineapple pizza with salad

Sweet chilli chicken, olive and pineapple pizza with salad or (V) Margherita pizza with salad

SUNDAY - (Take-Away)

Roast beef or Roast chicken (R70)

(V) Capsicum filled with roasted vegetables, cous cous and nuts (R55)

Served with roast potatoes and seasonal vegetables.



Main Course

Paprika-Crusted Beef Fillet with sweet potato mash, grilled baby vegetables and rosemary jus

or

Grilled Lemon & Herb Chicken Fillet with sweet potato mash, grilled baby vegetables and creamy lemon sauce

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(v) Mushroom Risotto
with lentil "steak", grilled baby vegetables
and rosemary jus

Dessert

Fresh Fruit Salad with granadilla coulis and ice cream

USIC SIEMUG 29 OCTOBER | 18H00

PROGRAMME

ELGAR CELLO CONCERTO

CELLIST SHEKU KANNEH MASON
CITY OF BIRMINGHAM SYMPHONY ORCHESTRA

SCHUBERT
UNFINISHED SYMPHONY
ISRAEL PHILHARMONIC ORCHESTRA
CONDUCTOR LAHAV SHANI

RSVP AT RECEPTION OR ON EXT. 3200