

WEEKLY LUNCH

MONDAY - R45

Option 1- Traditional tomato bredie on white rice with roasted butternut wedges

Option (V, GF) - Tomato, lentil and courgette bredie on white rice with roasted butternut wedges

TUESDAY - R45

Option 1- Chicken and mushroom pot pie with gravy, mashed potato and minted peas.

Option (V) - Potato, mushroom & leek pot pie with with gravy, mashed potato and minted peas.

WEDNESDAY - R45

Option 1- Italian spaghetti & meatballs served with a side salad.

Option (V) - Vegetarian Spaghetti & meatballs served with a side salad.

THURSDAY - R45
Option 1 - Moussaka with Greek salad.

Option (V) - Vegetable and lentil moussaka with Greek salad.

FRIDAY - R45 Option 1 - Fish and chips with a side salad and tartar sauce

Option (V, GF) - Spinach and feta quiche (no crust) with chips and side salad.

SATURDAY - R60

Take-away only - Beef lasagna, garlic roll and side salad

SUNDAY - R60

Take-away only - Glazed gammon, garlic baby potatoes, creamed spinach and roasted pumpkin