

## ENTERTAINMENT / EVENTS FROM AUGUST / SEPTEMBER 2023

Weekly Activities of Aqua Aerobics, Fellowship Group (every second week), HNA Active Aging, Thursday Cake and tea Special and Shopping (every second week), have continued each week.

### AUGUST HIGHLIGHTS

- 9<sup>th</sup> – Lovely Women’s Day brunch. Thank you, Christine, and Fedics
- 14<sup>th</sup> – Wellness Day, AGM and Buffet Lunch. What a great day. Thank you to Evergreen. We, as residents, were really treated as very special. An amazing spread for lunch.
- 15<sup>th</sup> – the popular Colour-in afternoon
- 16<sup>th</sup> - Always enjoyable monthly Bingo
- 30<sup>th</sup> – Ever popular Quiz Night. Thank you, Christine, for all the long hours you put into arranging this to make it so enjoyable!

### SOME SEPTEMBER HIGHLIGHTS

- 1<sup>st</sup> – Arbour Day – we spent some time outside while some new, pretty, flowering plants were planted in pots.
- 5<sup>th</sup> – Colour-in Workshop
- Rugby fever has Hit our Village. The Rugby World Cup is under way and we were treated to drinks and snacks with the courtesy of EPI. They are to do this for all the Springbok games. Thank you, EPI.
- 12<sup>th</sup> – Rummikub afternoon.

### COMING UP

- 15<sup>th</sup> – Charles Lang Wines for Wine Tasting
- 19<sup>th</sup> – “Let’s Talk” – Conversation Project
- 20<sup>th</sup> - Bingo Night
- 21<sup>st</sup> – Spa Treatments in the Sky Lounge
- 25<sup>th</sup> – Heritage Day Lunch Braai when a special braai menu will be available.
- 27<sup>th</sup> - Live Performance by “The Companions”
- 28<sup>th</sup> - Afternoon of Rummikub
- 4<sup>th</sup> October - Hollywood Film and Musical Quiz Night

### BISTRO

Most days there are only a few residents in the Bistro, however, there are quite a few Take Aways every day. On the odd day there are more in the Bistro for lunch. Well done to Roslyn and Faith for the excellent way they held this past Saturday, 9<sup>th</sup> September, together and for the lovely breakfasts they served.

There has been a price increase in the Daily meals to R66, however, if you take out 10 meal or 20 meal packages for the month it works out to R61 a meal. Sunday meal and dessert prices are also up.

Thank You

Margie Lee