

LUNCH R60/ SUNDAY LUNCH R95 and DESSERT R25

DATE	LUNCH MENU – WEEK 1	
MONDAY 27 FEBRUARY	TUSCAN CHICKEN, MASHED POTATOES STIR-FRIED VEGETABLES	SALMON & SPINACH QUICHE, POTATO WEDGES, ROASTED BEETROOT
TUESDAY 28 FEBRUARY	BEEF & GREEN BEAN BREDIE, RICE SWEET BUTTERNUT	GRILLED FISH & LEMON BUTTER SAUCE SAVOURY RICE, COLESLAW
WEDNESDAY 01 MARCH	PULLED PORK PHYLLO PARCEL SERVED WITH POTATO BAKE, ACCOMPANIED BY SAVOURY BABY CARROTS & PEAS	BEEF MOUSSAKA ACCOMPANIED BY A GARLIC ROLL AND BEETROOT SALAD
THURSDAY 02 MARCH	BRAISED OX LIVER SERVED WITH CREAMY MASH AND ONION GRAVY, ACCOMPANIED BY ROASTED BUTTERNUT AND SAUTEED GREEN BEANS	CREAMY CHICKEN A LA KING ON HERBED WHITE RICE ACCOMPANIED BY ROASTED BUTTERNUT AND SAUTEED GREEN BEANS
FRIDAY 03 MARCH	TEMPURA BATTERED HAKE SERVED WITH CHIPS AND PAPRIKA MAYO, ACCOMPANIED BY BROCCOLI AND SWEET PUMPKIN	GRILLED BBQ CHICKEN FILLET, SERVED WITH CHIPS AND ONION RINGS, ACCOMPANIED BY BROCCOLI AND PUMPKIN.
SATURDAY 04 MARCH	SESAME BEEF STRIPS SERVED ON A BED OF EGG NOODLES WITH ASIAN STYLE STIR-FRY VEGETABLES, ACCOMPANIED BY GARDEN SALAD	BISTRO OPEN BREAKFAST, LIGHT MEALS & TOASTED SANDWICHES WILL BE SERVED FROM 8am-3pm
SUNDAY 05 MARCH Roast Lamb Lunch R120	ROASTED LEG OF LAMB SERVED WITH WHOLE GRAIN MUSTARD SAUCE, PUMPKIN FRITTER, ROASTED POTATOES, CREAMED BRUSSELS AND BABY ONIONS	DESSERT: APPLE AND GINGER CRUMBLE WITH ICE- CREAM

Remember to book for daily lunches by 14h00 the day before and to book by 14h00 on Friday before for Sunday Lunch. Cancellations will be accepted by 09h00 on the same day.

Should you wish to order Breakfast and Toasted Sandwiches from the Bistro during the week, please note that there may be a slight delay between 12h00 – 13h00 whilst the kitchen is serving the daily special.

PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD





LUNCH R60/ SUNDAY ROAST R95 and DESSERT R25

DATE	LUNCH MENU – WEEK 2	
MONDAY 06 MARCH	SLOW BAKED LEMON AND THYME CHICKEN THIGHS, SERVED WITH BUTTERY SWEET POTATO DISCS, GRAVY. SAUTEED BABY MARROW AND GREEN SALAD.	SWEET 'N SOUR PORK MEATBALLS SERVED ON A BED OF SPAGHETTI WITH ROASTED VEGETABLES AND GREEN SALAD.
TUESDAY 07 MARCH	BEEF LASAGNE WITH COCKTAIL GARLIC ROLL AND GREEK SALAD.	SEAFOOD PAELLA WITH FRESH LEMON SLICE, ACCOMPANIED BY MEDLEY OF VEGETABLES
WEDNESDAY 08 MARCH	FLAME GRILLED CHICKEN LEG QUARTER ORANGE AND ROSEMARY GLAZE, ROAST POTATOES BROCCOLI AND CAULIFLOWER AU GRATIN AND CORIANDER CARROTS.	TENDERIZED BEEF STRIPS BAKED IN A SOUR CREAM AND BROWN ONION SAUCE, SERVED ON A BED OF CREAMY MASH, BABY ONIONS AND CORIANDER CARROT.
THURSDAY 09 MARCH	MILD BUTTER CHICKEN SERVED WITH BASMATI RICE, YOGHURT AND CUCUMBER SAMBALS AND SAUTEED GREEN BEANS	SAUCY BBQ BEEF SAUSAGES SERVED ON PARMESAN MASH WITH BROWN ONION GRAVY WITH CORN WHEELS AND MINTED PEAS.
FRIDAY 10 MARCH	DEEP FRIED HAKE AND CHIPS WITH FRESH LEMON WEDGES, TARTARE SAUCE AND COLESLAW	GARLIC AND HERB CRUSTED PORK CHOPS WITH MUSHROOM SAUCE AND SAVOURY RICE WITH ROASTED BEETROOT AND GREEN BEANS
SATURDAY 11 MARCH	INDIVIDUAL BEEF AND VEGETABLE PIES SERVED WITH ROASTED BROCCOLI WITH COCKTAIL TOMATOES AND BABY CARROTS.	BISTRO OPEN BREAKFAST, LIGHT MEALS & TOASTED SANDWICHES WILL BE SERVED FROM 8AM-3PM
SUNDAY 12 MARCH Roast Lunch R95	ROAST PORK FILLET TOPPED WITH A CREAMY MUSHROOM SAUCE AND POTATO WEDGE, ROASTED BRINJAL AND SPINACH STIR-FRY, ROASTED PUMPKIN AND PEAS	DESSERT DUO OF CHOCOLATE MOUSSE SERVED IN WAFER BASKETS WITH YOUR CHOICE OF CREAM OR ICE-CREAM

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WEEKLY LUNCH R60/ SUNDAY LUNCH R95 and DESSERT R25

DATE	LUNCH MENU – WEEK 3	
MONDAY 13 MARCH	LEMON & HERB INFUSED CHICKEN THIGH SERVED WITH SAVOURY RICE AND ROASTED BEETROOT AND FETA	INDIVIDUAL CORNISH PIE WITH MASH, SAUTEED BABY MARROW WITH ONIONS AND COCKTAIL TOMATO
TUESDAY 14 MARCH	BEEF STROGANOFF SET ON HERBED MASH SERVED WITH MEDITERRANEAN VEGETABLES	SOUTHERN FRIED CHICKEN STRIPS SERVED ON A BED OF SALAD GREENS, COCKTAIL TOMATO, CUCUMBER AND CRISPY ONION RINGS
WEDNESDAY 16 MARCH	GRILLED PORK CHOP, SERVED WITH GARLIC BABY POTATOES, STIRFRY CABBAGE AND GREEN BEANS	TUNA AND MAYONAISSE PASTA BAKE SERVED WITH A GARLIC COCKTAIL ROLL AND SIDE SALAD
THURSDAY 16 MARCH	CREAMY CHICKEN CASSEROLE SERVED WITH PARSLEY RICE, CAULIFLOWER AND BROCCOLI BAKE	COLD MEAT AND SALAD PLATTER (CHICKEN, PASTRAMI, COCKTAIL VIENNA, POTATO SALAD AND CARROT SALAD)
FRIDAY 17 MARCH	GREEK STYLE BATTERED HAKE, SERVED WITH SPICY RICE AND TZATZIKI SAUCE, BEETROOT SALAD AND FRESH GARDEN SALAD.	HEARTY BEEF AND LENTIL CASSEROLE ON PARSLEY RICE, ROASTED PUMPKIN AND BRUSSLE SPROUTS
SATURDAY 18 MARCH	BONELESS PORK RIB PANINI BURGER, SERVED WITH CHIPS	BISTRO OPEN BREAKFAST, LIGHT MEALS & TOASTED SANDWICHES WILL BE SERVED FROM 8AM-3PM
SUNDAY 19 MARCH Roast Lunch R95	SLOW ROASTED BEEF SERVED WITH YORKSHIRE PUDDING, ROASTED POTATOES AND GRAVY. ACCOMPANIED BY BROCCOLI/CAULI AU GRATIN AND BABY CARROTS:	

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WEEKLY LUNCH R60/ SUNDAY LUNCH R95 and DESSERT R25

DATE	LUNCH MENU – WEEK 4	
MONDAY 20 MARCH	MILD SLOW COOKED BEEF CURRY SERVED WITH YELLOW RICE, FRESH SAMBALS AND A MEXICAN CUT CORN AND CHICKPEA SALAD	CHICKEN AND BUTTERNUT PASTA BAKE SERVED WITH A GARLIC ROLL AND GREEK SALAD.
TUESDAY 21 MARCH	PORK BANGERS AND BROWN ONION GRAVY SERVED WITH CHEDDAR MASH, BABY ONIONS AND ROASTED VEGETABLES	HAKE GOUJONS SERVED WITH SAVOURY RICE, LEMON BUTTER SAUCE, ACCOMPANIED BY BRUSSEL SPROUTS AND CARROT.
WEDNESDAY 22 MARCH	MEATBALLS COOKED IN A TOMATO AND BASIL SAUCE, SERVED WITH CREAMY MASH, ACCOMPANIED BY BABY CARROT AND PEAS	OVEN-BAKED PANCAKES FILLED WITH CREAMY CHICKEN, SERVED WITH GARDEN SALAD AND ROASTED BROCCOLI.
THURSDAY 23 MARCH	MEATBALLS COOKED IN A TOMATO AND BASIL SAUCE, SERVED WITH CREAMY MASH, ACCOMPANIED BY BABY CARROT AND PEAS	OVEN-BAKED PANCAKES FILLED WITH CREAMY CHICKEN, SERVED WITH GARDEN SALAD AND ROASTED BROCCOLI.
FRIDAY 24 MARCH	BEER BATTERED HAKE SERVED WITH CHIPS, FRESH LEMON, COLESLAW AND THREE BEAN SALAD	SWEET 'N SOUR PORK STIRFRY SERVED ON A BED OF NOODLES WITH GARDEN SALAD.
SATURDAY 25 MARCH	CHICKEN MAYO AND BACON WRAP SERVED WITH CHIPS AND SIDE SALAD	BISTRO OPEN BREAKFAST, LIGHT MEALS & TOASTED SANDWICHES WILL BE SERVED FROM 8AM-3PM
SUNDAY 26 MARCH Roast Lunch R95	ROSEMARY ROASTED CHICKEN LEG ¼ SERVED WITH ROASTED POTATOES, GRAVY, ROASTED BUTTERNUT AND GREEN BEANS.	DESSERT: MALVA PUDDING AND CUSTARD

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WEEKLY LUNCH R60/ SUNDAY LUNCH R95 and DESSERT R25

DATE	LUNCH MENU – WEEK 5	
MONDAY 27 MARCH	SOUTHERN FRIED CHICKEN WITH CHEESE SAUCE SERVED WITH SAVOURY RICE, ACCOMPANIED BY ROASTED VEGETABLES	SMOKED SALMON FISH CAKES WITH TARTARE SAUCE, CREAMY MASH SERVED WITH ROASTED VEGETABLES
TUESDAY 28 MARCH	BOBOTIE WITH YELLOW RICE, SAMBALS, COCONUT AND CHUTNEY. ACCOMPANIED BY CARROT AND PEAS.	PORK SCHNITZEL WITH MUSHROOM AND PEPPER SAUCE, POTATO WEDGES SERVED WITH CHUNKY MIXED VEGETABLES
WEDNESDAY 29 MARCH	BBQ CHICKEN BURGERS TOPPED WITH CHEESE AND PINEAPPLE, SERVED WITH SWEET POTATO FRIES.	BEEF AND VEGETABLE STEW WITH WHITE RICE AND BEETROOT SALAD
THURSDAY 30 MARCH	BOEREWORS WITH TOMATO RELISH, CHEDDAR MASH ACCOMPANIED BY ROASTED BUTTERNUT AND GREEN BEANS	NICOISE SALAD (FLAKED TUNA, COCKTAIL TOMATO, CUCUMBER, RED ONION AND BOILED EGG)
FRIDAY 31 MARCH	DEEP FRIED HAKE WITH CHIPS, FRESH LEMON WEDGES, COLESLAW AND CARROT AND PINE SALAD	MACARONI AND CHEESE PASTA BAKE WITH BACON BITS AND MUSHROOMS, ACCOMPANIED BY GREEK SALAD.
FRIDAY 01 APRIL		BISTRO OPEN BREAKFAST, LIGHT MEALS & TOASTED SANDWICHES WILL BE SERVED FROM 8AM-3PM
SUNDAY 02 APRIL Roast Lamb Lunch R120		

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