

FEBRUARY 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY, 31 DEC	SATURDAY	SUNDAY
	<p>ALTERNATE TUESDAYS 08/02 Constantia Village 22/02 Blue Route Mall 09h15 – 12h30 R30 per trip</p>	2	3 <p>MEET UP EVERY THURSDAY 3pm – BISTRO Cake & Tea for R25.00</p>	4	5 <p>Bistro Open 8am – 5pm</p> <p>Resident Braai Evening 6pm-8pm</p>	6 <p>SUNDAY ROAST LUNCH -12h30 ROASTED CHICKEN served with Roasted Potato and Seasonal Vegetables</p>
7	8 <p>BRIDGE Recreation Room – 2pm</p>	9 <p>FRENCH DINNER 6pm</p> <p>CHAIR MOVEMENT GROUP 10am – 11am</p>	10 <p>Fellowship Group 10am -11.30am</p> <p>CAKE & TEA R25 EVERY THURSDAY 3pm – BISTRO</p>	11 <p>HNA Exercise Group Recreation Room - 11am</p>	12 <p>Bistro Open 8am – 5pm</p> <p>Resident Braai Evening 6pm-8pm</p>	13 <p>SUNDAY ROAST LUNCH -12h30</p> <p>ROAST BEEF served with Yorkshire Pudding, Roasted Potatoes and Seasonal Vegetables</p>
14 <p>VALENTINE'S DAY LUNCH SPECIAL</p>	15 <p>RECREATION ROOM</p> <p>9am – 1pm *** BRIDGE Recreation Room 2pm</p>	16 <p>Bistro – 6pm. Call Margaret Hull on Ext 1716 to book *** Chair Movement Group Recreation Room - 10am</p>	17 <p>RECREATION ROOM</p> <p>PRESENTATION 2pm-3pm</p>	18 <p>HNA Exercise Group Recreation Room - 11am</p>	19 <p>Bistro Open 8am – 5pm</p> <p>Resident Braai Evening 6pm-8pm</p>	20 <p>SUNDAY ROAST LUNCH -12h30</p> <p>ROASTED PORK NECK served with Roast Potatoes and Seasonal Vegetables</p>
21 <p>NATIONAL MUFFIN DAY Meet Up in The Bistro at 3pm for Muffins & Tea</p>	22 <p>ALIDA'S FASHIONS WILL BE VISITING EVERGREEN DIEPRIVIER 10am – 1pm</p> <p>BRIDGE Recreation Room 2pm</p>	23 <p>Chair Movement Group Recreation Room - 10am</p> <p>Recreation Room - 7pm Margie Lee on Ext 1519 for info</p>	24 <p>Fellowship Group 10am -11.30am</p>	25 <p>HNA Exercise Group Recreation Room - 11am</p> <p>MOVIE NIGHT 7pm</p>	26 <p>Bistro Open 8am – 5pm</p> <p>Resident Braai Evening 6pm-8pm</p>	27 <p>SUNDAY ROAST LUNCH -12h30</p> <p>ROAST LAMB served with Roast Potatoes and Seasonal Vegetables</p>
28	1 March <p>BRIDGE Bridge Group Recreation Room 2pm</p>	2 March <p>CHAIR MOVEMENT GROUP 10am – 11am</p>	3	4 <p>HNA Exercise Group Recreation Room - 11am</p>	5 <p>Bistro Open 8am – 5pm</p> <p>Resident Braai Evening 6pm-8pm</p>	6