



EVERGREEN DIEP RIVER WELLNESS DAY

DATE: 15 February 2022

TIME: 09h00 – 13h00

VENUE: Recreation Room

COMPLIMENTARY SCREENINGS

Blood Pressure

Rapid Cholesterol

Weight BMI

WELLNESS TALK @10h00

Dietician – Annaleen Joubert – Health Eating Guidelines

INFORMATION STANDS

Hector, Naidoo and Associates

Kind2Hearing

Optometrist

Dietician

Telecare

St Luke's Combined Hospice