

# Be a Santa to a Senior

Evergreen Lifestyle Villages has partnered with **Douglas Murray Home for the Aged**, to offer a gift to a senior citizen who might not otherwise receive a present this Christmas season.

There are 29 men and 37 women in this old age home. We are requesting that our residents participate in the initiative individually or form a group to buy a gift or collect small items to pack into a Christmas shoe box or fabric bag.

- 🎁 **Clothing that's easy to get on and off:** cotton socks, slippers, track suits, knitted scarfs and beanies, pyjamas, slippers or non-slip socks or a soft throw blanket for the bed or chair;
- 🎁 **Basic toiletries** (for sensitive skin): face cloth, soap, shampoo, body lotion, soft toothbrush, toothpaste, shaving cream;
- 🎁 **Entertainment:** Audio books and a small audio player, CDs or DVDs;
- 🎁 **Educational and hobbies:** Adult colouring books and crayons, plastic blunt-tipped scissors, puzzles, paint-by-number, wool and knitting supplies;
- 🎁 **Reading material:** large print books and magazines;
- 🎁 **Games:** Scrabble, dominoes and crossword puzzles or a deck of playing cards;
- 🎁 **Snacks:** Chocolate, chips, biscuits, biltong, dried fruits, vitamin rich sweets like Super C or Energade gums.

Please identify your gift with a small label that includes if it's for a man or a woman and hand your gift to reception by no later than **12:00 on Monday, 13 December 2021**.

Please contact Reception at your Village for any further information.