

EVERGREEN LIFESTYLE PHOTOGRAPHIC COMPETITION 2021 - EMOTIONS

A photograph is a wonderful way of telling a story, your story. This year we are spreading positivity and we want you to show us that there is still beauty in this challenging time we are living in. The COVID-19 pandemic has introduced many restrictions into our daily lives and it's incredibly easy to focus on all the things we can no longer do or enjoy. While finding it within yourself to feel grateful may seem counter-intuitive, choosing to adopt an attitude of gratitude can actually help you deal with crises better. We want to see the world through your eyes. The people, objects, places, animals, and views that sparks the emotion in you. We're sure that you'll be able to capture many emotions – we want you to share that with us, and you can start sending them in from March 2021.

The purpose of **emotive photography** is to have the ability to express **emotion** to those who look at it, whether it is the same of different to the **photography** being displayed. Powerful imagery sends **emotional** messages even when no words are being expressed.

Here are 9 tips for capturing emotion in your portraits:

https://digital-photography-school.com/9-tips-capture-emotion-portraits/

MONTHLY THEMES 2020:

• March: Happiness • June: Fun • September: Companionship

• April: Love • July: Smiles • October: Safety

• May: Joy • August: Comfort

As with last year, the two most important rules are that it must be your own photos, and you can only submit one photograph per month. Each month's entries close at midnight on the last day of that month. With every entry, please *include your name*, *village*, *and a caption*.

Please send your entries to photos@evergreenlifestyle.co.za

Winners will be announced in December 2021.

Happy snapping!

The Evergreen team

