

Circular 14 - 2021

21January 2021

Dear Resident

Infections rise exponentially - Western Cape in for Third Wave

The Western Cape is now fully in the throes of the third wave of COVID-19 infections. We are not out of danger, especially after only one of the two vaccinations having been administered. It is not yet safe to return to the way things were before the pandemic. We can still be infected by the virus, although the vaccine may give us a better chance of survival. Only once you have had the second vaccine dose will you be protected from falling seriously ill. We hope to confirm the date for the second vaccine shortly.

However, we find that residents are more relaxed about their social distancing. Together as a team, residents and management must do everything in their power to keep the virus out of our village and to prevent a possible outbreak which will be devastating for all concerned.

As the country moves to adjusted Level 3 of lockdown, the guidelines below will be implemented in our village, with immediate effect. It is possible that some of these will change in the short term, as more regulations are formulated. You will be updated as soon as possible.

- We respectfully request residents to maintain a "full lockdown" mindset and only to leave the village in the case of an emergency, a medical appointment or for essential food shopping. Please continue to make use of delivery services and online shopping whenever possible.
- Please do not congregate or socialise in confined spaces without opening windows for ventilation, wearing 3-ply masks over your nose and mouth and sanitising regularly.
- Please maintain social distancing and keep the recommended minimum two metres apart.
- Elevators in the building may only be used with a maximum of two people at a time.
- Please book your time to use the Gym/Pool only one person/per unit/ per session.
- All visitors will need to proceed to reception to sign in and for screening and they will be required to wear three-ply cloth mask at ALL times. (No one under the age of 18 will be allowed access until further notice.)
- If you leave the village for any period of time and return home, then you will be required to isolate for 10 days before mixing/socialising with residents.

I would again like to prevail upon all resident to please alert/phone me or SN Sharon Adams (<u>do not</u> present yourself at the clinic) as soon as you experience any of the typical COVID-19 symptoms, such as a sore throat, a fever or increased temperature, a dry cough, body aches, shortness of breath, loss of taste and/or smell. Furthermore, should any of your family go for a COVID-19 test, we request that you inform us immediately. Please do not let them visit you until they have received a negative result and that we have been informed.

COVID-19 infections continue to rise in the Cape Town metropole and the Western Cape. Currently (19/06) there are 11462 cases in the Western Cape, which has nearly doubled in just ONE week. Now more than ever we have to look out for each other and protect our village community.

My team and I are, as always, at the ready to assist you with any request or information you may have.

Christine Dempers Village Manager: Diep River