

NEWSLETTER

Editor: Edna Grenfell – email ednagrenfell@gmail.com



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- Rainfall & Finance
- Security
- From the library
- Nature & Birding
- This Month's Recipe

And much more in between

From the Village Manager

With Easter Sunday Lunch and our annual Village Walk still fresh in our minds, we are racing into winter, and temperatures are slowly dropping.

We are still having rain just about daily, which is not something we are used to in May.

Winter is certainly here. April also signals the Eskom tariff increase, which reminds us that we will have to brace ourselves for the winter.

May brings us Mother's Day, which is always a special day to celebrate the woman who brought us into this world and loved and cared for us.

I sincerely hope each mother will get spoiled this Mother's Day and be shown how much you are loved.

The Bistro is starting to serve soup of the day, which is one of the nice comforts of winter.

Till next month, when we look forward to Father's Day, keep warm and enjoy the rain.



Village Rainfall

By: Cecil Fann



Rainfall this April has been unusually generous and well exceeds the average for the past twelve years. The reading for this month includes 21.5mm recorded between 26th to 31st March.

The table for the past year includes the reading for the same month in the prior year. This is purely for comparison and is not included in the total.

Dam levels across the country have further improved as a result of widespread rainfall. from 88% this time last year to 98% now. As usual, the current situation varies widely. from 116% for the Norther Cape to 59% for the Western Cape .

The Vaal Dam stands at 107.7% full, a further improvement of 4.7% since last month. This data is at 21 April 2025.

Water supply constraints in Gauteng remain, and are likely to remain an ongoing challenge.

For this and much more weather-related information visit the websites:

<https://www.afriwx.co.za/state-of-dams> or dws.gov.za or timeanddate.com

May daylight hours continue their increasing reduction, from 11h 06m on the 1st to 10h 36m on the 31st , a decrease of 30 minutes.

Rainfall by month for the past year	
Apr '24	91.5
May '24	25.0
Jun '24	3.0
Jul '24	0.0
Aug '24	0.0
Sep '24	1.0
Oct '24	28.0
Nov '24	57.5
Dec '24	71.0
Jan '25	173.0
Feb '25	193.5
Mar '25	154.5
Apr '25	151.8
Total	858.3

April rainfall over the years	
2013	123.0
2014	25.7
2015	46.7
2016	3.8
2017	116.4
2018	42.0
2019	108.9
2020	72.4
2021	28.1
2022	150.0
2023	48.0
2024	91.5
2025	151.8
Average	71.4

May 2025 Sunrise, Sunset, and Moon Phases			
1	06:31	17:37	
4	06:33	07:35	First Quarter
12	06:37	17:30	Full Moon
20	06:41	17:26	Last Quarter
27	06:45	17:24	New Moon
31	06:47	17:23	

Day Length
11:06
01:02
10:53
10:45
10:39
10:36



ResCom Funds

By: Cecil Fann



We are both delighted and grateful for the Waterhole's generous donation of R3 000 to ResCom funds. Many thanks and long may this activity continue to thrive.

An additional and welcome donation of R1 340. – the surplus generated from the Pub Quiz was made. This was split equally between ResCom funds and the Nature & Birding Group for their Owl Project.

Collections are underway for the 48th 100 Club draw. The cut-off date is 30th April and the draw is scheduled for 21st May.

As always transactions in the fund will be willingly clarified if required.
Should anyone like to see the report for December 2024, I will provide it separately.

SUMMARY OF TRANSACTIONS FOR MARCH 2025

	<u>INCOME</u>	<u>EXPENSES</u>	<u>BALANCE</u>
Funds on hand at 28/02/2025			36 110.29
48 th 100 Club Collections	400.00		
Pub Quiz Surplus Donation	1 340.00		
Waterhole Donation	3 000.00	3 000.00	
New Residents Welcome		822.25	
Waterhole Stock Purchase		4 200.00	
Bingo "Mystery Prizes"		72.00	
Catering Service Fee		839.50	
Bank Charges		114.00	
Bank Interest Received	5.72		
Funds on hand at 31/03/2025	4 745.72	9 047.75	31 808.26 *

Reserved Funds

Unutilised Lyn Huddy Memorial Fund	(114.90)
Unutilised Library Donation	(1 000.00)
Unutilised Library Functions Budget	(500.00)
Unutilised Hospitality Portfolio Budget	(2 000.00)
Unutilised 2024 Arbour Day Collections	(815.30)
Unutilised Nature & Birding Group Funds	(1 920.00)
2025 Staff Christmas Appeal	(1 000.00)
48 th 100 Club Prizes	(400.00)
49 th to 50 th 100 Club Prizes	(100.00)
Waterhole Loan Account funds held for future expenses	(4 789.38)
Bingo "Mystery Prizes" (Monthly Estimate)	(110.00)
Catering Service Fee (Monthly Estimate)	(598.00)
New Residents Welcome (Monthly Estimate)	(275.00)
TOTAL RESERVED FUNDS	(13 622.58)

Funds available after reserves	18 185.68
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Memo: Funds on hand made up as:

Bank accounts: Business Account	12 006.96	
Savings (Call) Account	1 325.70	13 332.66
Cash:		18 475.60
		31 808.26 *

Security

By: Dave Nesbitt



Know your rights at a Roadblock

There are two kinds of roadblocks in South Africa

The biggest difference between these two is “the police’s ability and right to search your vehicle and person”



Informal Roadblock

The officer is legally allowed to do the following:

- Request your driver’s licence and ID.
- Check for outstanding fines.
- Check the vehicle’s licence disk and ensure the car is roadworthy.
- If the officer requests to search the car, he/she must provide you with a copy of an official warrant stating the reason for the search.

Should an officer have reasonable grounds to perform a search without a warrant, and he/she can prove this in the court of law at a later stage, he/she may perform a search. A search can also be performed should the officer believe any delays would hamper a possible criminal investigation

Should the officer suspect the driver is driving under the influence, the following steps may be taken:

- The driver may be requested to exit the vehicle.
- A breathalyser test may be requested. Should the driver refuse, the police can legally detain the driver and have blood tests done at the nearest police station.

K78 Roadblock

The police can do the following by law:

- Search any vehicle or person without a warrant.
- Seize items from the vehicle or person should these be illegal or suspected to be linked to a crime.
- Should a police officer request to perform a body search, it is illegal for an officer of the opposite sex to search you.

You do not have to pay any traffic fines at a roadblock.

“Being pulled over in an unmarked car, anyone has reasonable cause for suspicion that there might be something illegitimate going on. It is exactly in that scenario that you should drive to your nearest police station and surrender yourself.”

Garden Carnival Talk

By: Judy Stuart



@ Cedar Square Builders Nursery - 9 April

Sue Stirton received an invitation to this event and was encouraged to bring guests. Sixteen Evergreeners attended. When they arrived, they were enthusiastically welcomed by the staff who sang and danced. Dr Cary Goodwin of Pebbles Plants was the speaker. She enthralled the group with her knowledge and passion for her subject.

She gave a two hour talk on feeding, placement and general taking care of plants. All were given lucky numbers and some of the group received gardening gifts. Once the talk was complete the staff returned to bid the group farewell with song and dance. This was followed by tea and coffee and wonderful snacks. All agreed it had been a informative and fun morning



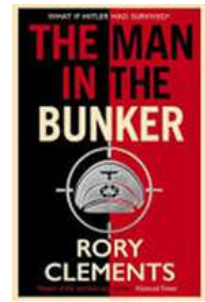
From the Library

By: Libby Baker



Rory Clements

Publ 2022



Rory Clements is a British author of historical fiction. He researches the known facts and weaves his stories around them, thus giving us a glimpse of the times and some possible explanations of what really might have happened.

He is best known for his John Shakespeare books, set in the Elizabethan era, and the Tom Wilde WWII thriller series. Clements has twice won the Crime Writers' Association Historical Dagger.

He lives in Norfolk in England, and is married to artist Naomi Clements-Wright.

Rory Clements

The Man in the Bunker

The war is over, Germany is in ruins, and Hitler is dead. Or is he?

That is the question that plagues the Allies. Hitler was supposed to have killed Eva Braun (his recently-wedded wife) and then shot himself.

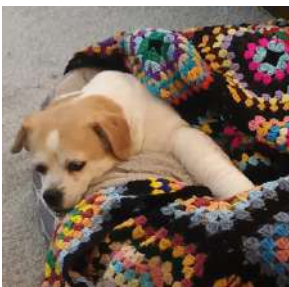
But there are doubts. Stalin, whose Russian troops captured the bunker, told President Truman that he believed Hitler wasn't dead. In fact, the Russians thought that Hitler was being held by the British in England.

So who was in the bunker who could verify the truth of what happened? This was the task presented to Tom Wilde, a Cambridge professor and spy.

We'll probably never know the true story for sure, but Clement's version follows the facts as far as they are known and he weaves a credible story around them.

It's a rollicking good read that could be true – but it's still fiction.

Highly recommended, fast-paced, well-written, a page-turner.



Spare a thought
for Bugsy
who tore a ligament
in his wrist



By: Libby Baker



BOOK MORNING QUIZ!

We all enjoyed the previous quiz, so let's have another!



Tuesday 27 May 2025

10.00am Coffee bar open

10.30am Quiz starts

Quiz questions will cover a wide range of subjects, including

- Geography
- History
- South Africa
- Sport
- Literature and music
- Animals and nature
- Science and medicine



ALL RESIDENTS WELCOME

Get your team together again or make a new one. We will assist in making up teams on the day if necessary. No registration or fees necessary.

NATURE AND BIRDING GROUP (N&BG)

There is no charge to join this group, anyone can come to the meetings.

Next meeting – Tuesday, 6 May 2025.

Mike Prior will give a presentation and talk on the Owl Rescue Centre and Zen Garden at Cedar Lakes that he initiated

“An owl is the wisest of all birds because the more it sees, the less it talks” – Christie Watson.

Our very own Mike Prior will give a talk on Tuesday, 6th May about an “Owl Release” project for rescued owls, that he initiated in 2017, while living in Cedar Lakes Estate. The project has continued since he moved to live in Evergreen. The talk will contain photographs showing various elements of the project culminating in a short video recording showing the arrival to release, of a batch of spotted eagle owls, earlier this year.



The Owl and Bat Box Project at Evergreen

Anyone wanting more information about this project, please drop me an email at mutchie@mweb.co.za and I can forward the information. The donations' box will be out for anyone wanting to contribute to this project

**Following the article last month on Feeding rescued birds
Should you come across an injured bird or animal, do not feed it rather phone**

Bryanston Avian, Exotic and Small Animal Clinic
99 Grosvenor Road, Bryanston
Telephone: 011-7061381; WhatsApp: 061-533-9950

Business Hours:

Sunday: 9am to 10am
Monday – Friday: 8am to 6pm
Saturday: 9am to 11:30am

Fourways Vet Hospital
Cnr Witkoppen Road and The Straight Avenue
Telephone: 011-7053411

Business Hours:

Open 24 hours a day
7 days a week

Look forward to seeing you all on Tuesday morning, 6th May

For more information on the Nature and Birding Group
please contact:

Heather Mutch on 1080: 083 789 7311



Village Fun Walk



Kiloran Townsend

On Sunday, 26 April, residents enjoyed a fun walk with their dogs. The event kicked off with sparkling wine and orange juice getting everyone ready for some exercise. It was followed by pap, boerewors/pork rolls, beer and best of all, ice cream making it a delightful afternoon for both the residents and their furry friends.



A heartfelt thank you goes to Ernie and Heather for taking on the enormous task of arranging the walk and ensuring it was such a wonderful success.

All the helpers:

Charles Carroll, Jim Allan, Graham Brickett, Norma Johnston, Grace Schuurman, Anne Hasulam, Sarah Knibbs, Jenny Boswell, Elske Fann & Penny Tsandelis.



Village Fun Walk



Recipe of the Month

By: Gail Wilson – Acacia 211



Lemon Bread

Ingredients

- 1.5 Cups Flour
- ½ Cup Milk
- 1 Cup Sugar
- 4 ozs Butter
- Zest of 1 Lemon
- 1 Full rounded teaspoon Baking Powder
- Pinch of Salt
- 2 Eggs

Topping

- ¼ Cup Sugar
- Juice of 1 Lemon



Method

- Beat butter and sugar together
- Add eggs
- Sift flour, baking powder and salt
- Add to mixture
- Mix well
- Add milk and mix
- Grease loaf tin and line with grease proof paper (also greased)
- Bake for 1 hour at 180 deg centigrade

When cool spoon topping of lemon juice and sugar over loaf of lemon bread

You can serve with thick cream

Save the Date

By: David Presbury



Sashni Munnisunker
will give a talk on
every thing about hearing
including good hearing for our
cognitive ability
Saturday, 14 June 2025

We have many new residents and by popular request we have invited Dr Bradley Wood, urologist, to come to talk again. He will obviously address men's issues, but we have asked him to talk about urinary tract infections which have become prevalent here. I am sure he will emphasise the importance of good hydration, particularly in the elderly.
Please book at reception.



Health Talk
Dr Bradley Wood



URINARY TRACT
Issues for the Elderly
Male & Female

Dr Bradley Wood will give a talk on "Urinary tract issues and infections" - 'male and female'



10:00 am refreshments and
talk to start at 10:30 am

URINARY TRACT INFECTION

SATURDAY, 10 MAY

Please book at reception

May Birthdays & Anniversaries

Birthdays

Ellen Blekie	1st
Alan Beattie	4th
Elsbeth Hallbauer	5th
Jennifer Bramley	7th
Valerie Hurrell	7th
Dieter Rohde	13th
Cedric Wood	14th
Royston Knowles	15th
Neville Willemse	17th
Carol Curtis	18th
Frances Kazantzias	18th
Winfried Frischbutter	20th
John Schulkins	20th
Steve Kessler	20th
Wally Davey	21st

Dave Wulfse	21st
Rosalin Messerschmidt	22nd
Jennifer Boswell	22nd
Marlies Bold	25th
Victoria Broad	26th
Colin Grenfell	27th
Merle Gush	30th
Jean Gray	30th

Anniversaries

Royston & Helen Knowles	5th
Robert & Anne Haselum	23rd
Bryan & Sharyn Breval	31st
John & Sheila Schulkins	31st

What's happening in May

What's
Happening
in



Mother's Day Lunch
11 May @ 12:30pm



Shuttle Bus
7. 14. 21 & 28
May @ 9am



Waterhole
Every Friday @ 5 pm



Social Dinner
every Wednesday
evening @ 6 pm



Pétangue
Thursdays @ 3 pm &
Saturdays @ 3 pm















Fish & Chips
Every Friday
@ 12:30 pm



Movie Night
1. 8. 15. 22 & 29
Sundays
4. 11. 18 & 25
May @ 6:30 pm
Titles to be announce
by Wilma

May Calendar



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1 WORKERS' DAY -PUBLIC HOLIDAY Bistro closed 8am Therapeutic Exercise Class 10am Art Class 10am Visual music #81 2pm Rummikub 3pm Pétanque 6pm Movie Night	2 12:30pm Fish and Chips 5pm Waterhole	3 3pm Pétanque	4 6pm Movie Night: 
5 9am Water Aerobics 1 9:45am Water Aerobics 2 10am Knit & Natter 10:30 Canasta 1pm Bridge 4pm Men's Pool 5pm Waterhole	6 9am Therapeutic Exercise Class 10am Nature & Birding Club 2pm Rummikub 2pm Scrabble 2:30pm Craft Class 5pm Ladies Pool 5pm Waterhole	7 8am Lower back group class 9am Broadacres Shopping Centre  shuttle 10:15am Special Wednesday Group Class 11:15am Hip and Knee Group Class 6pm Social Dinner	8 8am Therapeutic Exercise Class 10am Art Class 10am Visual music #81 2pm Rummikub 3pm Pétanque 6:00pm Movie Night 	9 10am Visual music#81 12:30pm Fish and Chips 5pm Waterhole	10 10am Bradley Wood Health Talk – Urinary tract issues (Male & Female) 3pm Pétanque	11 12:30pm Mothers' Day Lunch 6pm Movie Night: 
12 9am Water Aerobics 1 9:45am Water Aerobics 2 10am Knit & Natter 10:30 Canasta 1pm Bridge 4pm Men's Pool 5pm Waterhole	13 9am Therapeutic Exercise Class 2pm Rummikub 2pm Scrabble 5pm Ladies Pool 5pm Waterhole	14 8am Lower back group class 9am Lonehill Shopping Centre  shuttle 10:15am Special Wednesday Group Class 11:15am Hip and Knee Group Class 2:30pm Christian Fellowship Group 6pm Social Dinner	15 8am Therapeutic Exercise Class 10am Visual music #81 10am Art Class 2pm Rummikub 3pm Pétanque 6:00pm Movie Night 	16 12:30pm Fish and Chips 2:30pm BINGO 5pm Waterhole	17 3pm Pétanque	18 6pm Movie Night 
19 9am Water Aerobics 1 9:45am Water Aerobics 2 10am Knit & Natter 10:30 Canasta 1pm Bridge 4pm Men's Pool 5pm Waterhole	20 9am Therapeutic Exercise Class 2pm Rummikub 2pm Scrabble 2:30pm Craft Class 5pm Ladies Pool 5pm Waterhole	21 8am Lower back group class 9am Chartwell Shopping Centre  shuttle 10:15am Special Wednesday Group Class 11:15am Hip and Knee Group Class 6pm Social Dinner & 100+ Club draw	22 8am Therapeutic Exercise Class 10am Art Class 2pm Rummikub 3pm Pétanque 6:00pm Movie Night 	23 12:30pm Fish and Chips 5pm Waterhole	24 3pm Pétanque	25 6pm Movie Night 
26 9am Water Aerobics 1 9:45am Water Aerobics 2 10am Knit & Natter 10:30 Canasta 1pm Bridge 4pm Men's Pool 5pm Waterhole	27 9am Therapeutic Exercise Class 10am Book morning quiz 2pm Rummikub 2pm Scrabble 5pm Ladies Pool 5pm Waterhole	28 8am Lower back group class 9am Dainfern Shopping Centre  shuttle 11:15am Hip and knee group 6pm Social Dinner	29 8am Therapeutic Exercise Class 10am Art Class 2pm Rummikub 3pm Pétanque 6:00pm Movie Night 	30 12:30pm Fish and Chips 5pm Waterhole	31 3pm Pétanque	

Menu



MAY 2025 - LUNCH MENUS

Resident Name: _____

Unit Number: _____

Please indicate your meal choices by writing the number of meals in the block next to the meal and indicating if you are choosing sit down, collect, or have your meal delivered. Also please indicate the number of meals.

	Week 1			week 2			week 3			week 4			week 5		
MONDAY			sit down collection Delivery	05-May R75,00	Beef Bolognaise – served with spaghetti, grilled zucchini, and a separate tomato & red onion salad	sit down collection Delivery	12-May R75,00	Beef Stew with Red Wine – served with creamy polenta, roasted root vegetables, and a mixed leaf salad	sit down collection Delivery	19-May R75,00	Pork and Mushroom Stroganoff – served with baked potatoes, sautéed green beans, and a side of fresh mixed greens	sit down collection Delivery	26-May R75,00	Beef Liver & Onions – served with potato & maize mash, spicy tomato relish and seasonal vegetables	sit down collection Delivery
TUESDAY			sit down collect Delivery	06-May R75,00	Herb-Crusted Chicken – served with mashed potatoes, sautéed greens, and a side of leafy greens	sit down collection Delivery	13-May R75,00	Roast Pork Loin with Herb Roasted Potatoes, Roasted Carrots, Creamed Spinach, and Apple Gravy	sit down collection Delivery	20-May R75,00	Beef Lasagna with Garlic Bread, Caesar Salad, and Marinara Sauce	sit down collection Delivery	27-May R75,00	Pork Meatballs in Tomato Sauce – served with spaghetti, grilled baby marrows, and a fresh basil & tomato salad	sit down collection Delivery
WEDNESDAY			sit down collect Delivery	07-May R75,00	Grilled Pork Chops – served with roasted sweet potato, steamed broccoli, and a fresh garden salad	sit down collect Delivery	14-May R75,00	Beef & Mushroom Pie – served with roast veg medley & rich gravy	sit down collect Delivery	21-May R75,00	Chicken & Mushroom Pie – served with sweet potatoes, steamed peas, and a side of sweetcorn, feta salad	sit down collect Delivery	28-May R75,00	Honey Soy Chicken Thighs – served with jasmine rice, roasted sweet potatoes & peas, and a side of leafy greens	sit down collection Delivery
THURSDAY	01-May R75,00	BISTRO CLOSED	sit down collect Delivery	08-May R75,00	Chicken Stir-fry – served with noodles, sautéed vegetables, and a side of sesame slaw	sit down collect Delivery	15-May R75,00	Chicken Alfredo – served with pasta, roasted carrots, and a fresh green salad	sit down collect Delivery	22-May R75,00	Beef Curry with Coconut Milk – served with fragrant rice, roasted pumpkin, and a separate cucumber & mint raita	sit down collect Delivery	29-May R75,00	Beef Lasagna with Garlic Bread, Caesar Salad, and Marinara Sauce	sit down collection Delivery
FRIDAY	02-May R98,00	Grilled or deep-fried Hake with chips or baked potato, tartar sauce, waldorf salad, mushy peas	sit down collect Delivery	09-May R98,00	Grilled or deep-fried Hake with chips or baked potato, tartar sauce, waldorf salad and garden salad	sit down collect Delivery	16-May R98,00	Grilled or deep-fried Hake with chips or baked potato, tartar sauce, beetroot & orange and garden salad	sit down collect Delivery	23-May R98,00	Grilled or deep-fried Hake with chips or baked potato, tartar sauce, coleslaw and garden salad	sit down collect Delivery	30-May R98,00	Grilled or deep-fried Hake with chips or baked potato, tartar sauce, pea and sweet corn salad and garden salad	sit down collection Delivery

Terms and Conditions

Delivery meals will be charged an additional R12.00 for packaging.

Collection with own plates or can be done but plates need to be handed in at the Bistro at 10:00 and be clearly marked with unit number.

Social Dinner



	Starter on the tables	Main Course Option 1	Main Course Option 2	Dessert
Wednesday 07 May 2025	Hearty vegetable soup with parsley cream & croutons	Sweet and sour crispy pork with stir-fried noodles, with stir fried vegetables R95.00	Spicy peri-peri roast chicken served with fragrant vegetable rice, buttered sweetcorn, roasted seasonal vegetables, and a trio of sambals (raita, salsa, pickled onions). R85.00	Crème caramel, toffee, fresh fruit R55.00
Wednesday 14 May 2025	Tomato and basil soup with crispy basil and cream and croutons	Beef stroganoff with creamy mash, roasted butternut & broccoli bake & savoury rice – R95.00	Chicken and orange chicken casserole, parsley baby potatoes, broccoli bake & roasted butternut R85.00	Fruit Salad topped with orange mousse, roasted white chocolate crumble R45.00
Wednesday – 21 May 2025	Cauliflower & Blue cheese soup, butter croute	Braised Oxtail with pearly onions, butter beans, glazed carrots and green beans with sauteed potatoes – R145.00	Herb-Infused Grilled Chicken with Garlic and Lemon, served with roasted root vegetables, creamy mashed potatoes, and a rich, Savory gravy. R85.00	Chocolate fudge pudding with vanilla & cinnamon sauce R55.00
Wednesday 28 May 2025	Potato and leek soup with crispy leeks, cream	Roasted pork neck, gravy, apple sauce, seasonal buttered vegetable & creamed spinach Potato gratin R90	Chicken parmesan with tomato basil sauce, roasted vegetables, buttered tagliatelle R85	Malva pudding with cream custard R55.00

Mother's Day Lunch

Mother's Day Menu

Starter

Creamy butternut & thyme soup served with toasted seed bread and whipped herb butter

DIY Salad Station

Garden greens, cherry tomatoes & cucumbers

Feta, olives, pickled onions & boiled eggs

Croutons, grilled corn & seeds

Dressings: Balsamic vinaigrette, creamy herb & lemon & olive oil

Mains

Slow roasted pork shoulder with mustard & sage jus

Lemon & herb roast chicken with garlic butter glaze

Vegetable Option: Vegetable lasagna

Vegetables

Honey glazed carrots with orange zest

Roasted mediterranean vegetables

Desserts - Ice Cream Station

Toppings: Crushed Oreos, Smarties, sprinkles, caramel sauce & nuts

Classic Malva pudding with custard sauce

Mini lemon meringue tartlets

Chocolate truffle bites

Mini baked cheesecake topped with roasted white chocolate crust

Fresh fruit salad with mint & citrus drizzle

Public Profile

Sunday, May 11, 2025

12h30

Residents R185 | Visitors R200 | Kids R140

Happy Mother's Day

