

# WHAT'S HAPPENING

NEXT WEEK 10 - 16 MARCH 2025

## Jozi Silent Book Club

**The Jozi Silent Book Club provides the perfect opportunity for book lovers to escape the hustle and bustle of the city and take a moment to read.**

**Silent Book Club members arrive at the Botanical Gardens and have until 10.30am to get settled. Then, they have an hour of solitary reading until 11.30am, after which they can chat with other club members or simply continue reading.**

**There are no restrictions on what type of book attendees can bring with them to read, whether it be a novel, a textbook, a play script, a newspaper, a magazine, comic book, or even an audiobook.**

**Interested members must RSVP via a Google Form for each gathering.**

**Date: Every second and last Sunday of the month**

**Time: 10am to 12pm**

**Price: Free**

**Book now**

"If you don't  
have wrinkles,  
you haven't  
laughed  
enough"

\_ Phyllis  
Diller

# Weekly PLANNER

**MON:**  
**10 March**

**9h00**  
Water  
Aerobics 1

**9h45**  
Water  
Aerobics 2

**10h00**  
Knit & Natter  
**10h30**  
Canasta  


**13h00**  
Bridge  
**14h00**  
Bible Study

**16h00**  
Men's  
Snooker  


**17:00**  
Waterhole

**TUE:**  
**11 March**

**9h00**  
Therapeutic  
exercise

**14h00**  
Rummikub

**14h00**  
Scrabble  


**14h30**  
Craft Class

**17h00**  
Ladies pool

**17:00**  
Waterhole

**WED:**  
**12 March**

**8h15**  
Lower back  
group class

**9h00**  
Lonehill  
Shopping  
Centre  


**9h15**  
Walking group  
class

**11h15**  
Hip & knee  
group

**14h30**  
Christian  
Fellowship

**18h00**  
Social Dinner

**THU:**  
**13 March**


**09h00**  
Therapeutic  
exercise  
class

**10h00**  
Art Class  


**10h00**  
Visual Music  
#81

**14h00**  
Rummikub  
&  
Bridge

**15h00**  
Pétanque

**18:30**  
Movie Night:  
The boy in  
the striped  
pajamas  


**FRI:**  
**14 March**

**9h30**  
Line  
dancing

**10h00**  
Visual  
Music #81

**10h30**  
Biokinetics  
- How to  
prevent  
falling

**12h30**  



**14:30**  
Bingo

**17h00**  
Waterhole

**SAT:**  
**15 March**

**15h00**  
Pétanque

**SUN:**  
**16 March**

**18:00**  
Movie  
Night:  
The sound  
of music  




# Bistro

**LUNCHES**  
**10 - 16 MARCH 2025**

## Monday

Greek chicken pita bread with hummus, grilled lettuce, tomatoes, red onion & olives, served with twice baked potatoes with sour cream - R75

## Tuesday

Beef lasagna with a niçoise salad, made with baby Potatoes, fine beans, lettuce, tomato & olives - R75

## Wednesday

Honey mustard grilled pork, garlic sauce with cous-cous salad & served with grilled basil pesto zucchini - R75

## Thursday

Chicken piccata in a lemon & caper butter sauce, buttered tagliatelle with stuffed gem squash - R75

## Friday

Grilled or deep-fried Hake with chips or baked potato, tartar sauce, Waldorf salad and a garden salad - R98

## Friday - SPECIAL:

Cape Malay Seafood Bunny chow with tomato & red onion salsa - R120

## Saturday

A la Carte Menu available

## Sunday

Bistro closed

BOOK WITH BISTRO BY 16:00 PRIOR DAY ON EXT 1209

10 - 16 MARCH 2025





# Bistro

WEDNESDAY SOCIAL DINNER  
12 MARCH 2025

## Starter

Tomato and basil soup with crispy basil, cream & garlic croutons

## Mains

Braised Oxtail, butter beans, glazed carrots & green beans  
with creamy polenta - R200

OR

Chicken and orange casserole with parsley baby potatoes,  
broccoli bake & roasted butternut - R95

## Dessert

Coffee Crème Brulée & chocolate ice-cream - R55

BOOK BY 17:00 ON THE 10TH OF MARCH WITH TSHWANELO ON EXT 1200

10 - 16 MARCH 2025





# LET'S CELEBRATE!

*Count your age by friends, not years.*

*Count your life by smiles, not tears. — John Lennon*



## BIRTHDAYS

11th Charmaine Hall  
13th David Campbell  
13th Esme Paul  
15th Judy Stowell  
16th Ann Willsher

## ANNIVERSARIES





# **SHOPPING SHUTTLE**

## **WEDNESDAY 12 MARCH 2025**



**The bus will pick you up at 09:00 from the Village.  
Driver will wait till 11:30 to bring you back to the Village.**

## **Lonehill shopping centre**

**Cost: R50.00 per person per trip.  
This will be charged to your levy account.  
No cash / No shows will be charged**

**Please book your seat with Tshwanelo at Reception  
on EXT 1200 by Monday at 17:00**



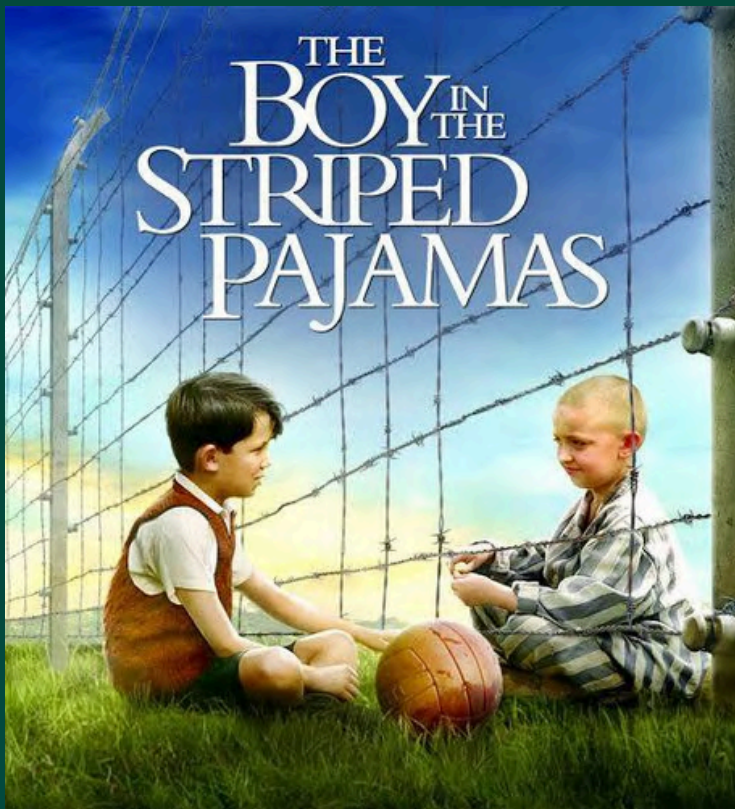


# Thursday & Sunday Movie Night

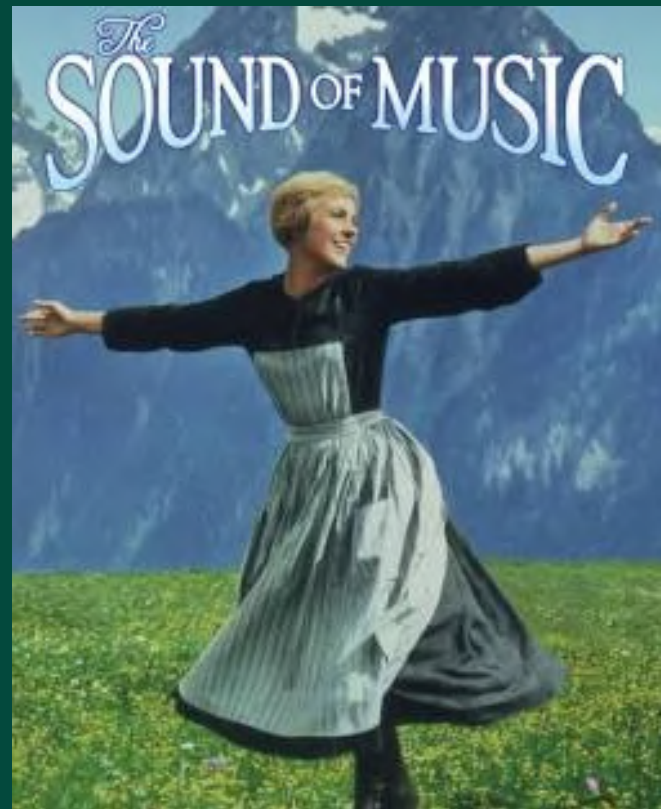


**13 MARCH 2025**

**16 MARCH 2025**



Bruno, the son of a Nazi commander, meets Shmuel, a Jewish boy living in a concentration camp. Later, both the children become friends while being oblivious to the reality of the situation.



Maria, an aspiring nun, is sent as a governess to take care of seven motherless children. Soon her jovial and loving nature tames their hearts and the children become fond of her.



**Come learn how to play Canasta.  
We get together on Mondays at  
10:30**

**We have 5 experienced players who  
will teach you the rules.**

**The more players the more fun.**





**CROSSMAN**  
Biokineticist



**EVERGREEN**  
lifestyle

# ARE YOU SCARED OF FALLING



**IF YOUR ANSWER TO THE ABOVE  
QUESTION IS YES, THE FOLLOWING  
WORKSHOP IS FOR YOU.**

**JOIN US ON FRIDAY THE 14TH OF  
MARCH AT 10H30 - 11H30 IN THE  
LIFESTYLE CENTRE (MOVIE VIEWING  
AREA) TO LEARN HOW YOU CAN  
STRENGTHEN UP TO PREVENT FALLING**

**FEEL FREE TO CONTACT US FOR MORE INFORMATION.**



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