

NEWSLETTER

Evergreen Broadacres January 2025

Editor: Edna Grenfell - email: ednagrenfell@gmail.com



*From The Village Manager
Wilma Swart*



February is here and we are moving into the month of love!

We had an interesting January in which we had to show some "Love" to the dam wall. The hole is now repaired, and we can fill the dam and hopefully have our lovely water lilies back.

February is jam packed and will include a Valentine's Dinner Dance on 19 February 2025 with a last performance of Ruby Tuesday. The band is retiring but we managed to secure them for one last bash. So, diarise the date and get your dancing shoes on.

We have a nature and birding group talk on 4 February to learn more about the Owl Project in Soweto. Our owl box will be serviced in February, when all old nesting is emptied and replaced with new material and gravel. It will be re varnished and treated to repel bees. Hopefully this will make it more comfortable for the owls allowing a breeding pair to move in.

On 13 February 2025 Marlie the Biokineticist will give a talk on how to get up off the floor should one fall. This is an important talk to attend, as getting up incorrectly can cause more injuries.

In addition, we have an informative talk on 'Power of Attorney' by a Representative from Alexander Forbes. He will explain the legalities around powers of attorney.

The 28 February is our financial year end. This is the busiest time of the year for us.

Till next month - stay loved!

'The purpose of art is washing the dust of daily life off our souls.'
Pablo Picasso

In this Issue

- Security
- From the library
- N & BG
- Pets Corner
- What's happening in February

And much more in between

Village Rainfall

Message from Cecil Fann



My computer is on the blink, and unfortunately, I've run into some technical issues which has prevented me from producing my reports. My computer guy is currently working on the recovery of my data files. I will make it up to you in the February newsletter by providing both January and February statistics. Thank you for understanding!



See you in February!



HOW TO USE A FIRE BLANKET



Security



Dave Nesbitt

What is a Fire Blanket?

A fire blanket is a sheet of woven, fire-resistant material, typically made from fibreglass or treated wool, that is used to smother a fire. By covering a fire with the blanket, it cuts off the oxygen supply, effectively extinguishing the flames. These blankets are stored in quick-release containers or pouches, ensuring easy access during emergencies.

Fire blankets can withstand high temperatures, often up to 650°C to 900°C, making them suitable for small, high-risk fires such as those involving cooking oils and clothing fires.

Understanding the Fire Triangle: Breaking the Chain

To understand how a fire blanket extinguishes flames, it's important to know about the fire triangle. The three elements needed for a fire are:

- Heat
- Fuel
- Oxygen

Step-by-Step Process: How a Fire Blanket Works

A fire blanket works by cutting off the oxygen supply to a fire, effectively smothering the flames. It's heat-resistant material ensures safe handling while containing small, contained fires. Below is a detailed explanation of how fire blankets function to stop fires and protect people in emergencies.

Smothering the Flames:

When the blanket is laid over the fire, it blocks airflow, preventing oxygen from reaching the flames. This action causes the fire to suffocate and go out.

Heat Resistance and Insulation:

Safe Handling with Insulated Hands:

When properly used, the blanket's edges are folded over the user's hands to shield them from heat while they approach the fire. This allows them to safely place the blanket over the fire without getting burned.

Preventing Reignition:

After the fire is smothered, the blanket remains in place to allow the heat to dissipate. Leaving the blanket on the fire for 15-30 minutes ensures that no residual heat or embers reignite the flames.

From the Library

Book Reviews

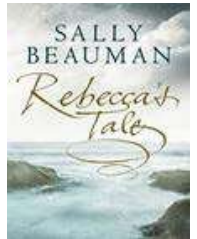


Sally Beauman

submitted by Libby



Published 2001 – in our Library 771



Sally Beauman

Sally Beauman was a British journalist and romance novelist. Born in Devon, she studied English literature at Cambridge and wrote for various influential magazines and newspapers.

Her first novel, the steamy "Destiny" (1987) drew an advance of more than 1 million dollars, a record amount in those days for an as yet unknown author.

Sally turned to fiction writing in order to spend more time with her son. Reflecting on her career, she once acknowledged that she'd probably never truly be accepted in the literary world. *"The two inexcusable things were that I was paid a great deal of money and wrote a book that was sexually explicit."* she said *"Both were unforgivable."*

Sally Beauman died in 2016 at the age of 71 from pneumonia.

Rebecca's Tale

Sally Beauman

Rebecca's Tale is a sequel to the Daphne du Maurier novel Rebecca, which was a classic gothic psychological thriller about a young woman who becomes obsessed with her husband's first wife. The novel, Rebecca, demonstrates that the influence of some people over events can continue even after they have died – which was the case in this original novel, as Rebecca, the central character, was already deceased at the beginning of the story.

Sally Beauman's novel, Rebecca's Tale, is set about two decades after the death of the ravishingly beautiful yet evil Rebecca de Winter and follows the attempts of the magistrate Colonel Julyan to uncover the truth behind her enigmatic life and death, with the help of his daughter Ellie and a mysterious young scholar.



From the Library



Book Morning Reviews

18 February 2025



submitted by Libby



Residents will be reviewing books they've enjoyed
and hope you may do so too.

Join us for the morning and let us introduce you to
some new authors
maybe old favourites as well

All welcome
Coffee bar open at 10am.
We start at 10.30am





From the Library



News from your Library

First library meeting of 2025

Book Reviews



submitted by Libby



There have been several requests for Book Reviews so this will be our first meeting of the year. But we do need people to review the books, so here's **calling for those who'd be willing to give a short review of about 10 - 15 minutes.**

Please let me know **[Libby 1002]**, we'd love to hear about the books you have been enjoying – both from our library or elsewhere.

Non-Fiction Books

Volunteer needed to look after the non-fiction section of the Library. This would require some computer and cataloguing work and re-shelving of books

Please contact Libby [1002] if interested



NATURE AND BIRDING GROUP (N&BG)

There is no charge to join the group, anyone can come to the meetings.

Next meeting - Tuesday, 4th February we meet again. Sara Orchardson from Eco Solutions will do a presentation on the work that they are doing in Soweto with owls.

Note: Refreshments served at 10am and talk/presentation at 10.30am



FROG AND TERRAPIN

21st January 2025, 5:20 pm

While walking past the smaller dam, clear water offered an opportunity to study underwater weeds using binoculars.

I Observed a large platanna frog struggling beneath what initially appeared to be a flat rock but soon identified as a large terrapin.

Over fifteen minutes, there was a notable interaction between the terrapin and the frog, with the former periodically surfacing for air while dismembering and consuming the frog.

The observation highlighted the dynamic nature of the estate's environment

Photos from
Google



Terrapin



Fresh Water Frog

Alex Niven (17)

Could this be Friday? I would like to add how delighted I am to hear of Alex's sighting. We arrived at Evergreen in October 2012. I am not quite sure of the date but early in 2014 Ernie and I went for a walk out the village and around the block, starting up Frederick Road. There in the road was a squashed little terrapin, I was really sad to see this. The next day when we walked, in almost the same place, we spotted another terrapin this time walking up the road. Not wanting it to be left to the fate of the previous terrapin, I picked it up and carried it around while finishing off our walk. I couldn't find anyone from the then Eco group at home. The late Colin Turner was in his garden. I showed him the terrapin and asked whether he thought I could put it into the lower dam. It was agreed and we all went to the dam, placing the terrapin in the dam and Colin named it Friday, the day we found it. Sadly, it disappeared before our eyes, never to be seen again. I wonder if this wonderful sighting of a terrapin isn't Friday.

**For more information on the Nature and Birding Group
please contact:**

**Heather Mutch on 1080; 083 789 7311
or Lisa Nuttall on 11020; 071 007 4658**

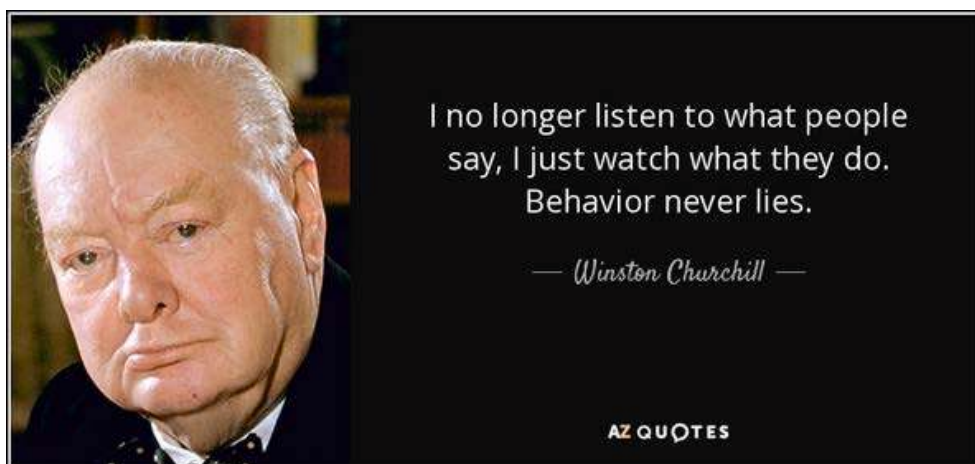
Heather and Lisa



30 November 1874 – 24 January 1965

Today we may say aloud before an awe-struck world: 'We are still masters of our fate. We are still captain of our souls'

Winston Churchill, one of the most iconic leaders in modern history, passed away on **24 January 1965**, at the age of 90. Renowned for his indomitable spirit and leadership during World War II, Churchill served as the Prime Minister of the United Kingdom during the nation's darkest hours, guiding it to victory with his stirring speeches and unwavering resolve. Beyond politics, Churchill was a celebrated historian, writer, and artist, earning the Nobel Prize in Literature in 1953. His death marked the end of an era, and he was honored with a state funeral attended by dignitaries from around the world, a testament to his enduring influence on global history.



"Never give in—never, never, never, never, in nothing great or small, large or petty, never give in except to convictions of honour and good sense. Never yield to force; never yield to the apparently overwhelming might of the enemy."

https://azquotes.com/author/2886-Winston_Churchill



80 years since the liberation of Auschwitz-Birkenau.

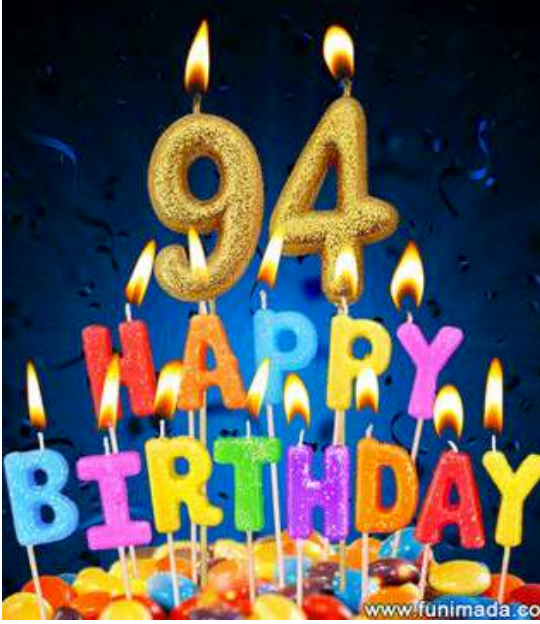
On January 27, 1945, soldiers of the Soviet Red Army arrived at the gates of Auschwitz, uncovering one of the darkest chapters of human history. The liberation of this site revealed the depths of human cruelty and the resilience of those who endured unimaginable suffering.

As we reflect on this solemn anniversary, we honour the survivors who have borne witness to the atrocities they endured. Their courage in recounting their stories has been essential in educating generations about the Holocaust, ensuring that such horrors are never forgotten. Many survivors have shared testimonies of pain, loss, and resilience, emphasizing the importance of remembrance as a tool to combat hatred and prevent future atrocities.

This anniversary is not only a time to remember the victims and honour the survivors but also a call to action. Anti-Semitism, racism, and xenophobia persist in various forms around the world. The lessons of Auschwitz remind us that silence in the face of injustice enables the growth of hate. Our collective responsibility is to stand against discrimination, uphold human rights, and foster understanding and compassion in our communities.

The commemoration of 80 years since the liberation of Auschwitz serves as a powerful reminder of the fragility of democracy and the importance of vigilance against forces that seek to divide and oppress. It underscores the need for education about the Holocaust and the broader history of genocide so that future generations can recognize the warning signs and work to prevent such horrors from recurring.

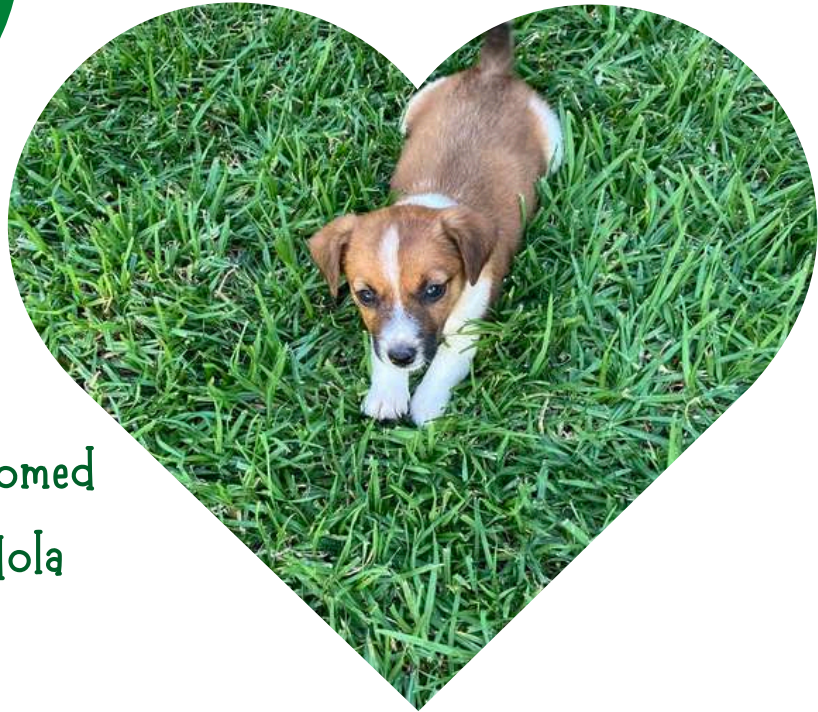




Happy 94th birthday to
Wally Stewart from Acacia



Welcome sweet Nola



Chris & Linda Brennan welcomed
a new Jack Russel puppy, Nola

Welcome to Evergreen Village, little one! 🌿🐶 Your boundless energy and playful spirit are sure to bring joy to everyone you meet. May your days be filled with exciting adventures, belly rubs, and endless tail wags.
Welcome home, sweet Nola! 💚✨



When the world
around me is going
crazy and I am losing
faith in humanity...

I just have to take
one look at my
Jack Russell and I
know

"good still exists"

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What's
Happening
in



Sunday Lunch
9 February
12:30 pm

Nature & Birding Group
4 February @ 10:00 am
Talk on Owls in Soweto



Shuttle Bus
5. 12.19 & 26
February @ 9am



Bible Study
3. 10. 17 & 24
February @ 2 pm
in the
Arts & Craft Room



Pétangue
Thursdays @ 3 pm &
Saturdays @ 3 pm



Biokinetics Talk
Falling & getting up on your own
13 February @ 8:30 am



Valentine's Dinner
Wednesday 19 February
@ 6 pm with
Ruby Tuesday



&
100 Club Draw




Movie Night
6. 13. 20 & 27
Sundays
2. 9. 16. & 23
February @ 6:30 pm
Titles to be announce
by Wilma

Birthdays & Anniversaries February 2025

Stewart Phillips

6th

Jane MacConachie

7th

Barbara Black

12th

Philippe d'Abbadie

12th

Charles Clarkson

13th

Heather Allan

15th

Laurance Squair

15th

Val Hutton-Wilson

18th

Peter Levor

18th

David Presbury

18th

Bev Jackson

20th

Milly Haestier

21st

Maria Straulino

21st

Hans van Wijk

24th

Henning Brandt

25th

Atholie Preacher

26th



Anniversaries

Harold & Barbara Black

3rd

Basil & Marlies Bold

5th

Patrick & Patricia Hansen

14th

John & Cecilia McEwan

25th

Charles & Irene Carroll

26th



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1 3pm Pétanque	2 Movie Night Missing you Episode 1 & 2
3 9am Water Aerobics 1 9:45am Water Aerobics 2 10am Knit & Natter 1pm Bridge 2pm Bible Study – in the art's & Craft room 4pm Men's Pool / Snooker 5pm Waterhole	4 9am Therapeutic Exercise Class 10am Nature and Birding group – Talk on Owls in Soweto 2pm Rummikub 2pm Scrabble 4pm Ladies Pool 5pm Waterhole	5 8:15am Lower back group class 9am Broadacres Shopping Centre shuttle 9:15am Walking group class 11:15am Hip and knee group 2:00pm Canasta 6pm Social Dinner	6 10am Art Class 10am Visual music #81 2pm Bridge 2pm Rummikub 3pm Pétanque 6:30pm Movie Night: Back in Action 	7 9:30am Line Dancing 12:30pm Fish and Chips 5pm Waterhole	8 3pm Pétanque	9 12:30 Sunday lunch Movie Night: Missing you Episode 3 & 4
10 9am Water Aerobics 1 9:45am Water Aerobics 2 10am Knit & Natter 1pm Bridge 2pm Bible Study (Art Room) 4pm Men's Pool / Snooker 5pm Waterhole	11 9am Therapeutic Exercise Class 2pm Rummikub 2pm Scrabble 2:30pm Craft Class 4pm Ladies Pool 5pm Waterhole	12 8:15am Lower back group class 9am Lonehill Shopping Centre shuttle 9:15am Walking group class 11:15am Hip and knee group 02:00pm Canasta 02:30pm Christian fellowship 6pm Social Dinner	13 8:30 Biokinetics talk – Falling and getting up on your own. 9am Therapeutic Exercise Class 10am Visual music #81 10am Art Class 2pm Bridge 2pm Rummikub 3pm Pétanque 6:30pm Movie Night Meet Joe Black	14 9:30am Line Dancing 10am Visual music #81 12:30pm Fish and Chips 5pm Waterhole 	15 3pm Pétanque	16 Movie Night Forgotten Love
17 9am Water Aerobics 1 9am House of Sheba Clothing 9:45am Water Aerobics 2 10am Knit & Natter 1pm Bridge 2pm Bible Study in the Art and craft Room 4pm Men's Pool / Snooker 5pm Waterhole	18 9am Therapeutic Exercise Class 10am Book morning / book reviews 2pm Rummikub 2pm Scrabble 4pm Ladies Pool 5pm Waterhole	19 8:15am Lower back group class 9am Chartwell Shopping Centre shuttle 9:15am Walking group class 11:15am Hip and knee group 02:00pm Canasta 6pm Valentine's Dinner & 100 club draw Ruby Tuesday Band – live entertainment	20 9am Therapeutic Exercise Class 10am Art Class 10am Visual music #81 2pm Bridge 2pm Rummikub 3pm Pétanque 6:30pm Movie Night Mrs Harris goes to Paris 	21 9:30am Line Dancing 12:30pm Fish and Chips 2:30 BINGO 5pm Waterhole	22 3pm Pétanque	23 Movie Night The bone collector
24 9am Water Aerobics 1 9:45am Water Aerobics 2 10am Knit & Natter 1pm Bridge 2pm Bible Study in the Art and craft room 4pm Men's Pool/Snooker 5pm Waterhole	25 9am Therapeutic Exercise Class 2pm Rummikub 2pm Scrabble 2:30pm Craft Class 4pm Ladies Pool 5pm Waterhole	26 8:15am Lower back group class 9am Dainfern Shopping Centre shuttle 9:15am Walking group class 11:15am Hip and knee group 02:00pm Canasta 6pm Social Dinner	27 9am Therapeutic Exercise Class 10am Art Class 10am Power of Attorney talk 10am Power of Attorney talk 2pm Bridge 2pm Rummikub 2:30pm New Resident welcome tea 3pm Pétanque 6:30pm Movie Night The mountain between us	28 9:30am Line Dancing 12:30pm Fish and Chips 5pm Waterhole		



FEBRUARY 2025 - LUNCH MENUS

Resident Name: _____

Unit Number: _____

Please indicate your meal choices by writing the number of meals in the block next to the meal and indicating if you are choosing sit down, collect, or have your meal delivered. Also please indicate the number of meals.

	Week 1			week 2			week 3			week 4		
MONDAY	03-Feb	Marinated chicken wrap with rosemary roasted new potato served with a ceaser salad	sit down	10-Feb	Greek Chicken stuffed into pita bread with citrus mayo ,grilled lettuce, tomatoes, red onion, and olives in pita bread. Served with roasted lemon potatoes	sit down	17-Feb	Cuban pork sandwich with pickles, grilled zucchini, crispy potato skins served with Tabbouleh (bulgur wheat, parsley, tomato, and lemon dressing)	sit down	24-Feb	Braised beef short ribs, creamy mashed potato, sautéed green beans with sauted mushrooms	sit down
			collect			collect			collect			collect
			Deliver			Delivery			Delivery			Delivery
TUESDAY	04-Jan	Grilled Beef, roast potatoes , maple baked pumpkin on labneh (yoghurt, garlic, lemon juice) with a Greek salad	sit down	11-Feb	Roast beef slices, baked potato , braised green beans with tomato , served with beetroot, orange & rocket salad	sit down	18-Feb	Alfredo Pasta topped with parmesan cheese. Served with caprese skewers , drizzled with basil pesto	sit down	25-Feb	Pressed Pork belly with grilled broccoli, parsley& garlic crushed baby potato served with carrot & orange salad	sit down
			collect			collect			collect			collect
			Deliver			Delivery			Delivery			Delivery
WEDNESDAY	05-Feb	Roasted Pork neck with quick pickled watermelon , fresh tomato salad , served with mixed herb potatoes & medley of vegetables.	sit down	12-Feb	Honey glazed pork fillet with herbed vegetables, with pineapple & red onion salsa , served with glazed potato	sit down	19-Feb	Tandoori - style chicken with herbed warm garlic wrap, roasted peppers & baby marrow served with a chick pea & roasted corn, coriander salad	sit down	26-Feb	Ox liver, sautéed potato, seasonal vegetables , served with red wine & rosemary sauce	sit down
			collect			collect			collect			collect
			Deliver			Delivery			Delivery			Delivery
THURSDAY	06-Feb	Bacon, leek, feta & butternut quiche with lemon dressed greens & herb crusted new potatoes with a tangy salad	sit down	13-Feb	Sticky chicken thighs,warm potato salad, grilled green beans & red onions, with a mixed green salad with balsamic strawberries	sit down	20-Feb	Beef kebabs with chimichurri, lemon & thyme potatoes, cauliflower bake served with a yoghurt, cucumber & mint salad	sit down	27-Feb	Chicken schnitzel with mornay sauce, creamy potato , buttered peas & butternut , served with garden salad	sit down
			collect			collect			collect			collect
			Deliver			Delivery			Delivery			Delivery
FRIDAY	07-Feb	Grilled or deep fried Hake with chips or baked potato, tartar sauce, butternut & feta salad	sit down	14-Feb	Grilled or deep-fried Hake with chips or baked potato, tartar sauce, waldorf salad and garden salad	sit down	21-Feb	Grilled or deep-fried Hake with chips or baked potato, tartar sauce, pea and sweet corn salad and garden salad	sit down	28-Feb	Grilled or deep-fried Hake with chips or baked potato, tartar sauce, coleslaw and garden salad	sit down
			collect			collect			collect			collect
			Deliver			Delivery			Delivery			Delivery

Terms and Conditions:

Delivery meals will be charged an additional R12.00 for packaging.

Collection with own plates or can be done but plates need to be handed in at the Bistro at 10:00 and be clearly marked with unit number.



February 2025 SOCIAL DINNER MENU'S

	Starter on the tables	Main Course Option 1	Main Course Option 2	Dessert
Wednesday 05 Feb 2025	Roasted corn & cauliflower soup with garlic croute	Sweet & sour pork, cheesy mash, grilled summer veg, sweet and sour sauce R95.00	Chicken Parnesan with Basil Marinara served with, grilled summer vegetables with a parmesan & mushroom sauce R85.00	Salted Caramel and Dark Chocolate Tart served with raspberry sorbet. R55.00
Wednesday 12 Feb 2025	Caldo verde – Potato & spinach soup with bread rolls	Steak & ale pie & gravy with minted peas, grilled green beans with char grilled red peppers R100.00	Chicken Cacciatore on buttered pasta, grilled green beans, grilled red peppers R95.00	Individual Cheese Platter with Cheddar, Brie, Blue Cheese, Crackers, and Preserves R65.00
Wednesday 19 Feb 2025 Valentine's evening	Plated starter - Wild Mushroom Tartlet with Parmesan Cream, Romesco sauce with a medley of fresh greens	Herb-Crusted lamb, mint sauce, roast with Red Wine Jus- rosemary roasted turned potatoes, green vegetables – R200.00	Thai Red Curry Chicken. Served with marinated grilled vegetables – served with raisin & turmeric rice & garlic naan bread R140.00	Vanilla crème brulee with berries comport & vanilla ice cream R55.00 OR Don pedro. R50.00
Wednesday 26 Feb 2024 Plated evening	Spinach and Feta Phyllo Parcel with Mint Yogurt	Pork Wellington, apple sauce, blistered cherry tomato, gilled baby marrow, scaloped potatoes, served with a roasted garlic aioli R135.00	Stuffed Chicken Roulade with Spinach and Ricotta, blistered cherry tomato, grilled baby marrow, scaloped potatoes served with a white wine and cream sauce R100.00	Passionfruit and Coconut Panna Cotta. R55.00



Bistro

LUNCH MENU
3 - 9 FEBRUARY 2025

MONDAY

Grilled Beef skewers, roast potatoes ,
maple baked pumpkin with a green salad

TUESDAY

Grilled chicken wrap with roasted new potato
served with a ceaser salad

WEDNESDAY

Roasted pork chops with hassle baked potato, grilled seasonal
vegetables served with apple, raisin , & pecan salad

THURSDAY

Grilled beef burgers with potato wedges , caramelized onions ,
served with a chopped salad

FRIDAY

Grilled or deep fried Hake with chips or baked potato , tartar sauce ,
served with pineapple & carrot salad

Specials:

Bouillabaisse (French Seafood Stew)

Contents: Fish, prawns, mussels, calamari, and crusty bread.

Selling Price: R160

SATURDAY

Only A la Carte

SUNDAY

Bistro Closed



OPEN DAILY 08H00 - 16H00

DAILY MEAL ORDERS BY 15:00 THE PRIOR DAY - BOOK ON EXT 1200

3 - 9 FEBRUARY 2025