



CROSSMAN
Biokineticist



EVERGREEN
lifestyle

SCARED OF FALLING AND GETTING UP ON YOUR OWN WITHOUT ASSISTANCE



**IF YOUR ANSWER TO THE ABOVE
QUESTION IS YES, THE FOLLOWING
WORKSHOP IS FOR YOU.**

**JOIN US ON THURSDAY THE 13TH
OF FEBRUARY 8H30-10H00 TO
LEARN HOW YOU CAN STAND UP
SAFELY AFTER FALLING**

FEEL FREE TO CONTACT US FOR MORE INFORMATION.



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