

WHAT'S HAPPENING

EVERGREEN BROADACRES

NEXT WEEK 16 December - 22 December 2024



REMINDER



*A Note
from your Rescom*



COMMUNIQUE 28-2024

CHRISTMAS DAY LUNCH – OPEN TABLE

As with previous years, the Christmas Day Lunch is a "Decorate your own table" function; and residents are invited to decorate their own tables.

For those whose friends and families might be away, Rescom will once again be decorating an open table for Christmas Day Lunch. Should you wish to be seated at this table, please indicate to Tshwanelo when booking.

Best Regards

David Presbury
ResCom Chair



"My idea of Christmas, whether old-fashioned or modern, is very simple: loving others. Come to think of it, why do we have to wait for Christmas to do that?"

- Martha Stewart

Weekly PLANNER



MON: 16 Dec	TUE: 17 Dec	WED 18 Dec	THU: 19 Dec	FRI: 20 Dec	SAT: 21 Dec	SUN: 22 Dec
PUBLIC HOLIDAY 9h00 Water Aerobics 1	9h00 Therapeutic exercise class	8h15 Lower back group class	8h00 Therapeutic Exercise Class	9h30 Line dancing		
9h45 Water Aerobics 2	14h00 Rummikub	9h00 Dainfern Shopping 	10h00 Art Class			
10h00 Knit & Natter	14h00 Scrabble	9h15 Walking group class	14h00 Bridge	10h30 Bible Study		
13h00 Bridge	14h30 Craft Class	11h15 Hip & knee group	14h00 Rummikub	12h30 Fish & Chips		
16h00 Men's Snooker	16:00 Ladies Pool	14h00 Canasta	15h00 Pentanque		15h00 Pétanque	
17:00 Waterhole	17:00 Waterhole	18h00 Social Dinner	18:30 Movie night: Christmas Inheritance 	17:00 Waterhole		18:00 Movie night: A Brush with Christmas 

Bistro

LUNCH MENU
16 DEC-22 DECEMBER 2024

MONDAY

BISTRO CLOSED - Public Holiday

TUESDAY

Parmesan baked chicken, Penne pasta, mushroom & rosemary sauce served with beetroot, pecan & feta salad - **R72**

WEDNESDAY

Braised beef mince ragu with polenta served with green beans, potato & mustard salad - **R72**

THURSDAY

Pork stroganoff, Savoury rice, sauteed baby marrow & sauteed red onions, served with rice - **R72**

FRIDAY

Grilled or deep-fried Hake with chips or baked potato, tartar sauce, pea & sweet corn salad & garden salad - **R98**

SPECIAL:

Cider braised Mussel Pot with creamy sauce and a choice of baked potatoes, chips or seasonal veg - **R145**

SATURDAY

Only A la Carte

SUNDAY

Starter

Potato & leek soup

Mains

Roasted chicken thigh with roasted rosemary and garlic beef served with seasonal veg, crispy potatoes and port jus - **R155**

OPEN DAILY 08H00 - 16H00

DAILY MEAL ORDERS BY 15:00 THE PRIOR DAY - BOOK ON EXT 1209

LET'S CELEBRATE!

Count your age by friends, not years.

Count your life by smiles, not tears. — John Lennon



BIRTHDAYS

17th Penny French

18th Nicholas Isaakidis

19th Theresa Niven

ANNIVERSARIES





Bistro

SOCIAL DINNER
WEDNESDAY, 18 DECEMBER

Starter

Butternut and apple soup with garlic
croute

Main Course

Asian Beef stir-fry, egg noodles with roasted pumpkin, creamed spinach
and grilled vegetables

R95.00

or

Slow cooked chicken puttanesca with creamy potato
mash, creamed spinach & seasonal veg

R85.00

Dessert

Red wine poached pears with candied pecan &
minted cream

R55.00

Book by the 17th of December 2024 with Tshwanelo on ext 1200

16 December - 22 December 2024





SHOPPING SHUTTLE

WEDNESDAY 18 December 2024



**The bus will pick you up at 09:00 from the Village.
Driver will wait till 11:30 to bring you back to the Village.**

Dainfern Shopping Centre

**Cost: R50.00 per person per trip.
This will be charge to your levy account.
No cash / No shows will be charged**

**Please book your seat with Tshwanelo at Reception
on EXT 1200 by Monday at 17:00**





GROUP CLASS TIMES AT EVERGREEN LIFESTYLE VILLAGE

**EVERY WEDNESDAY
LOWER BACK GROUP CLASS**

8H15-8H45

FRAIL CARE KEEP ACTIVE CLASS

9H15-10H00

**SPECIAL WEDNESDAY GROUP
CLASS**

10H15 - 11H00

HIP & KNEE GROUP CLASS

11H15-12H00

FEEL FREE TO CONTACT US FOR MORE INFORMATION.



(010) 020 1532



www.crossmanbiokineticist.co.za



HealthBox, 20 Georgian crescent, Hampton
office park, Eastbury House



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CROSSMAN
Biokineticist



END STRONG, START FRESH!!

2024 MAY BE COMING TO AN END,
BUT OUR REHAB AND EXERCISE
SERVICES AREN'T.

- DECREASE BACK PAIN
- DECREASE KNEE & HIP PAIN
- IMPROVE POSTURE
- IMPROVE MOBILITY



TAKE CARE OF YOUR WELL-BEING
BY JOINING OUR CLASSES, AND GET
A HEADSTART ON YOUR WELLNESS
JOURNEY FOR 2025.

ENQUIRE ABOUT ALL SERVICES
PROVIDED & THEIR RESPECTIVE
TIMES.

FOR PRIVATE SESSIONS FEEL FREE TO CONTACT US FOR MORE INFORMATION.
(NOTE: PRIVATE SESSIONS ARE DONE AT THE EVERGREEN EXERCISE STUDIO)



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Thursday & Sunday Movie Night

18:00

19 December 2024

22 December 2024

THURSDAY MOVIE



Before ambitious heiress Ellen Langford can inherit her father's business, she must deliver a special Christmas card to her dad's former partner in Snow Falls. When a snowstorm strands her at the town inn, she discovers the true gift of Christmas.

Starring: Eliza Taylor, Jake Lacy & Neil Crone

SUNDAY MOVIE



Disheartened and struggling to find time for her art, Charlotte throws out her latest painting, only to discover that it has been anonymously submitted to the Christmas art festival.

Starring: Jillian Murray, Joseph Cannata & Jan Skene

THE HAIR STUDIO

By Lana & Nicci

Book your appointment to look fabulous at the Christmas Social dinner now. Open on Tuesday 10 December 2024 from 08:00 - 17:00 - Both Nicci and Lana will be available.



- Book now with reception

ON EXT 1200

GENTS

Cut	R 130
Cut & Shave	R 150
Shave	R 100

LADIES

Wash	R 70
Wash, Set and Blow-dry	R 200
Spray, Cut and Quick Dry	R 150
Wash, Cut, Set and Blow-dry	R 220
Perm Short Hair	R 360
Perm Medium Hair	R 390
Perm Long Hair	R 450

Highlights

Half Head, Cut, Blow-Dry & Set	R 400
Full Head, Cut Blow-Dry & Set	R 430
Own Colour, Treatment, Cut & Blow	R400
Tint, Cut, Set and Blow-Dry	R 430
Tint With own Colour & Set	R 380
Tint With own Colour, Set & Blow-Dry	R 400



Free Cappuccino with all Friday bookings

Available for bookings on Tuesdays and Fridays in the Salon
Bookings to be made with Tshwanelo at reception On Ext 1200

Christmas Day Lunch

25th December 2024 from 12:00

Decorate your own table

Plated Starter

Roasted pumpkin & cinnamon soup

- Build your own salad with dressings and condiments

Main Course Buffet

Honey & mustard glazed gammon with apple & peach sauce

Garlic & sage turkey rolls with traditional cranberry compot

Cranberry & brie chicken pie

Penne pasta arabiatta topped with basil (V)

Seared Brussels sprouts,

Red cabbage with crispy bacon & toasted pecans

Savoury rice

Roasted thyme baby potatoes

Dessert buffet

Baileys Tiramisu trifle

Marshmallow crowned ginger bread tart

Cinnamon apple sponge pudding with custard

Traditional fruit mince pie

Vanilla ice cream

Summer fruit salad in nutmeg & ginger syrup

Local cheese board with, fruit presers & savoury crackers

R265.00 per Residents & R285.00 per Guest

R180.00 per child under 12 years

Book and Pre pay by 13 December 2024 to secure you seat.
No late bookings or payments on the day will be accepted.



HAPPY
NEW YEAR

New Year's Eve Bash
31 December
from 6pm
DJ - Charles Carroll
Menu to be announced