

WHAT'S HAPPENING

EVERGREEN BROADACRES

EVERGREEN
lifestyle
broadacres

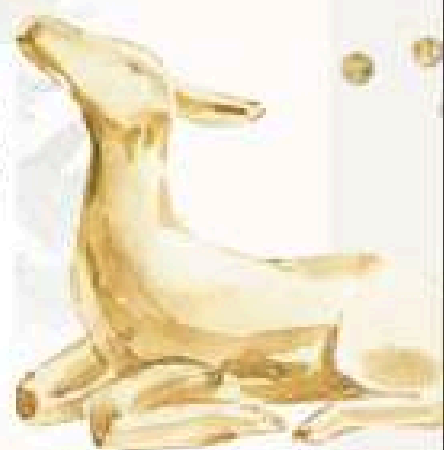
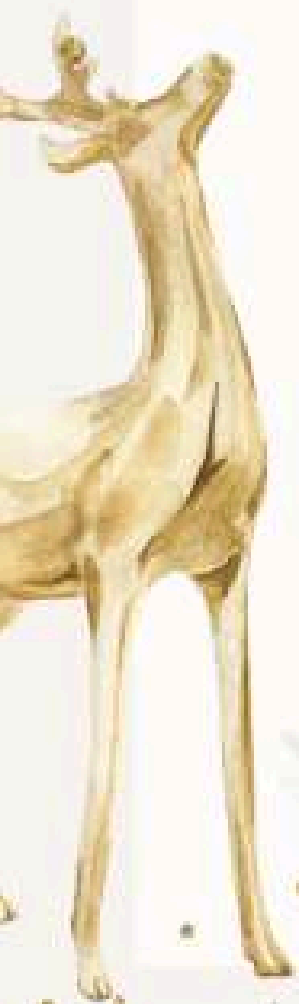
NEXT WEEK 09 December - 15 December 2024

10 DECEMBER 2024

Christmas Social Dinner

This year we want to give "buckets of love" to our usual charity instead of toys. These can be bought from most grocery stores.

If you are not able to get a hamper bucket, you can place money in an envelope and hand in at reception and we will use this to purchase buckets from Spar.



Weekly PLANNER



MON: 09 Dec	TUE: 10 Dec	WED 11 Dec	THU: 12 Dec	FRI: 13 Dec	SAT: 14 Dec	SUN: 15 Dec
9h00 Water Aerobics 1	9h00 Therapeuti c exercise class	8h15 Lower back group class		9h30 Line dancing		
9h45 Water Aerobics 2	14h00 Rummikub	9h00 Cedar Sqaure Shopping Centre Shopping Shuttle 	10h00 Art Class			
10h00 Knit & Natter	14h00 Scrabble	9h15 Walking group class	14h00 Bridge	10h30 Bible Study		
13h00 Bridge	16h00 Ladies pool	11h15 Hip & knee group	14h00 Rummikub	12h30 Fish & Chips		
16h00 Men's Snooker	17h00 Waterhole	14h00 Canasta	15h00 Pentanque		15h00 Pétanque	
17:00 Waterhole	18:00 Social Dinner - Amira Willighagen	14h30 Fellowship Group	18:30 Movie night: Hot Frosty 	17:00 Waterhole		18:00 Movie night: Falling for Christmas 



Bistro

LUNCH MENU
09 DEC-15 DECEMBER 2024

MONDAY

Salisbury mince steak with onion gravy, roasted garlic spuds, glazed carrots & broccoli - **R72**

TUESDAY

Roasted chicken with peppercorn sauce, potato gnocchi & seasonal vegetables - **R72**

WEDNESDAY

Glazed pork fillet in garlic & mushroom sauce with apple compote, braised cabbage & baby potatoes - **R72**

THURSDAY

BBQ pulled pork sliders, potato wedges, crispy onion rings served with chickpeas, red kidney & butter beans - **R72**

FRIDAY

Grilled or deep-fried Hake with chips or baked potato, tartar sauce, waldorf salad and garden salad - **R98**

SPECIAL:

Creamy Seafood curry with coconut rice, sambal & poppadum - **R170**

SATURDAY

Only A la Carte

SUNDAY

Starter

Tomato & basil soup with croutons

Mains

Beef pie with roasted chicken, roasted carrots and cauliflower bake & potato wedges - **R135**

OPEN DAILY 08H00 - 16H00

DAILY MEAL ORDERS BY 15:00 THE PRIOR DAY - BOOK ON EXT 1209



LET'S CELEBRATE!

Count your age by friends, not years.

Count your life by smiles, not tears. — John Lennon



BIRTHDAYS

10th Joe Rebelo

10th Sophia van der
Westhuizen

11th Jill Bronner

14th Gloria Boswell

ANNIVERSARIES





Christmas Social Dinner

Join us on the 10th of December for an elegant Christmas Social dinner with Amira Willighagen as entertainment.

Bring your bucket of love or any amount of donation will be appreciated for our usual Charity.

May you never be too grown up to search the skies on Christmas Eve and remember that the true spirit of Christmas lies in your heart.

TUESDAY
10 DECEMBER 2024

Christmas Social Dinner

MENU

Plated Appetizers

Mushroom risotto with parmesan,
blistered tomatoes & basil oil

Main Course

Honey & Mustard glazed gammon with an apple sauce
Garlic & rosemary roasted leg of lamb with a mint sauce
Spinach, leek, roasted peppers, spanakopita with crushed feta (V)
Buttered spring vegetables with garlic & herb butter
Herby Christmas stuffing
Roast broccoli & gorgonzola, almond bake
Potato gratin with crispy onion
Rice pilaf

Dessert

Black forest cheese cake with festive fruit crumble,
served with vanilla & caramel ice cream & berry coulis

Entertainment: Amira Willighagen

Book and pre pay by Friday 06 December 2024
Round tables of 10 per table only

**R300.00 per resident
R400.00 per visitor**



SHOPPING SHUTTLE

WEDNESDAY 11 December 2024



**The bus will pick you up at 09:00 from the Village.
Driver will wait till 11:30 to bring you back to the Village.**

Cedar Sqaure Shopping Centre

**Cost: R50.00 per person per trip.
This will be charge to your levy account.
No cash / No shows will be charged**

**Please book your seat with Tshwanelo at Reception
on EXT 1200 by Monday at 17:00**



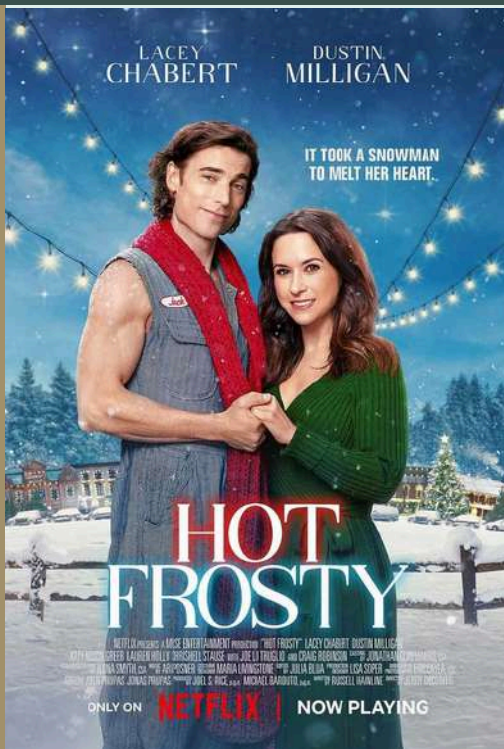
Thursday & Sunday Movie Night

18:00

12 December 2024

15 December 2024

THURSDAY MOVIE



When widow Cathy magically brings a snowman to life, his innocence helps heal her heart.

Starring:
Lacey Chabert,
Dustin Milligan &
Katy Mixon
Greer

SUNDAY MOVIE



A young, newly engaged heiress has a skiing accident in the days before Christmas. After she is diagnosed with amnesia, she finds herself in the care of the handsome cabin owner and his daughter.

Starring: Lindsay Lohan

THE HAIR STUDIO

By Lana & Nicci

Book your appointment to look fabulous at the Christmas Social dinner now.
Open on Tuesday 10 December 2024
from 08:00 - 17:00 - Both Nicci and Lana will be available.



- Book now with reception

ON EXT 1200

GENTS

Cut	R 130
Cut & Shave	R 150
Shave	R 100



Free
Cappuccino
with all Friday
bookings

LADIES

Wash	R 70
Wash, Set and Blow-dry	R 200
Spray, Cut and Quick Dry	R 150
Wash, Cut, Set and Blow-dry	R 220
Perm Short Hair	R 360
Perm Medium Hair	R 390
Perm Long Hair	R 450

Highlights

Half Head, Cut, Blow-Dry & Set	R 400
Full Head, Cut Blow-Dry & Set	R 430
Own Colour, Treatment, Cut & Blow	R400
Tint, Cut, Set and Blow-Dry	R 430
Tint With own Colour & Set	R 380
Tint With own Colour, Set & Blow-Dry	R 400

Available for bookings on Tuesdays and Fridays in the Salon
Bookings to be made with Tshwanelo at reception On Ext 1200

Christmas Day Lunch

25th December 2024 from 12:00

Decorate your own table

Plated Starter

Roasted pumpkin & cinnamon soup

• Build your own salad with dressings and condiments

Main Course Buffet

Honey & mustard glazed gammon with apple & peach sauce

Garlic & sage turkey rolls with traditional cranberry compot

Cranberry & brie chicken pie

Penne pasta arabiatta topped with basil (V)

Seared Brussels sprouts,

Red cabbage with crispy bacon & toasted pecans

Savoury rice

Roasted thyme baby potatoes

Dessert buffet

Baileys Tiramisu trifle

Marshmallow crowned ginger bread tart

Cinnamon apple sponge pudding with custard

Traditional fruit mince pie

Vanilla ice cream

Summer fruit salad in nutmeg & ginger syrup

Local cheese board with, fruit presers & savoury crackers

R265.00 per Residents & R285.00 per Guest

R180.00 per child under 12 years

Book and Pre pay by 13 December 2024 to secure you seat.

No late bookings or payments on the day will be accepted.



GROUP CLASS TIMES AT EVERGREEN LIFESTYLE VILLAGE

**EVERY WEDNESDAY
LOWER BACK GROUP CLASS**

8H15-8H45

FRAIL CARE KEEP ACTIVE CLASS

9H15-10H00

**SPECIAL WEDNESDAY GROUP
CLASS**

10H15 - 11H00

HIP & KNEE GROUP CLASS

11H15-12H00

FEEL FREE TO CONTACT US FOR MORE INFORMATION.



(010) 020 1532



www.crossmanbiokineticist.co.za



HealthBox, 20 Georgian crescent, Hampton
office park, Eastbury House



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CROSSMAN
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END STRONG, START FRESH!!

2024 MAY BE COMING TO AN END,
BUT OUR REHAB AND EXERCISE
SERVICES AREN'T.

- DECREASE BACK PAIN
- DECREASE KNEE & HIP PAIN
- IMPROVE POSTURE
- IMPROVE MOBILITY



**TAKE CARE OF YOUR WELL-BEING
BY JOINING OUR CLASSES, AND GET
A HEADSTART ON YOUR WELLNESS
JOURNEY FOR 2025.**

**ENQUIRE ABOUT ALL SERVICES
PROVIDED & THEIR RESPECTIVE
TIMES.**

**FOR PRIVATE SESSIONS FEEL FREE TO CONTACT US FOR MORE INFORMATION.
(NOTE: PRIVATE SESSIONS ARE DONE AT THE EVERGREEN EXERCISE STUDIO)**



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