

EVERGREEN BROADACRES

# WHAT'S HAPPENING

NEXT WEEK 4 November - 10 November 2024

EVERGREEN  
lifestyle  
broadacres



NOVEMBER

PROSTATE CANCER

AWARENESS

For the fallen:

They shall  
grow not old,  
as we that are  
left grow old.  
Age shall not  
weary them,  
nor the years  
condemn. At  
the going down  
of the sun and  
in the  
morning, we  
will remember  
them.

-Robert  
Laurence  
Binyon

# Weekly PLANNER



MON: 04 Nov	TUE: 05 Nov	WED: 06 Nov	THU: 07 Nov	FRI: 08 Nov	SAT: 09 Nov	SUN: 10 Nov
9h00 Water Aerobics 1	9h00 Therapeutic exercise class	8h15 Lower back group class	10h00 Visual Music #81	9h30 Line dancing	10h30 Health talk by Dr Karen Vukovic	
9h45 Water Aerobics 2	14h00 Rummikub	9h00 Cedar Square Shopping Centre <b>Shopping Shuttle</b> 	10h00 Art Class	10h30 Bible Study		
13h00 Bridge	14h30 Craft Class	11h15 Hip & knee group	14h00 Rummikub			
10h00 Knit & Natter	14h00 Scrabble	9h15 Walking group class	14h00 Bridge	12h30 <b>Fish &amp; Chips</b>		12h30 Remembrance Day Sunday Lunch
16h00 Men's Snooker	16h00 Ladies Snooker	14h00 Canasta	15h00 Pentanque		15h00 <b>Pétanque</b>	
17:00 Waterhole	17:00 Waterhole	18h00 Social Dinner	18:00 <b>Movie night:</b> Moving on 	17:00 Waterhole		18:00 <b>Movie night:</b> The Unforgivable 



# Bistro

LUNCH MENU  
04 NOV -10 NOVEMBER

## MONDAY

Spinach, Feta & mushroom quiche with blue cheese salad and Cajun potato wedges - R72

## TUESDAY

Bacon wrapped stuffed chicken breast, rosemary & garlic sauce, roast potato and seasonal vegetable with a garden salad -R72

## WEDNESDAY

Honey glazed pork chops, mashed pumpkin, garlic potatoes, grilled corn on the cob with apple & pecan nut garden salad -R72

## THURSDAY

Beef Lasagna with peas and feta, roasted butternut and minted peas with a summer salad - R72

## FRIDAY

Grilled or deep-fried Hake with chips or baked potato, tartar sauce, Waldorf and garden salad - R98

### SPECIAL:

Mussels with ham, dill and almonds with bread rolls or chips or baked potato or vegetables -R150

## SATURDAY

Only A la Carte

## SUNDAY

Please see the menu for Remembrance Day

Residents: R195

Visitors: R200

Kids: R135

OPEN DAILY 08H00 - 16H00

DAILY MEAL ORDERS BY 15:00 THE PRIOR DAY - BOOK ON EXT 1209





# LET'S CELEBRATE!

*Count your age by friends, not years.*

*Count your life by smiles, not tears. — John Lennon*



## BIRTHDAYS

4th Neville Savage  
5th Aldean Prior  
9th Myrtle De Jong

## ANNIVERSARIES

4th Anthony & Laurraine Pitman/Lotter  
4th Laurance & Anna Squair





# Bistro

**SOCIAL DINNER**  
**WEDNESDAY, 06 NOVEMBER**

## Starter

Garden pea soup with garlic croute

## Main Course

Beef and mushroom pie with oven baked garlic vegetables, hassle baked potatoes - R95

**or**

Sticky lemon chicken, oven baked garlic vegetables, hassle baked potatoes and chicken jus - R85

## Dessert

Coffee Creme Brulee with fresh berries - R55



**Book by the 4th of November 2024 with Tshwanelo on ext 1200**

4 November - 10 November 2024



## **SHOPPING SHUTTLE**

**WEDNESDAY 06 NOVEMBER 2024**



**The bus will pick you up at 09:00 from the Village.  
Driver will wait till 11:30 to bring you back to the Village.**

## **Cedar Square Shopping Centre**

**Cost: R50.00 per person per trip.  
This will be charge to your levy account.  
No cash / No shows will be charged**

**Please book your seat with Tshwanelo at Reception  
on EXT 1200 by Monday at 17:00**





# Thursday Movie Night & Sunday series

18:00

7 NOVEMBER 2024

10 NOVEMBER 2024

THURSDAY MOVIE



At their best friend's funeral, when Evelyn and Claire reconnect, they join forces to seek revenge against the deceased's husband. The journey changes the two ladies' lives.

SUNDAY MOVIE



Ruth Slater, a woman released from prison after serving a sentence for a violent crime and attempts to re-enter society. She must try to put her life back together again in a world that refuses to forgive her past.



# Dr Karen Vukovic

PSYCHIATRIST

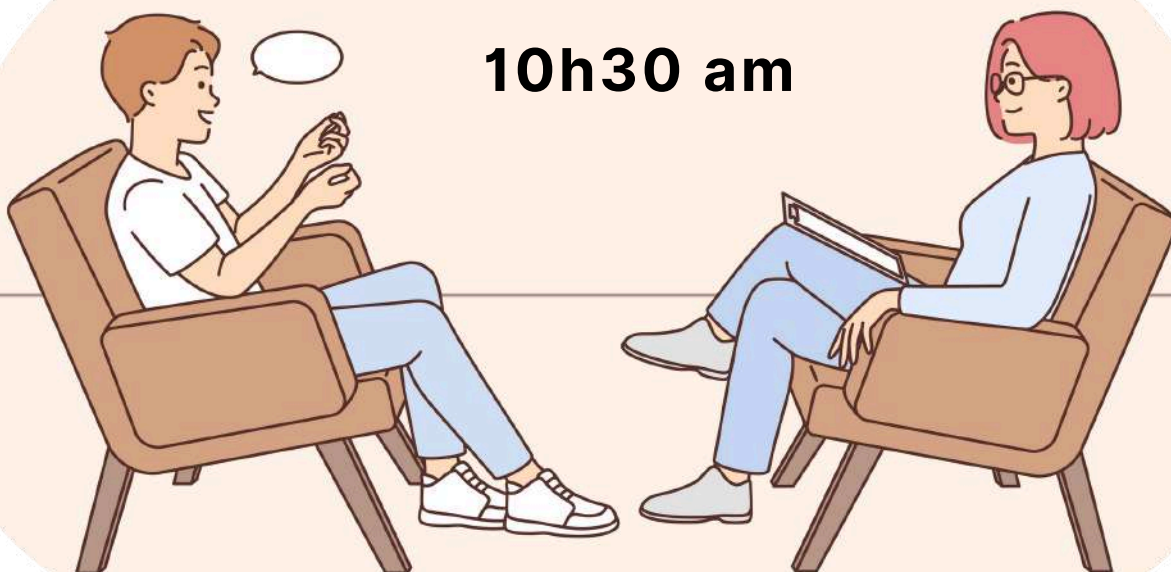


## Health Talk:


## How to deal with anxiety and depression.


**Saturday 9 November 2024**


**10h30 am**



### Contact

 011 463 1726

 304 Sandton Clinic, Peter Pl,  
Bryanston Sandton 2191

 [info.drivukovic@gmail.com](mailto:info.drivukovic@gmail.com)



# Remembrance Day

LEST WE FORGET

## REMEMBRANCE DAY SUNDAY LUNCH 10 NOVEMBER 2024

### **Starter**

Spinach, feta and mushroom quiche  
with a wild rocket and parmesan salad.  
served with a balsamic marinated strawberry vinaigrette

### **Buffet Mains**

Coronation Chicken casserole  
Crispy fried pork belly with apple and sherry sauce  
Roast beef with roasted baby onions & red wine jus  
Broccoli and cauliflower au gratin  
Sweet glazed carrots & peas  
Ratatouille vegetable  
Mashed potatoes

### **Desserts**

Fruity flag tray bake  
Elderflower Eton mess  
Cheese and biscuits with preserves  
Fresh fruit salad with ice cream

**Residents: R195 per person**

**Visitors: R200 per person**

**Kids: R135 per child**

---

**Book by 7 November 2024 at 16:00 with Tshwanelo on ext. 1200**  
**No tables will be booked without proof of payment. Cancellations will not be refunded**