

EVERGREEN BROADACRES

# WHAT'S HAPPENING

NEXT WEEK 21 - 27 October 2024

EVERGREEN  
lifestyle  
broadacres



## Time to test your fitness again in "THE EVERGREEN VILLAGE FUN WALK"

**DATE:** 26<sup>th</sup> October 24 on Saturday afternoon @ 4.15pm.  
(After your afternoon nap)

Almost every resident and their dogs, management and village staff can enter.  
(4 distances to choose from) Dogs must ensure that owners have poo bags.



### IT IS NOT A RACE - IT IS A FUN WALK

#### ONLY RESIDENTS MAY DO THIS WALK DUE TO LEGAL RESTRICTIONS

There are no prizes for finishing 1<sup>st</sup> or last and nobody cares. No times or distances walked will be recorded or monitored. You can walk as far as you feel like walking at a comfortable pace on the day. Or you can just come down and sit in the comfort of the air-conditioned Clubhouse to watch the activities or to help with the food.

#### We have to break our record of 115 walkers, helpers and spectators!

Champagne, with or without orange juice, will be available before the WALK.

Afterwards everyone can enjoy a boere/pork sausage roll with the now famous "pap & souse" & have a beverage of their choice. Ice cream cones served as dessert.

**Compulsory Donation:** R60 (or more) to cover the costs of the above, payable by everyone attending whether you are going to be a Walker, Helper or Spectator  
Collect your name tags at the registration table before the Walk.

**Indemnity forms** must be completed & signed by everyone attending, whether you are a Walker, Helper or Spectator. (Who knows what might happen after a few glasses of champagne)

**Distances:** There are 4 different distances for you to choose to walk or crawl.

**800-meter dash** – for the unfit & those using motorised or other walking aids

**1 lap – 1.8kms** – for the smokers and not so fit – no smoke breaks allowed.

**2 laps – 3.6kms** – for those who are trying to get fit.

**3 laps – 5.4kms** – for Team Evergreen members & others who want to try & walk this far.

"My  
therapist  
told me the  
way to  
achieve true  
inner peace  
is to finish  
what I start.  
So far, I've  
finished two  
bags of  
M&Ms and a  
chocolate  
cake. I feel  
better  
already."  
- Dave Barry

# Weekly PLANNER



MON: 21 Oct	TUE: 22 Oct	WED: 23 Oct	THU: 24 Oct	FRI: 25 Oct	SAT: 26 Oct	SUN: 27 Oct
9h00 Water Aerobics 1	9h00 Therapeutic exercise class	8h15 Lower back group class	10h00 Art Class	9h30 Line dancing	15h00 Pétanque	
9h45 Water Aerobics 2	14h00 Rummikub	9h00 Dainfern Shopping Centre  Shopping Shuttle 	14h00 Bridge	10h30 Bible Study		
10h00 Knit & Natter	14h00 Scrabble	9h15 Walking group class	14h00 Rummikub	12h30 Fish & Chips		12h30 Sunday Lunch
13h00 Bridge	14h30 Craft Class	11h15 Hip & knee group	15h00 Pentanque			
16h00 Men's Snooker	16h00 Ladies Snooker	14h00 Canasta			16h15 Village Walk	
17:00 Waterhole	17:00 Waterhole	18h00 Social Dinner	18:00 Movie night: Ambulance 	17:00 Waterhole		18:00 Series night: Yellowstone Episode 4&5 



# Bistro

LUNCH MENU  
21 - 27 OCTOBER

## MONDAY

Beef enchilada, tomato salsa, Avo, sour cream, tomato relish,  
crispy potatoes wedges and tomato salsa - R72

## TUESDAY

Balsamic roast pork tenderloin, thyme gravy, butternut mash, steamed  
broccoli Waldorf salad -R72

## WEDNESDAY

Chicken, mushroom and artichoke stroganoff with buttered tagliatelle  
& 3 cheese stuffed gem squash -R72

## THURSDAY

Pork & button mushroom burger, cinnamon sweet potato fries, garlic  
mayo dip with tossed salad - R72

## FRIDAY

Grilled or deep-fried Hake with chips or baked potato, tartar  
sauce, coleslaw and garden salad - R92

### SPECIAL:

Grilled tiger prawns with a creamy lemon butter sauce with a choice  
of baked potato, chips, salad or seasonal vegetables - R175

## SATURDAY

Only A la Carte

## SUNDAY

Please see the menu for Sunday Lunch

Residents R185

Visitors R195

Kids R120

OPEN DAILY 08H00 - 16H00

DAILY MEAL ORDERS BY 15:00 THE PRIOR DAY - BOOK ON EXT 1209





# LET'S CELEBRATE!

*Count your age by friends, not years.*

*Count your life by smiles, not tears. — John Lennon*



## BIRTHDAYS

22nd Jac Messerschmidt  
22nd Irene Carroll  
24th Chris Edwards  
Stewart Cloete  
25th Nello Vercellotti

## ANNIVERSARIES





# Bistro

**SOCIAL DINNER**  
**WEDNESDAY, 23 OCTOBER**

## Starter

Pea and leek soup with crispy basil and cream & croutons

## Main Course

Madras Beef curry (spicy), steamed rice & spiced seasonal vegetables, poppadum's & sambals - R95

**or**

Creamy garlic chicken with herbed pasta and roasted vegetables - R85

## Dessert

Fresh fruit salad with ice-cream - R45

**Book by the 21st of October 2024 with Tshwanelo on ext 1200**

21 - 27 October 2024





## **SHOPPING SHUTTLE**

**WEDNESDAY 23 OCTOBER 2024**



**The bus will pick you up at 09:00 from the Village.  
Driver will wait till 11:30 to bring you back to the Village.**

## **Dainfern Shopping Centre**

**Cost: R50.00 per person per trip.  
This will be charge to your levy account.  
No cash / No shows will be charged**

**Please book your seat with Tshwanelo at Reception  
on EXT 1200 by Monday at 17:00**





# Thursday Movie Night & Sunday series

18:00

24 OCTOBER 2024

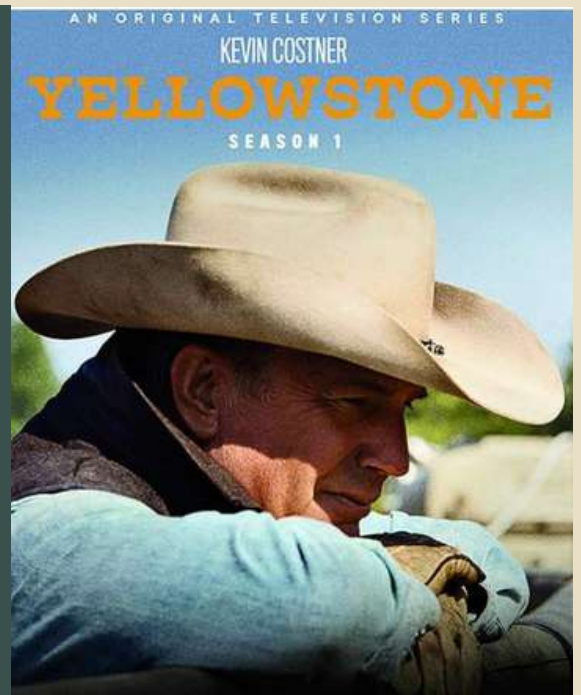
## THURSDAY MOVIE



Needing money to cover his wife's medical bills, a decorated veteran teams up with his adoptive brother to steal \$32 million from a Los Angeles bank. However, when their getaway goes spectacularly wrong, the desperate thieves hijack an ambulance that's carrying a severely wounded cop and an EMT worker.

Caught in a high-speed chase, the two siblings must figure out a way to outrun the law while keeping their hostages alive

## SUNDAY SERIES



Episode 4 & 5

Yellowstone follows the Dutton Family, who own the Yellowstone Ranch, which is the largest ranch in Montana.

The patriarch of the family, John Dutton (Kevin Costner), is the sixth generation Dutton to own the ranch and leads his family through difficult times with developers, the national park, the bordering Broken Rock Indian Reservation, as well as internal family conflicts.

The series is filled with melodrama, dark secrets, murder, and many other sorts of scandalous events that make it feel like the entertaining 21st-century successor to Dallas.



## SUNDAY LUNCH 27 OCTOBER 2024

### **STARTER**

Spring Pea, mint and spring onion soup with parmesan & garlic croute

### **BUFFET MAINS**

Beef with red wine, baby carrots and pearl onion.

Pan seared chicken with a white wine and mustard cream sauce.

Vegetable lasagna (V).

### **SIDES**

Parmesan potato mash,  
Creamed spinach,  
Braised seasonal

### **DESSERT**

Butterscotch pudding with vanilla custard,  
Chocolate brownies,  
Mini Bake well tarts,  
Fresh fruit salad,  
Vannilla ice-cream,

Don Predo will be available at R90

**Residents R185**  
**Visitors R195**  
**Kids R120**

**Note that Bistro will be closed for lunch, only buffet will be served.**

**Book by 25th October 2024 at 16:00 with Tshwanelo on ext. 1200**  
**No tables will be booked without proof of payment. Cancellations will not be refunded**





# THE HAIR STUDIO

By Lana & Nicci



– Book now with reception  
ON EXT 1200

## GENTS

Cut	R 130
Cut & Shave	R 150
Shave	R 100



Free  
Cappuccino  
with all Friday  
bookings

## LADIES

Wash	R 70
Wash, Set and Blow-dry	R 200
Spray, Cut and Quick Dry	R 150
Wash, Cut, Set and Blow-dry	R 220
Perm Short Hair	R 360
Perm Medium Hair	R 390
Perm Long Hair	R 450

## Highlights

Half Head, Cut, Blow-Dry & Set	R 400
Full Head, Cut Blow-Dry & Set	R 430
Own Colour, Treatment, Cut & Blow	R400
Tint, Cut, Set and Blow-Dry	R 430
Tint With own Colour & Set	R 380
Tint With own Colour, Set & Blow-Dry	R 400

Available for bookings on Tuesdays and Fridays in the Salon  
Bookings to be made with Tshwanelo at reception On Ext 1200