

## Understanding Your Care Options at Evergreen Retirement Villages

At Evergreen, we provide a range of healthcare options to meet your individual needs. Understanding the differences between these services can help you make the right decisions for your health and wellbeing.

**Please note:** Evergreen Broadacres operates in the non-acute arena, offering **Frail Care** and **Home Care** services to meet long-term care and home-based care needs.

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### 1. Acute Care (Hospital Care)

**Purpose:** For surgery, emergency and critical medical situations.

- **Location:** Hospitals.
  - **Type of Care:** Intensive, short-term care for severe or sudden medical conditions such as surgeries, heart attacks, strokes, or accidents.
  - **Goal:** Stabilize patients and treat life-threatening conditions.
  - **Duration:** Temporary, until the patient is stable enough to be discharged or transferred to a lower level of care.
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### 2. Sub-Acute Care (Rehabilitation or Step-Down Care)

**Purpose:** Recovery and rehabilitation after a hospital stay.

- **Location:** Specialized facilities or care centres.
  - **Type of Care:** For patients who no longer need hospital-level acute care but still require medical supervision.
  - **Services:** Includes physical therapy, wound care, pain management, IV therapy, and other rehabilitation services.
  - **Goal:** To help patients regain independence or transition to a more permanent care setting.
  - **Duration:** Short to medium-term, depending on recovery progress.
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### 3. Non-Acute Care (Frail Care) - Provided by Evergreen

**Purpose:** Long-term support for those with ongoing care needs.

- **Location:** Frail care units within Evergreen's facilities.
- **Type of Care:** For individuals with chronic illnesses, disabilities, or those needing constant assistance with daily activities like dressing, eating, and mobility.

- **Services:** Full-time care, including personal assistance, monitoring, and medical care as required.
  - **Goal:** To provide comfort and maintain quality of life in a safe and caring environment.
  - **Duration:** Long-term, as required by the resident's condition.
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#### 4. Home Care - Provided by Evergreen

**Purpose:** Personal care and assistance provided at home.

- **Location:** Your own residence.
  - **Type of Care:** For residents who prefer to stay at home but need some level of care.
  - **Services:** Ranges from help with daily tasks (like bathing, dressing, and meal prep) to medical services such as medication management or nursing care.
  - **Goal:** To support independence while providing necessary care in the comfort of your own home.
  - **Duration:** Flexible, ranging from a few hours a week to full-time care.
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#### Choosing the Right Care

At Evergreen, we prioritize your health, comfort, and independence. As a non-acute care provider In Evergreen Broadacres, we specialize in **Frail Care** and **Home Care**, ensuring you receive the support you need in a compassionate and safe environment.

Our **Multi-Disciplinary Team (MDT)** includes doctors, physiotherapists, occupational therapists, speech therapists, and dieticians, all of whom are available to provide care directly in your home. Whether you need rehabilitation, medical management, or assistance with daily living, our team is here to support you with a comprehensive range of services tailored to your specific needs.

For more information or assistance, please contact your Village Health Reg Nurses Kate Powell or Marius Grobler.

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