

NEWSLETTER

Evergreen Broadacres July 2024

Editor: Edna Grenfell - email: ednagrenfell@gmail.com

From
The Village Manager
Wilma Swart



July has been a busy month, with a few cold days reminding us that it is winter. But nothing compared to the cold and stormy weather Cape Town has been experiencing.

We are very excited that most of the solar panel installation on the roofs has been completed, and we are now in the final stretch of laying the cables that connect the panels to the rest of the system. I want to thank all residents for their patience with the area around the Lifestyle Centre. It looks like a construction site with all the blocked-off areas to accommodate the trenching needed to get the cables placed and connected. The most noticeable is the trenching across the road between Bushwillow and the Petanque piste, which blocks access to the Lifestyle Centre from the entrance. We all look forward to being able to use this road again and are even more excited to use the new bridge, which is not currently accessible.

As I write this, we are busy with decorations and setting up for the Christmas in July dinner, which is always a winter highlight in the Village. We are also getting ready for our Annual General Meeting, which will be held on 15 August 2024

We are also updating the pre-paid meter with Voltano on 1 August 2024. Residents who are not sure how to load their pre-paid tokens are invited to contact reception to have a Duty Manager assist them.

Also, this is a reminder to keep the date open and invite your family and friends to our Family Festival on 14 September 2024

'Till next month

Village Emergency Numbers

Reception Desk	087 809 3366
Guardhouse	071 173 2406
Care Centre (Health)	079 579 4297
Sister Marius	082 218 4206
Sister Kate Powel	Ext 1222

Remember always to wear your
Buddy Band and carry your
emergency button

In this Issue

- Rainfall & Finance
- Security
- Nature & Birding Group
- From the library
- Events in July
- What's happening in August
- Recipes from our Residents

And much more in between

Village Rainfall

by Cecil Fann



July and August are the driest months of the year and this month again reflects that unless we are surprised in August, hopefully September will see the start of the next rainy season.

Please note that monthly totals reported are measured up to the 25th of each month.

Dam levels across the country show a further decrease, from 94% this time last year to 85% now. As usual, the current situation varies widely, from 92% for Mpumalanga to 73% for the Northern Cape/ The position in the Western Cape has improved markedly from 69% last month to 91%.

Our own Vaal Dam stands at 50.5% full, a decrease of 4.1% in the month. This data is at 23rd July 2024.

For this and much more weather-related information visit the websites:

<https://www.sawx.co.za/stae-of-dams> or [dws.gov.za](https://www.dws.gov.za) or [Time and Date.com](https://www.timeanddate.com)

August daylight hours continue their upward march, from 10h 55m on the 1st to 11h 34m on the 31st an increase of 39 minutes.

Rainfall by month for the past year	
Aug '23	0.0
Sep '23	1.0
Oct '23	53.0
Nov '23	77.0
Dec '23	82.5
Jan '24	128.5
Feb '24	73.8
Mar '24	39.0
Apr '24	116.0
May '24	25.0
Jun '24	3.0
Jul '24	0.0
Total	598.8

July rainfall over the years	
2013	0.0
2014	3.5
2015	6.0
2016	12.5
2017	1.0
2018	1.0
2019	0.0
2020	0.0
2021	0.0
2022	0.0
2023	5.0
2024	0.0
Average	2.4

August 2024 Sunrise, Sunset, and Moon Phases				Day Length
1	06:46	17:41		10:55
2	06:46	17:42		10:56
3	06:45	17:42		10:57
4	06:44	17:43	New	10:59
5	06:44	17:43		10:59
6	06:43	17:44		11:01
7	06:42	17:44		11:02
8	06:42	17:45		11:03
9	06:41	17:45		11:04
10	06:40	17:46		11:06
11	06:39	17:46		11:07
12	06:38	17:46	First Qtr.	11:08
13	06:38	17:47		11:09
14	06:37	17:47		11:10
15	06:36	17:48		11:12
16	06:35	17:48		11:13
17	06:34	17:49		11:15
18	06:33	17:49		11:16
19	06:32	17:50	Full	11:18
20	06:31	17:50		11:19
21	06:31	17:50		11:19
22	06:30	17:51		11:21
23	06:29	17:51		11:22
24	06:28	17:52		11:24
25	06:27	17:52		11:25
26	06:26	17:53	Last Qtr.	11:27
27	06:25	17:53		11:28
28	06:24	17:53		11:29
29	06:23	17:54		11:31
30	06:22	17:54		11:32
31	06:21	17:55		11:34





ResCom Funds

by Cecil Fann

ResCom Vice Chairman & Finance & Treasury Portfolio



The 45th 100 Club draw has been deferred to August 2024 while Trevor and Heather enjoy their visit to family in the USA.

Collections are underway for this event, so please buy your tickets before the 10th August.

Social function expenses will undoubtedly increase in July as a number of entertaining functions have been planned.

As always, transactions in the fund will be willingly clarified if required.

	<u>INCOME</u>	<u>EXPENSES</u>	<u>BALANCE</u>
Funds on hand at 31/05/2024			14 707.02
Plants for Common Area		262.50	
Waterhole Stock Purchase	2 000.00	4 200.00	
Catering Service Fee (May)		759.00	
Bank Charges		90.75	
Interest Received	6.96		
Funds on hand at 30/06/2024	2 006.96	5 312.25	11 401.73 *

Reserved Funds

Unutilised Lyn Huddy Memorial Fund	(114.90)
Unutilised Library Donation	(1 000.00)
Unutilised Library Functions Budget	(500.00)
Unutilised Hospitality Portfolio Budget	(2 000.00)
Unutilised 2023 Arbour Day Contributions	(514.55)
Unutilised Christian Fellowship Group Donation	(162.75)
45 th 100 Club Prizes	(650.00)
Waterhole Loan Account funds held for future expenses	(535.88)
Catering for 2024 RAC (Estimate)	(4 500.00)
New Residents Welcome (Monthly Estimate)	(230.00)
TOTAL RESERVED FUNDS	(10 208.08)

Funds available after reserves	1 193.65
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Memo: Funds on hand made up as:

Bank accounts:	Business Account	6 219.56	
	Savings (Call) Account	1 266.57	7 486.13
Cash			3 915.60
			11 401.73 *



Safety at Petrol Stations

Security



Dave Nesbitt

24/7 Security Services is concerned about the significant surge in incidents and crimes at petrol stations

For many people, a petrol station is a place where they can stop if they need to rest during a long trip or grab a quick bite to eat while filling up their vehicle's petrol tank. Petrol stations have given consumers a false sense of comfort and safety because they're familiar with. They are open 24/7, and you are always guaranteed to find people there. However, it is important not to let your guard down when visiting one.

There is a growing trend of petrol stations being used as hotspots for hijacking or robberies as criminals target cash, ATMs, customers' vehicles, and cell phones.

It's crucial to remember that criminals often strike when you least expect it, and petrol stations are no exception. Despite the familiar and seemingly safe environment, it's essential to maintain constant vigilance, especially after a long trip.



Staying safe at a petrol station:

- When you approach a petrol station, and something looks suspicious, rather drive off.
- Doors and passenger windows must be closed at all times, and the boot must be locked. Leaving passenger doors unlocked is an invitation to steal goods lying loose or to hijack a vehicle.
- Ensure you are aware of your surroundings at all times.
- Act in a way that you would if you know you are being watched because you are probably being watched.
- Do not use your cell phone while filling up; this distracts you from being aware of your surroundings. It also makes you a target for cell phone snatchers.
- Do not get out of your vehicle, leaving your keys in the ignition. The petrol caps on most vehicles can be opened without the key, and motorists tend to relax and leave the key in the ignition.
- Do not leave your doors unlocked when you go inside a convenience store, no matter how safe it may seem.
- Remember that even after you have left the fuel station you should remain vigilant as you could still be a target. Criminals might still follow you home from the petrol station and rob you.

It is important for motorists to understand that most petrol stations are not always equipped to manage risk, and petrol attendants are unarmed.

Nature & Birding Group

There is no charge to join the group, anyone can come to the quarterly meetings.

NEXT NATURE & BIRDING GROUP MEETING: Tuesday 6th August 2024 – we meet at 10am for tea and eats. This will be followed at 10.30am by a talk by Sara Orchardson from Eco Solutions who will give a talk on Owls and the work they do at Ecosolutions. Ecosolutions is passionate about conservation and Sara would be honoured to give a talk on owls, bats and sustainable pest management practices to the residents of Evergreen Lifestyle Estate. This will be followed by a short walk around Evergreen to look at the owl box that we do have.

The below owls who have been fed and looked after for a few weeks have now been released. A success story.

Sometime next year Sara will return to give a presentation on the work they do in educating people about the part owls play in the natural environment and the work Ecosolutions do in the townships.

The two Barn Owls in their enclosure at dusk



WORKS ON BOTTOM DAM – The red pipe is draining water out of the dam. At present excess mud is being dredged out manually to make room for deeper water. The two Cape Wagtails and Common Moorhen are looking on and searching for a morsel to eat. The Common Moorhen caught a tiny fish, and we watched as the fish was being bashed on the sand. I didn't know that the Common Moorhen caught fish, so I looked it up and here is what they eat: Common moorhens have an omnivorous diet. They feed on a wide variety of vegetable material, seeds, and small aquatic creatures. The birds will also consume small fish, algae, insects, tadpoles, grass, berries, worms, and even snails. Cape Wagtails eat mainly insects, especially flies but also other invertebrates, grass seeds, tadpoles, small fish and scraps of human food.

Common Moorhen with tiny fish in mouth



Two Cape Wagtails picking at the mud



For more information on the Nature and Birding Group please contact:
Heather Mutch on 1080;
083 7897 311
Or Lisa Nuttall on 11020;
071 007 4658



Submitted by Norma Johnston



Recipes from our Residents

Mini Quiche

1. Prepare 12 size muffin pan (as deep as possible) with spray cooking.
2. Cut square of thawed frozen puff pastry – roll slightly on floured board.
3. Cut out circles with cookie cutter (large enough to fit securely into muffin holes and not leaving gaps at top where egg mixture can seep under).
4. Chop approximately half large onion into small pieces – fry in little oil.
5. Grate appropriate amount of cheddar cheese (strong flavour) and perhaps small amount of blue cheese to give a zing).
6. Beat one or two eggs and make up to 250 ml (approx.) with milk and or cream. Season with salt, pepper and perhaps cayenne.
7. Put small amount of cooked onion and cheese into each pastry case.
8. Spoon the egg mixture (evenly) into each muffin case – you can add drop of milk if necessary.
9. Put into pre-heated oven (approximately 190°) and bake until golden brown about 25 minutes. but don't overcook.

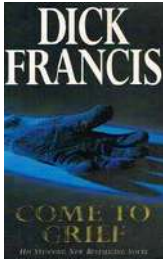
Notes

The pastry can be rolled, cut and kept in fridge ahead of time. Filling can be prepared the night before to save time. Use any other additional filling such as bacon, ham etc.

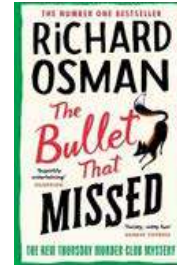
I don't have precise measurement as I have just learnt by trial and error! Use your own judgement.

From the Library

Book Reviews



In our library – Francis 2623



In our library – Osman 2298



submitted by Libby

Come to Grief Dick Francis

Dick Francis, one of my all-time favourite authors, was a British steeplechase jockey and crime writer whose novels centre on horse racing in England. After wartime service in the RAF, Francis became a full-time jump jockey, winning over 350 races and becoming the champion jockey of the British National Hunt. He died in 2010, and his son Felix continues to write books under his father's name.

Dick Francis' books still remain popular today due to his lucid style, expert crafting and his gift for sustaining suspense. But he also writes with sympathy and understanding for his characters.

In **Come to Grief** Sid Halley, the ex-champion jockey turned investigator is back. He has uncovered an obnoxious crime committed by a friend; a friend whom he and many others held in high regard and affection. Bringing this 'friend' to justice was a hard and miserable affair for Sid, who troubled, yet courageous and unwilling to admit defeat, continued to investigate.

The Bullet That Missed Richard Osman

This book is a must read, delightful, quirky and in the words of one reviewer, *'Twisty witty fun'*. It's the third in the **Thursday Murder Club** series. Set in a peaceful retirement village, four unlikely friends meet up once a week to investigate unsolved murders. Trouble is never far away when these friends start investigating. In this story it's a decade-old cold case, a murder with no body and no answers. As it is often said, **'never underestimate the older folk'** and these friends certainly prove that sentiment correct.

Richard Osman writes in an entertaining and captivating way; he draws the reader into the lives, loves and aspirations of the different characters. I really didn't want this book to end. However while it did eventually end, there are several more in the series that I am looking forward to read.

'There can be no greater gift than that of giving one's time and energy to help others without expecting anything in return'

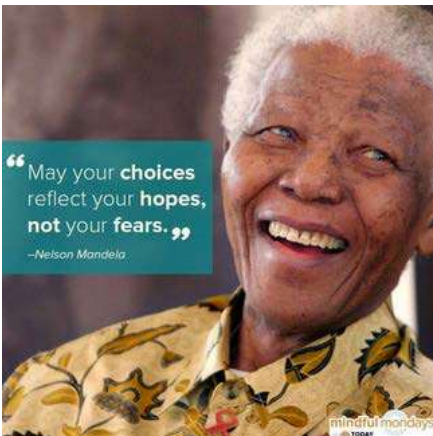


**NELSON
MANDELA**

DAY™



Nelson Mandela Day, celebrated on 18 July, honours the legacy of Nelson Mandela, South Africa's first black president and a global symbol of peace and justice. Designated by the United Nations in 2009, the day marks Mandela's birthday and encourages people worldwide to take action and inspire change in their communities. It is a call to devote 67 minutes of their time—one minute for each year of Mandela's public service—to making a difference, reflecting Mandela's 67 years fighting for social justice, human rights, and democracy. This day serves as a reminder of the power of collective action in creating a fairer and more equitable world.



Nelson Mandela's prison number, 46664, became a powerful symbol of his long struggle against apartheid. Assigned to him upon his arrival at Robben Island Prison in 1964, the number signifies he was the 466th prisoner admitted in 1964. Mandela spent 18 of his 27 years of imprisonment on Robben Island, enduring harsh conditions but emerging with an unwavering commitment to justice and equality. The number 46664 transcended its original context, becoming a global emblem of Mandela's fight for freedom. It inspired the 46664 campaign, which raises awareness and funds for HIV/AIDS prevention and treatment, reflecting Mandela's enduring legacy of compassion and activism.

EVENTS



Chef Neo & Team



Colin Grenfell



Brenda Brophy



Anniversaries
Social 3 July



Hennie & Marion du Preez - Unit 72
Graham & Pru Hall - Unit 103
Adi Gough - Unit 70



Baked and beautifully decorated by Judy Stewart



Chappy & Sue Hartley - Acacia Unit A5



Celebrating with Sue & Chappy



Thank you Jimmy
for 'Tinkling the keys' which
made the evening
more special





Chef Neo & Team



Brenda Brophy

*Sunday lunch
followed by Wimbledon
14 July*





Sunday lunch followed by Wimbledon 14 July



Raffle arranged by Dennis Allen

Raffle Winners



Good Morning Dennis

On behalf of ResCom I write to thank you for the most generous donation of R1 000 you made to ResCom funds.

The fund was established in February 2013 for the purpose of funding residents' activities not met by Evergreen, and as a means of administering the collection and distribution of funds derived from ResCom appeals and the R100 Club.

It gives me pleasure to say that in this regard the fund has performed satisfactorily, but the ravages of inflation are apparent.

Your donation has done much to bolster the present position.

Sincerely

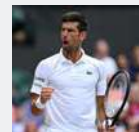


Cecil Fann
ResCom Treasurer

- Carlos Alcaraz
Edna Grenfell – R1,000



- Jenny Hammond – Novak Djokovic
R500.00



- Barbara Black – Lorenzo Musetti
R100



- Trevor Morgan – Daniil Medvedev
R100



- Donated to ResCom – R1000





Chef Neo & Team



Brenda Brophy



Kiloran Townsend



James Allen



Christmas in July



What a wonderful evening it was for our Christmas dinner in July! Residents decorated the tables, the twinkling lights created a wonderful ambience, and Jimmy created perfect background music. Added to that, the sumptuous meal presented by Chef Neo served by his team, together with Evergreen Staff, made it a perfect experience for us all.





What's
Happening
in



Women's Day
Sunday Lunch
25 August @ 12 pm



Shuttle Bus
7. 14. 17. 21 & 28
August @ 9am



Bingo
23 August @ 2:30 pm



Line Dancing
2. 9. 16 & 23
August @ 9 am



7. 14. 21 & 28
August
@ 2 pm



Christian Fellowship
14 & 21 August
@ 2:30 pm



Village Fire Drill
27 August
@ 10:30 am



Movie Night
1. 8. 15. & 22
August @ 6 pm
Titles to be announced by
Chris Edwards



Birthdays / Anniversaries August 2024


Hennie du Preez	1st
Eileen Mc Lintock	1st
Nora Quinn	2nd
Dale Gee	4th
James Goodwin	5th
Sharyn Breval	6th
Trevor Morgan	8th
Anthony Pitman	9th
Hester Kilian	9th
Pat Duthoit	13th
Dick Sheppard	15th
Daphné Larkin	16th
Isabella Labuscagne	18th

Prudence Hall	20th
Harold Black	21st
Sue Edwards	22nd
Cliff Preacher	24th
Peter Hubner	27th
George Privett	27th
Graeme Smith	27th
Coila Kneen	28th
Alex Niven	28th
Brenda Brophy	30th

Anniversaries

Colin & Edna Grenfell	4th
Chris & Linda Brennan	14th
Chris & Sue Edwards	26th



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1 9am Yoga 10am Visual Music # 81 10am Art Class 2pm Bridge 2:30 Rummikub 3pm Pétanque 6pm Movie Night	2 9am Line Dancing 10:30am Bible Study 12:30pm Fish and Chips 5pm Waterhole	3 3pm Pétanque	4
5 9am Water Aerobics 1 9:45am Water Aerobics 2 10am Knit & Natter 1pm Bridge 5pm Men's Pool / Snooker & Waterhole	6 9am Therapeutic Exercise Class 2pm Rummikub 2:30pm Scrabble 5pm Ladies Pool & Waterhole	7 8:15 Lower back group class 9am Dainfern Shopping Center  shuttle 9:15 Walking group class 11:15 Hip and knee group 2:00 Canasta 2:30 pm Christian Fellowship 6pm Social Dinner	8 8am Therapeutic Exercise 9am Yoga 10am Visual Music # 81 10am Art Class 13:00 2pm Bridge 2:30 Rummikub 3pm Pétanque 6pm Movie Night	9 Woman's Day Public holiday 9am Line Dancing 10am Visual Music # 81 10:30am Bible Study 12:30pm Fish and Chips 5pm Waterhole	10 3pm Pétanque	11
12 9am Water Aerobics 1 9am House of Sheba Clothing 9:45am Water Aerobics 2 10am Knit & Natter 1pm Bridge 5pm Men's Pool / Snooker & Waterhole	13 9am Therapeutic Exercise Class 2pm Rummikub 2:30pm Scrabble 2:30pm Craft Class 5pm Ladies Pool & Waterhole	14 8:15 Lower back group class 9am Chartwell Shopping Centre  shuttle 9:15 Walking group class 11:15 Hip and knee group 2:00 Canasta 2:30pm Christian fellowship group 6pm Social Dinner	15 9am Yoga 10am Visual Music # 81 10am Art Class 12:00 ANNUAL GENERAL MEETING 2pm Bridge 2:30 Rummikub 3pm Pétanque 6pm Movie Night	16 9:30am Line Dancing 10:30am Bible Study 12:30pm Fish and Chips 5pm Waterhole 	17 3pm Pétanque	18
19 9am Water Aerobics 1 9:45am Water Aerobics 2 10am Knit & Natter 1pm Bridge 5pm Men's Pool / Snooker & Waterhole	20 9am Therapeutic Exercise Class 2pm Rummikub 2:30pm Scrabble 5pm Ladies Pool & Waterhole	21 8:15 Lower back group class 9am Nicolway Shopping Centre  shuttle 9:15 Walking group class 11:15 Hip and knee group 02:00 Canasta 6pm Social Dinner	22 9am Yoga 10am Art Class 2pm Bridge 2:30 Rummikub 3pm Pétanque 6pm Movie Night	23 9:30am Line Dancing 10:30am Bible Study 12:30pm Fish and Chips 2:30 pm BINGO 5pm Waterhole	24 3pm Pétanque	25 12:00 Woman's Day Sunday Lunch
26 9am Water Aerobics 1 9:45am Water Aerobics 2 10am Knit & Natter 1pm Bridge 5pm Men's Pool / Snooker & Waterhole	27 9am Therapeutic Exercise Class 10:30 Village Fire drill 2pm Rummikub 2:30pm Scrabble 2:30pm Craft Class 5pm Ladies Pool & Waterhole	28 8:15 Lower back group class 9am Dainfern  Shuttle 9:15 Walking group class 11:15 Hip and knee group 02:00 Canasta 6pm Social Dinner	29	30		

AUGUST 2024 - LUNCH MENUS

Resident Name: _____

Unit Number: _____

Please indicate your meal choices by writing the number of meals in the block next to the meal and indicating if you are choosing sit down, collect, or have your meal delivered. Also please indicate the number of meals.

	Week 1	week 2	week 3	week 4	week 5
MONDAY		05-Aug Chicken penne alfredo, slow roasted cherry tomato, rich white wine veloute, & green salad R72,00	12-Aug Chicken Picatta with mushroom and thyme sauce, on pasta and roasted vegetables R72,00	19-Aug Feta and spinach stuffed chicken, baked garlicky mushrooms, ginger herby carrots & smashed potato R72,00	26-Aug Pork enchilada, sour cream, Avo, tomato coriander salsa roast new potato and pickle salad R72,00
TUESDAY		06-Aug Baked Beef Kofta & tomato sauce on a bed of crispy potatoes, stir-fried vegetables and an Italian fresh salad R72,00	13-Aug Classic Beef Meat loaf on creamy herb polenta, tomato basil sauce and honey and garlic roasted carrots & peas R72,00	20-Aug Pork and orange broccoli grain bowl, stir-fried veg, finished off with an apple gravy R72,00	27-Aug Chive mash topped beef and Guinness pie with a zesty leaf salad & glazed carrots & peas R72,00
WEDNESDAY		07-Aug Roast pork with sweet potato disks, orange sauce, curried cauliflower & peas and a tomato & pepper salad R72,00	14-Aug Bacon wrapped chicken breast, crispy potato, paprika and cream cheese sauce with grilled green beans. Basil pesto marinated tomato salad R72,00	21-Aug Beef and pearl onion Pie with roasted pumpkin & sautéed cabbage, and a chickpea, red onion salad R72,00	28-Aug Chicken panzanella with basil, black olives with a creamy chive hassle back potato and roasted med vegetables R72,00
THURSDAY	01-Aug Balsamic roast pork tenderloin, thyme gravy, butternut mash, steamed broccoli waldorf salad R72,00	08-Aug Ox liver, sautéed green beans and onions, sautéed rosemary dusted potatoes with a mushroom and red wine sauce R72,00	15-Aug Hungarian style pork casserole with buttered fettuccini, pan-fried zucchini & butternut and mushroom R72,00	22-Aug Southern Italian- style chicken with fennel, cinnamon and chilli, served with couscous, citrus roasted sweet potato R72,00	29-Aug Ox liver, bacon & mushrooms, creamy parsley potato mash, grilled zucchini, sweet roasted carrots R72,00
FRIDAY	02-Aug Grilled or deep- fried Hake, with chips or baked potato, tartar sauce, mushy minted peas and garden salad R92,00	09-Aug Grilled or deep-fried Hake with chips or baked potato, tartar sauce, carrot and pineapple salad and garden salad R92,00	16-Aug Grilled or deep- fried Hake with chips or baked potato, tartar sauce, pea and sweet corn salad and garden salad R92,00	23-Aug Grilled or deep- fried Hake with chips or baked potato, tartar sauce, coleslaw and garden salad R92,00	30-Aug Grilled or deep fried hake, with tartar sauce, chips, or baked potato, garden salad and waldorf salad R92,00

Number of standard meals selected = _____ @ R72.00 per meal = R _____
 Number of Friday meals selected = _____ @ R92.00 per meal = R _____



AUGUST 2024 SOCIAL DINNER MENU'S

	Starter on the tables	Main Course Option 1	Main Course Option 2	Dessert
Wednesday – 07 Aug 2024	Hearty vegetable soup with parsley cream & croutons	Sweet and sour crispy pork with stir-fried noodles, stir-fried noodles, Asian sesame potatoes R95.00	Chicken korma, garlic roti, traditional sambals, vegetable biryani R85.00	Crème caramel, toffee fresh fruit R45.00
Wednesday - 14 Aug 2024	Tomato and basil soup with crispy basil and cream and croutons	Beef stroganoff with creamy mash, roasted butternut & broccoli bake & savoury rice – R95.00	Chicken and orange chicken casserole, parsley baby potatoes, broccoli bake & roasted butternut R85.00	Fruit Salad topped with orange mousse, roasted white chocolate crumble R45.00
Wednesday – 21 Aug 2024	Cauliflower & Blue cheese soup, butter croute	Braised Oxtail, butter beans, glazed carrots and green beans with creamy polenta – R135.00	Chicken Cacciatore, tomato & mushrooms, glazed carrot and grilled green beans with creamy polenta R85.00	Crème brulee tart, chocolate ice cream – R45.00
Wednesday 28 Aug 2024	Potato and leek soup with crispy leeks, cream	Roasted pork neck, gravy, apple sauce, seasonal buttered vegetable & creamed spinach Potato gratin R90	Chicken parmesan with tomato basil sauce, roasted vegetables, buttered tagliatelle R85	Vanilla ice cream and chocolate sauce with fresh fruit R45

**PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.
PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD**

**Please book at Reception with Tshwanelo only on EXT 1200
between 08:00 and 17:00.
Please book by 17:00 on Monday**



Women's day Sunday lunch 28 August 2024

Table starter to share

Basil pesto marinated twisted Greek salad
with balsamic and olive oil.
Served with an olive and rosemary focaccia

Buffet mains

Roasted rosemary beef roast with red wine mushroom jus
Greek lemon chicken
Roasted cinnamon sweet potato and carrots
Mushroom and artichoke stroganoff
Sauté seasonal veg
Broccoli and cauliflower
Savory rice

Sweet temptations

Pink berry tiramisu
Local cheese board with crackers and preserves
Espresso and dark chocolate pudding with vanilla custard
Fresh fruit salad with berries coulis
Ice cream station

Residents: R195

Visitors: R185

Kids: R120

Pre pay to secure your booking by Tuesday 20th August 2024 at 17h00 with Tshwanelo.

No tables will be book without proof of pre-payment. Cancellations will not be refunded.