



## Latest News



**The Bright Black Solar installation program** is in full swing with installation of panels happening over the next three weeks. Over 700 panels will be installed on the Lifestyle Centre roof as well as Acacia and Bushwillow roofs.

Residents are asked to please be aware of cordoned off areas and to not break through the barriers and wander into the contractors work areas. This causes a health and safety issue and causes all work to cease until the area has been made safe again. These interruptions are causing delays which puts the contractors behind schedule and places residents in danger. Please bear with us and comply with barricades and access restriction.

Apartment residents that will not be able to use the washing lines for the next three weeks are reminded of the Laundry service that is available for drying of washing.

A culture is strong when people work with each other, for each other.

A culture is weak when people work against each other, for themselves.

# Weekly P L A N N E R

## Monday | 01 JULY

9h00 Water Aerobics 1  
9h45 Water Aerobics 2  
10h00 Knit & Natter  
13h00 Bridge  
17h00 Men's pool/ Snooker & Waterhole

## Tuesday | 02 JULY

9h00 Therapeutic Exercise Class  
14h00 Rummikub  
14h30 Scrabble  
17h00 Ladies Pool & Waterhole

## Wednesday | 03 JULY

8h15 Lower backgroup class  
9h00 **Broadacres Shopping Centre**



9h15 Walking group Class  
10h15 Frail Care keep active class  
11h15 Hip and knee group  
18h00 Social Dinner

## Thursday | 04 JULY

9h00 Yoga  
10h00 Visual Music #81  
10h00 Art Class  
14h00 Bridge  
14h30 Rummikub  
15h00 Pétanque  
18h00 Movie Night

## Friday | 05 JULY

9h30 Line Dancing  
10h30 Bible study  
12h30 Fish & Chips  
17h00 Waterhole

## Saturday | 06 JULY

15h00 Pétanque

## Sunday | 07 JULY

16h30 Soup & Rolls  
17h00 Movies : Lawrence of Arabia



EVERGREEN  
lifestyle  
broadacres

# LET'S CELEBRATE!

*Count your age by friends, not years.*

*Count your life by smiles, not tears. — John Lennon*



## BIRTHDAYS

1st Dave Nesbitt  
3rd Margo Clarkson  
5th Dennis Allen  
6th Robert Haselum  
6th Thomas Kneen

## ANNIVERSARIES

1st Stewart & Loraine Phillips  
2nd Hennie & Marion Du Preez  
2nd Graham & Prudence Hall  
3rd Chappy & Sue Hartley



# WHAT'S ON THE MENU?



## THE BISTRO

### MONDAY - 01 JULY

Chicken mushroom & basil pesto pasta bake, garden salad - R72

### TUESDAY - 02 JULY

Apple baked pork, braised red cabbage, sauteed baby potatoes with steamed broccoli - R72

### WEDNESDAY - 03 JULY

Chicken schnitzel, glazed carrots, herbed potato wedges, cheese sauce and a garden salad - R72

### THURSDAY - 04 JULY

Seared ox liver with mushroom and rosemary sauce, roasted potatoes and green beans & red onions - R72

### FRIDAY - 05 JULY

Grilled or deep fried Hake, with chips or baked potato, tartar sauce, mushy minted peas and garden salad - R92

OPEN DAILY 08H00 - 16H00  
DAILY MEAL ORDERS BY 16:00 THE PRIOR DAY  
BOOK ON EXT 1209





**WEDNESDAY - 03 JULY 2024  
SOCIAL DINNER**

**STARTER**

**Butternut soup with cinnamon cream**

**MAIN COURSE**

**Beef sirloin, red wine jus, grilled mixed vegetables  
, potato dauphinoise - R95**

**OR**

**Chicken korma  
garlic naan, traditional sambals, vegetable biryani - R85**

**DESSERT**

**Creme caramel, toffee, fresh fruit  
R45**

**BOOK BY 01 JULY 2024 AT 17:00 WITH TSHWANELO ON EXT 1200**



# THE HAIR STUDIO

By Lana & Nicci



## July Special: Wash and blow wave on Tuesday & Fridays - **R100.00**

- Book now with reception

### GENTS

Cut	R 130
Cut & Shave	R 150
Shave	R 100

### LADIES

Wash	R 70
Wash, Set and Blow-dry	R 200
Spray, Cut and Quick Dry	R 150
Wash, Cut, Set and Blow-dry	R 220
Perm Short Hair	R 360
Perm Medium Hair	R 390
Perm Long Hair	R 450
Half Head, Cut, Blow-Dry & Set	R 400
Full Head, Cut Blow-Dry & Set	R 430
Own Colour, Treatment, Cut & Blow	R400
Tint, Cut, Set and Blow-Dry	R 430
Tint With own Colour & Set	R 380
Tint With own Colour, Set & Blow-Dry	R 400

Highlights



**Free  
Cappuccino  
with all Friday  
bookings**

Available for bookings on Tuesdays and Fridays in the Salon  
Bookings to be made with Tshwanelo at reception On Ext 1200



# **SHOPPING SHUTTLE**

## **WEDNESDAY 03 JULY 2024**



**The bus will pick you up at 09:00 from the Village.  
Driver will wait till 11:30 to bring you back to the Village.**

# **Broadacres Shopping Centre**

**Cost: R50.00 per person per trip.  
This will be charge to your levy account.  
No cash / No shows will be charged**

**Please book your seat with Tshwanelo at Reception  
on EXT 1200 by Monday at 17:00**





# Art Classes

**Professional Artist; Naz Ashdam teaches:  
art classes on various mediums such as  
painting / sketching / sculpting**



**Relaxing and therapeutic guided art classes**

**every Thursday from 10:00 – 13:00**

**R800.00 per month = R66.66 per hour**

**Contact: 082 920 8135**





# Sunday LUNCH



14 JULY 2024

## *Starters*

Mushroom and basil soup with biltong dust,  
basil chips and basil cream  
served with bread rolls and butter

## *Mains off the Buffet*

Roasted beef rump with roasted baby onions  
& thyme and rosemary jus  
Crusted baked line fish with lemon butter sauce  
Maple roasted butternut with feta  
Roasted Potatoes  
Braised winter vegetables  
Savoury Rice  
Broccoli and cauliflower au gratin  
Salad bar with dressing and condiments

## *Dessert*

Eton mess  
Chocolate mousse brownies  
Ice cream station with berry coulis  
Fresh fruit salad in aromatic custard  
Chocolate and caramel sponge pudding  
with chocolate custard

Resident R185pp  
Visitors - R 195pp  
Kids - R130 per child

Pre pay to secure your booking by Wednesday 10 July 2024