## **Latest News**



The Bright Black Solar installation program is in full swing with installation of panels happening Over the next three weeks. Over 700 panels will be installed on the Lifestyle Centre roof as well as Acacia and Bushwillow roofs.

Residents are asked to please be aware of cordoned off areas and to not break through the barriers and wander into the contractors work areas. This causes a health and Safety Issue and causes all work to seize until the area has been made safe again. These interruptions is causing delays which puts the contractors behind schedule and places residents in danger. Please bear with us and Comply with barricades and access restriction.

Apartment residents that will not be able to use the washing lines for the next three weeks are reminded of the Laundry service that is available for drying of washing.

A culture is strong when people work with each other.

A culture is weak when people work against each other, for themselves



#### Monday | 01 JULY

#### Tuesday | 02 JULY

9h00 Water Aerobics 1 9h45 Water Aerobics 2 10h00 Knit & Natter 13h00 Bridge 17h00 Men's pool/ Snooker & Waterhole

9h00 Therapeutic Exercise Class 14h00 Rummikub 14h30 Scrabble 17h00 Ladies Pool & Waterhole

#### Wednesday | 03 JULY

#### Thursday | 04 JULY

8h15 Lower backgroup class 9h00 **Broadacres Shopping Centre** 



SHUTTLE

10h00 Visual Music #81 10h00 Art Class

9h15 Walking group Class 10h15 Frail Care keep active class 11h15 Hip and knee group 18h00 Social Dinner 14h00 Bridge 14h30 Rummikub

15h00 Pétanque 18h00 Movie Night

#### Friday | 05 JULY

#### Saturday | 06 JULY

9h30 Line Dancing 10h30 Bible study 12h30 Fish & Chips 17h00 Waterhole

15h00 Pétanque



#### Sunday | 07 JULY

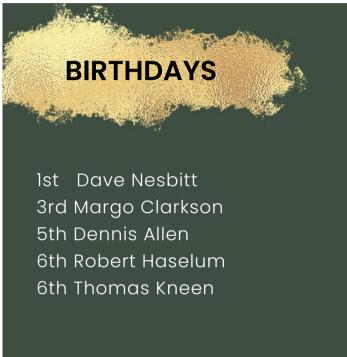
16h30 Soup & Rolls 17h00 Movies : Lawrence of Arabia

## LET'S CELEBRATE!

Count your age by friends, not years.

Count your life by smiles, not tears. — Fohn Lennon









# WHAT'S ON THE MENU?

#### THE BISTRO

#### MONDAY - 01 JULY

Chicken mushroom & basil pesto pasta bake, garden salad - R72

#### TUESDAY - 02 JULY

Apple baked pork, braised red cabbage, sauteed baby potatoes with steamed broccoli - **R72** 

#### WEDNESDAY- 03 JULY

Chicken schnitzel, glazed carrots, herbed potato wedges, cheese sauce and a garden salad - **R72** 

#### THURSDAY - 04 JULY

Seared ox liver with mushroom and rosemary sauce,roasted potatoes and green beans & red onions - **R72** 

#### FRIDAY- 05 JULY

Grilled or deep fried Hake, with chips or baked potato, tartar sauce, mushy minted peas and garden salad - **R92** 

OPEN DAILY 08H00 - 16H00 DAILY MEAL ORDERS BY 16:00 THE PRIOR DAY BOOK ON EXT 1209



#### WEDNESDAY - 03 JULY 2024 SOCIAL DINNER

#### **STARTER**

Butternut soup with cinnamon cream

#### **MAIN COURSE**

Beef sirloin,red wine jus,grilled mixed vegetables ,potato dauphinoise - R95

OR

Chicken korma garlic naan,traditional sambals,vegetable biryani –R85

#### **DESSERT**

Creme caramel,toffee,fresh fruit R45

BOOK BY 01 JULY 2024 AT 17:00 WITH TSHWANELO ON EXT 1200



## THE HAIR STUDIO

By Lana & Nicci

## July Special: Wash and blow wave on Tuesday & Fridays - R100.00

- Book now with reception

#### **GENTS**

Cut & Shave R 150 Shave R 100



Free
Cappuccino
with all Friday
bookings

#### **LADIES**

Wash	R 70
Wash, Set and Blow-dry	R 200
Spray, Cut and Quick Dry	R 150
Wash, Cut, Set and Blow-dry	R 220
Perm Short Hair	R 360
Perm Medium Hair	R 390
Perm Long Hair	R 450
Half Head, Cut, Blow-Dry & Set	R 400
Full Head, Cut Blow-Dry & Set	R 430
Own Colour, Treatment, Cut & Blow	R400
Tint, Cut, Set and Blow-Dry Tint With own Colour & Set	R 430 R 380
Tint With own Colour, Set & Blow-Dry	R 400

Available for bookings on Tuesdays and Fridays in the Salon Bookings to be made with Tshwanelo at reception On Ext 1200



## SHOPPING SHUTTLE WEDNESDAY 03 JULY 2024



The bus will pick you up at 09:00 from the Village. Driver will wait till 11:30 to bring you back to the Village.

#### **Broadacres Shopping Centre**

Cost: R50.00 per person per trip.
This will be charge to your levy account.
No cash / No shows will be charged

Please book your seat with Tshwanelo at Reception on EXT 1200 by Monday at 17:00



## **Art Classes**

Professional Artist; Naz Ashdam teaches: art classes on various mediums such as painting / sketching / sculpting



Relaxing and therapeutic guided art classes

every Thursday from 10:00 - 13:00

R800.00 per month = R66.66 per hour

Contact: 082 920 8135



14 JULY 2024

#### Starters

Mushroom and basil soup with biltong dust, basil chips and basil cream served with bread rolls and butter

### Mains off the Buffet

Roasted beef rump with roasted baby onions
& thyme and rosemary jus

Crusted baked line fish with lemon butter sauce
Maple roasted butternut with feta
Roasted Potatoes
Braised winter vegetables
Savoury Rice
Broccoli and cauliflower au gratin
Salad bar with dressing and condiments

#### Dessert

Eton mess
Chocolate mousse brownies
Ice cream station with berry coulis
Fresh fruit salad in aromatic custard
Chocolate and caramel sponge pudding
with chocolate custard

Resident R185pp Visitors - R 195pp Kids - R130 per child