

Latest News



Be serenaded by the melodies of the Johannesburg Opera in their tribute to Puccini

The Johannesburg Opera presents the centennial commemoration of the composer Giacomo Puccini. This special performance pays tribute to the one-hundredth anniversary of Puccini's passing on November 29, 1924, in Brussels, Belgium. Puccini started the operatic trend toward realism with his popular works, among the most often performed in opera history including 'La Bohème', 'Madama Butterfly' and 'Tosca'.

The composer's heart-wrenching Romantic Era melodies are skillfully expressed under the direction of Jozi Opera managing director Phenye Modiane, and through the exceptional talents of some of South Africa's finest opera singers.

Cost: R250pp, book via Quicket

When: Sunday, 30 June from from 3pm

Where: The Northwards House, 21 Rockridge Rd, Parktown, Johannesburg

a day without laughter is a day wasted

Charlie Chapman



SHUTTLE

Monday | 24 JUNE

Tuesday | 25 JUNE

9h00 Water Aerobics 1 9h45 Water Aerobics 10h00 Knit & Natter 13h00 Bridge 17h00 Men's pool/ Snooker & Waterhole 9h00 Therapeutic Exercise Class 9h00 Audiology - Sashni Munnisunker 14h00 Rummikub 14h30 Crafts 14h00 Scrabble 17h00 Ladies Pool & Waterhole

Wednesday | 26 JUNE

Thursday | 27 JUNE

08:15 Lower Back Group

9h00 Yoga 10h00 Art Class 14h00 Bridge 14h30 Rummikub

9:00 Dainfern Shopping Centre

14h30 Rummikub 15h00 Pétanque 18h00 Movie Night

09:15 Walking group
10:15 Frail Care Keep Active Group
11:15 Hip and Knee group
18h00 Social Dinner

Friday | 28 JUNE

Saturday | 29 JUNE

9h30 Line Dancing 10h30 Bible study 12h30 Fish & Chips 17h00 Waterhole 15h00 Pétanque



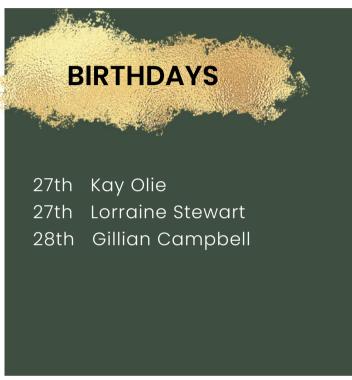
Sunday | 30 JUNE

LET'S CELEBRATE!

Count your age by friends, not years.

Count your life by smiles, not tears. — Fohn Lennon











THE BISTRO

BOOK BY 24 JUNE 2024 AT 17:00 WITH TSHWANELO ON EXT 1200

MONDAY - 24 JUNE

Cape style beef bobotie, chutney roasted beetroot, tumeric rice with steamed veg - **R72**

TUESDAY - 25 JUNE

Chicken a la king, steamed rice, buttered gem squash and mixed vegetables - **R72**

WEDNESDAY- 26 JUNE

Beef lasagna, roasted Cajun potato wedges, garden salad - **R72**

THURSDAY - 27 JUNE

Soy & ginger grilled pork chop, potato wedges, cream spinach and butternut - **R72**

FRIDAY- 21 JUNE

Grilled or deep-fried Hake with chips or baked potato, tartar sauce, coleslaw and garden salad -**R92**

OPEN DAILY 08H00 - 16H00 DAILY MEAL ORDERS BY 16:00 THE PRIOR DAY BOOK ON EXT 1209

WEDNESDAY 26 JUNE 2024 PLATED SOCIAL DINNER

STARTER

Cream of pea and leek soup topped with crispy leeks with garlic bread rolls

MAIN COURSE

Seared chicken roulade, roasted carrot puree, green vegetables, candied bacon crisp, potato croquette and thyme and garlic jus R110

OR

Pan fried hake, new potatoes, grilled green beans, roasted tomato, roasted cauliflower, white wine velouté, pumpkin puree, finished off with a butter sauce – R125

DESSERT

Strawberry pannacotta, crumble, berry sauce, and a vanilla toile R45

THE HAIR STUDIO

By Lana & Nicci

Friday specials



GENTS

Cut & Shave R 150
Shave R 100

Free
Cappuccino
with all Friday
bookings



LADIES

Wash

| Wash, Set and Blow-dry | R 200 |
|-----------------------------|-------|
| Spray, Cut and Quick Dry | R 150 |
| Wash, Cut, Set and Blow-dry | R 220 |
| Perm Short Hair | R 360 |
| Perm Medium Hair | R 390 |
| Perm Long Hair | R 450 |
| Tint, Cut, Set and Blow-Dry | R 430 |
| Tint With own Colour & Set | R 380 |
| Tint With own Colour, | |
| Set & Blow-Dry | R 400 |

Highlights

Half Head, Cut, Blow-Dry & Set R 400 Full Head, Cut Blow-Dry & Set R 430 Own Colour, Treatment, Cut & Blow R400

Available for bookings on Tuesdays and Fridays in the Salon Bookings to be made with Tshwanelo at reception On Ext 1200



SHOPPING SHUTTLE WEDNESDAY 26 JUNE 2024



The bus will pick you up at 09:00 from the Village. Driver will wait till 11:30 to bring you back to the Village.

Dainfern Shopping Centre

Cost: R50.00 per person per trip.
This will be charge to your levy account.
No cash / No shows will be charged

Please book your seat with Tshwanelo at Reception on EXT 1200 by Monday at 17:00



Art Classes

Professional Artist; Naz Ashdam teaches: art classes on various mediums such as painting / sketching / sculpting



Relaxing and therapeutic guided art classes

every Thursday from 10:00 - 13:00

R800.00 per month = **R66.66** per hour

Contact: 082 920 8135