

EVERGREEN BROADACRES

# WHAT'S HAPPENING

NEXT WEEK 17 - 24 June 2024

EVERGREEN  
lifestyle  
broadacres

[www.evergreenlifestyle.co.za](http://www.evergreenlifestyle.co.za)

## Latest News



### Let music warm your heart at the JPO's Winter Symphony Season Concerts

Following a sold-out Summer Season, the Johannesburg Philharmonic Orchestra (JPO) brings an exciting and diverse programme over the winter season. The Winter Symphony Season runs from 30 May to 20 June with concerts taking place every Thursday evening. The programme includes the return of popular conductors, and debut performances by an exciting line-up of soloists.

**Cost:** R170 – R400pp, book via [Quicket](#)

**When:** Running until 20 June, from 7.30pm

**Where:** Wits Linder Auditorium, 27 St Andrews Rd, Parktown, Johannesburg

a day  
without  
laughter  
is a day  
wasted

—  
Charlie  
Chapman

# Weekly P L A N N E R

## Monday | 17 JUNE

### **PUBLIC HOLIDAY**

10h00 Knit and Natter  
13h00 Bridge  
17h00 Pool/Snooker & Waterhole

## Tuesday | 18 JUNE

09h00 Therapeutic Exercise Class  
14h00 Rummikub  
14h30 Scrabble  
17h00 Ladies Pool/Snooker

## Wednesday | 19 JUNE

### **9:00 Shuttle to Nicolway Shopping Centre**



8h15 Lower back group class  
9h15 Walking group  
10h15 Frail Care keep active class  
11h15 Hip and knee group class  
17h00 Social Dinner

## Thursday | 20 JUNE

08h00 Therapeutic Exercise Class  
09h00 Yoga  
10h00 Art Class  
10h00 Visual music #81  
14h00 Bridge & Rummikub  
15h00 Petanque  
18h00 Movie Night

## Friday | 21 JUNE

09h00 Line Dancing  
10h30 Bible Study  
12h30 Fish and Chips  
17h00 Waterhole

## Saturday | 22 JUNE

**10h00 - Medical talk:  
Dr Karen Vukovic (Psychiatrist)  
How to deal with anxiety and  
depression**

15h00 Petanque

## Sunday | 23 JUNE



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# LET'S CELEBRATE!

*Count your age by friends, not years.*

*Count your life by smiles, not tears. — John Lennon*



## BIRTHDAYS

16th Traudi Zauner  
19th Sally Smith  
21st Dave Wulfse  
23rd Norma Johnston

## ANNIVERSARIES

23rd Frederik & Catharina Kraamwinkel





# WHAT'S ON THE MENU?

THE BISTRO

BOOK BY 17 JUNE 2024 AT 17:00  
WITH TSHWANELO ON EXT 1200

**MONDAY - 17 JUNE**

**CLOSED - PUBLIC HOLIDAY**

**TUESDAY - 18 JUNE**

Mild butter chicken , salsa, poppadum, basmati rice , banana & yoghurt salsa - **R72**

**WEDNESDAY - 19 JUNE**

Meat loaf, beef tomato gravy, green beans, saute potatoes and garden salad - **R72**

**THURSDAY - 20 JUNE**

Lemon & thyme chicken pieces , garlic crushed baby potatoes , gravy, meditaranian veg - **R72**

**FRIDAY - 21 JUNE**

Grilled or deep-fried Hake with chips or baked potato, tartar sauce, pea and sweetcorn salad and garden salad-**R92**

OPEN DAILY 08H00 - 16H00  
DAILY MEAL ORDERS BY 16:00 THE PRIOR DAY  
BOOK ON EXT 1209

**WEDNESDAY  
12 JUNE 2024  
SOCIAL DINNER**

**STARTER**

Potato and leek soup, topped with chopped chives and crispy fried crisps

**MAINS:**

Rosemary roasted Beef, glazed carrots, seasonal buttered vegetables, rich red wine jus, herbed potato mash  
**R90.00**

or

Chicken Parmesan, napolitana sauce, herbed mash, root vegetables, broccoli bake  
**R85.00**

**DESSERT:**

Toasted almond Ice cream sundae  
**R45.00**

# THE HAIR STUDIO

By Lana & Nicci

## Friday specials



### GENTS

Cut	R 130
Cut & Shave	R 150
Shave	R 100

### LADIES

Wash	R 70
Wash, Set and Blow-dry	R 200
Spray, Cut and Quick Dry	R 150
Wash, Cut, Set and Blow-dry	R 220
Perm Short Hair	R 360
Perm Medium Hair	R 390
Perm Long Hair	R 450
Tint, Cut, Set and Blow-Dry	R 430
Tint With own Colour & Set	R 380
Tint With own Colour, Set & Blow-Dry	R 400

**Free  
Cappuccino  
with all Friday  
bookings**



### Highlights

Half Head, Cut, Blow-Dry & Set	R 400
Full Head, Cut Blow-Dry & Set	R 430
Own Colour, Treatment, Cut & Blow	R400

Available for bookings on Tuesdays and Fridays in the Salon  
Bookings to be made with Tshwanelo at reception On Ext 1200



# **SHOPPING SHUTTLE**

## **WEDNESDAY 19 JUNE 2024**



**The bus will pick you up at 09:00 from the Village.  
Driver will wait till 11:30 to bring you back to the Village.**

## **Nicolway Shopping Centre**

**Cost: R50.00 per person per trip.  
This will be charge to your levy account.  
No cash / No shows will be charged**

**Please book your seat with Tshwanelo at Reception  
on EXT 1200 by Monday at 17:00**







**JOIN US FOR A TALK BY  
DR KAREN VUKOVIC,  
PSYCHIATRIST ON**

**'Worry worry  
how to deal with anxiety & depression'**



**Saturday. 22 June**

**10:00 am for refreshments for  
the talk @ 10:30am**



# Art Classes

**Professional Artist; Naz Ashdam teaches:  
art classes on various mediums such as  
painting / sketching / sculpting**



**Relaxing and therapeutic guided art classes**

**every Thursday from 10:00 – 13:00**

**R800.00 per month = R66.66 per hour**

**Contact: 082 920 8135**