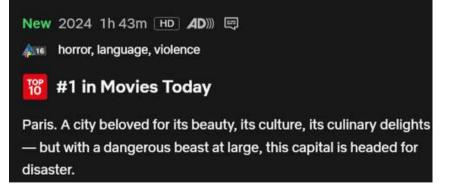


Latest News







Weather & Seasons

The longest day of the year is in June and usually falls on June 20 or June 21. The Summer Solstice ushers in astrological summer and the period between June 1 to August 31 is considered meteorological summer. During this time, the weather is mild across most of the Northern Hemisphere. June's full moon is called the strawberry moon

There is no other month on the calendar that begins on the same day of the week as June. Also, the day of the week the sixth-month ends on is the same day of the week as March every year.

The best revenge is to be unlike him who performed the injury.



Monday | 10 JUNE

Tuesday | 11 JUNE

09h00 Water aerobics 1 09h45 Water aerobics 2 10h00 Knit and Natter 13h00 Bridge 17h00 Pool/Snooker & Waterhole

09h00 Therapeutic Exercise Class 14h00 Rummikub 14h30 Scrabble 14h30 Craft Class 17h00 Ladies Pool/Snooker

Wednesday | 12 JUNE

Thursday | 13 JUNE

9:00 Shuttle to Chartwell Shopping Centre

08h00 Therapeutic Exercise Class 09h00 Yoga

10h00 Art Class

10h00 Visual music #81

14h00 Bridge & Rummikub

15h00 Petanque

18h00 Movie Night



17h00 Social Dinner

Friday | 14 JUNE

Saturday | 15 JUNE

09h00 Line Dancing 10h30 Bible Study 12h30 Fish and Chips 17h00 Waterhole

15h00 Petanque



Sunday | 16 JUNE

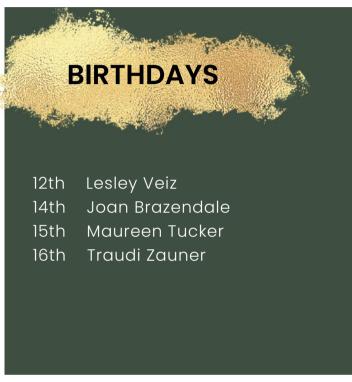
12h30 SUNDAY LUNCH Father's Day

LET'S CELEBRATE!

Count your age by friends, not years.

Count your life by smiles, not tears. — John Lennon











THE BISTRO

BOOK BY 10 JUNE 2024 AT 17:00 WITH TSHWANELO ON EXT 1200

MONDAY - 10 JUNE

Chicken, bacon & mushroom cream taglitali with crusted tomato & garden salad- **R72**

TUESDAY - 11 JUNE

Beef Prego rolls, red onion marmalade, Tomato relish with Chips , roasted corn & red onion salad- **R72**

WEDNESDAY- 12 JUNE

Chicken enchilada , tomato salas , sour cream, cheesy sauce with potato wedges and fresh salad - **R72**

THURSDAY - 13 JUNE

Rosemary crusted pork fillet, sweet and sour sauce with mixed vegetables, roasted potatoes and apple coleslaw **R72**

FRIDAY-14 JUNE

Grilled or deep-fried Hake with chips or baked potato, tartar sauce, carrot and pineapple salad and garden salad-**R92**

OPEN DAILY 08H00 - 16H00 DAILY MEAL ORDERS BY 16:00 THE PRIOR DAY BOOK ON EXT 1209

WEDNESDAY 12 JUNE 2024 SOCIAL DINNER

STARTER

Hearty vegetable soup, topped with sweet corn fritters, chives and cream

MAINS

Pork belly, bean cassoulet, creamed spinach and feta phyllo pie and roasted potatoes, with an apple sauce

R90.00

or

Thai coconut chicken, roasted butternut, jewelled basmati rice, roasted potatoes, tomato salsa & poppadum's

R85.00

DESSERT

Apple crumble with vanilla ice cream

R45.00

THE HAIR STUDIO

By Lana & Nicci

Friday specials



GENTS

Cut & Shave R 150
Shave R 100

Free
Cappuccino
with all Friday
bookings



LADIES

Wash

***************************************	11. 70
Wash, Set and Blow-dry	R 200
Spray, Cut and Quick Dry	R 150
Wash, Cut, Set and Blow-dry	R 220
Perm Short Hair	R 360
Perm Medium Hair	R 390
Perm Long Hair	R 450
Tint, Cut, Set and Blow-Dry	R 430
Tint With own Colour & Set	R 380
Tint With own Colour,	
Set & Blow-Dry	R 400

Highlights

Half Head, Cut, Blow-Dry & Set R 400 Full Head, Cut Blow-Dry & Set R 430 Own Colour, Treatment, Cut & Blow R400

Available for bookings on Tuesdays and Fridays in the Salon Bookings to be made with Tshwanelo at reception On Ext 1200



SHOPPING SHUTTLE WEDNESDAY 12 JUNE 2024



The bus will pick you up at 09:00 from the Village. Driver will wait till 11:30 to bring you back to the Village.

Chartwell Shopping Centre

Cost: R50.00 per person per trip.
This will be charge to your levy account.
No cash / No shows will be charged

Please book your seat with Tshwanelo at Reception on EXT 1200 by Monday at 17:00





JOIN US FOR A TALK BY DR KAREN VUKOVIC. PSYCHIATRIST ON

Worry worry

how to deal with anxiety & depression '

Saturday. 22 June

10:00 am for refreshments for

the talk @ 10:30am







Art Classes

Professional Artist; Naz Ashdam teaches: art classes on various mediums such as painting / sketching / sculpting



Relaxing and therapeutic guided art classes

every Thursday from 10:00 - 13:00

R800.00 per month = **R66.66** per hour

Contact: 082 920 8135

SUNDAY 16 JUNE 2024

FATHER'S DAY LUNCH



MENU:

SOUP

Vegetable Minestrone soup with basil oil, vegetable crisps and herbed cream

Fresh bread on the table with café de Paris butter

MAINS OF THE COALS

Lemon herb and BBQ chicken
Slow roasted pork ribs
Braai wors with a red onion relish
Pap, cheese and bacon tart
Crushed garlic roasted baby tomato
Farm style corn on the cob

SALAD BUFFET

Capers salad
Twisted Greek salad
potato, chive and biltong salad

DESSERT BUFFET

Rum and raisin pudding with aromatic ginger custard Peppermint crisp tart
Natures sweet treat fruit salad Chocolate fudge brownies with Ice cream chocolate sauce

Residents - R175 Visitors R195 Children under 12 yrs - R140

Pre payment to book. Book by 12 June 2024 at 16:00