

EVERGREEN BROADACRES

# WHAT'S HAPPENING

NEXT WEEK 27 May - 2 June 2024

EVERGREEN  
lifestyle  
broadacres

www.evergreenlifestyle.co.za

## Latest News



2024 South Africa elections



Bad leaders

care about

who's right.

Good leaders

care about

what's right.

—

Simon Sinek

# Weekly P L A N N E R

## Monday | 27 MAY

### VILLAGE SPECIAL VOTING DAY IEC in Lifestyle Centre

09h00 Water aerobics 1  
09h45 Water aerobics 2  
17h00 Pool/Snooker & Waterhole

## Tuesday | 28 MAY

### VILLAGE SPECIAL VOTING DAY IEC in Lifestyle Centre

09h00 Therapeutic Exercise Class  
17h00 Ladies Pool/Snooker  
17h00 Waterhole

## Wednesday | 29 MAY

**PUBLIC HOLIDAY - VOTING DAY**

## Thursday | 30 MAY

### 9:00 Shuttle to Broadacres Shopping Centre



08h00 Therapeutic Exercise Class  
09h00 Yoga  
10h00 Art Class  
10h00 Visual music #81  
14h00 Bridge & Rummikub  
15h00 Petanque  
18h00 Movie Night

## Friday | 31 MAY

09h00 Line Dancing  
10h00 Visual Music #81  
10h30 Bible Study  
12h30 Fish and Chips  
17h00 Waterhole

## Saturday | 1 JUNE

15h00 Petanque

## Sunday | JUNE

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# LET'S CELEBRATE!

*Count your age by friends, not years.*

*Count your life by smiles, not tears. — John Lennon*



## BIRTHDAYS

27th Colin Grenfell

30th Merle Gush

30th Jean Gray

June

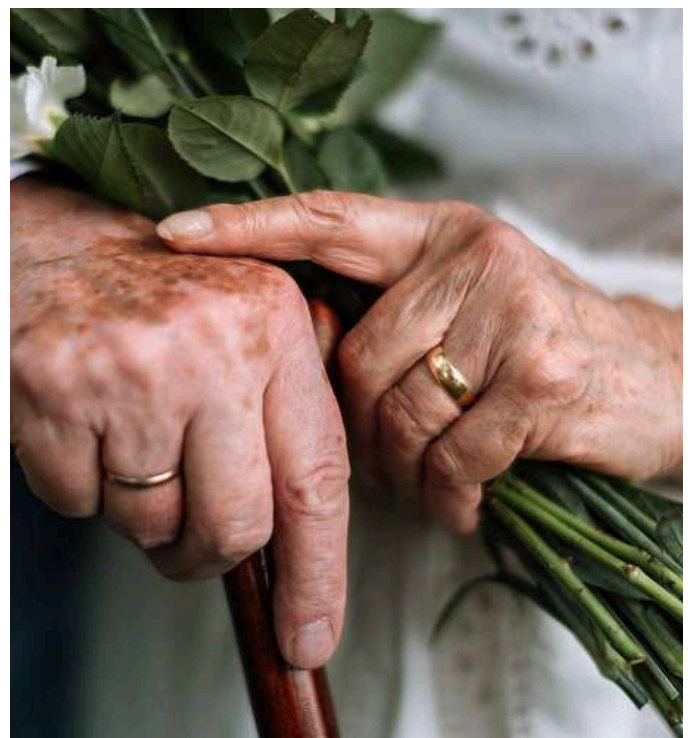
1st Penny Henegan

2nd John Kidd

## ANNIVERSARIES

31st Bryan & Sharyn Breval

31st John & Sheila Schulkins



# WHAT'S ON THE MENU?



## THE BISTRO

### MONDAY - 27 MAY

Pork bangers and mash, onion gravy, carrots and peas- R72

### TUESDAY - 28 MAY

Tagliatelle alfredo with ham, mushrooms and peas served with Greek salad- R72

### WEDNESDAY - 29 MAY

**Bistro closed - Public Holiday**

### THURSDAY - 30 MAY

Cape Bobotie with yellow raisin rice, tomato onion salsa, and banana salad- R72

### FRIDAY - 31 MAY

Grilled or deep-fried Hake with chips, tartar sauce, three bean salad and garden salad-92

#### SPECIAL:

Steamed Mussels, white wine cream garlic sauce

Served with Homemade Olive & Rosemary Focaccia Bread  
or Chips or Side salad or baked potato

**R135**

OPEN DAILY 08H00 - 16H00  
DAILY MEAL ORDERS BY 16:00 THE PRIOR DAY  
BOOK ON EXT 1209

**BOOK BY 28 MAY 2024 AT 17:00  
WITH TSHWANELO ON EXT 1200**

WEDNESDAY  
29 MAY 2024

SOCIAL DINNER

**PUBLIC HOLIDAY**

# THE HAIR STUDIO

By Lana & Nicci

## Friday specials



### GENTS

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Cut	R 130
Cut & Shave	R 150
Shave	R 100

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### LADIES

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Wash	R 70
Wash, Set and Blow-dry	R 200
Spray, Cut and Quick Dry	R 150
Wash, Cut, Set and Blow-dry	R 220
Perm Short Hair	R 360
Perm Medium Hair	R 390
Perm Long Hair	R 450
Tint, Cut, Set and Blow-Dry	R 430
Tint With own Colour & Set	R 380
Tint With own Colour, Set & Blow-Dry	R 400

### Highlights

Half Head, Cut, Blow-Dry & Set	R 400
Full Head, Cut Blow-Dry & Set	R 430
Own Colour, Treatment, Cut & Blow	R400

**Free  
Cappuccino  
with all Friday  
bookings**



Available for bookings on Tuesdays and Fridays in the Salon  
Bookings to be made with Tshwanelo at reception On Ext 1200



**SHOPPING SHUTTLE**  
**THURSDAY 30 MAY 2024**



**The bus will pick you up at 09:00 from the Village.  
Driver will wait till 11:30 to bring you back to the Village.**

## **Nicolway Shopping Centre**

**Cost: R50.00 per person per trip.  
This will be charge to your levy account.  
No cash / No shows will be charged**

**Please book your seat with Tshwanelo at Reception  
on EXT 1200 by Monday at 17:00**



**28 MAY 2024**

# *Gourmet* **Burger** *Day*

**BEEF**



Bacon Jam,  
Crispy Onion,  
Burger Topped with  
blue cheese  
and Mushroom  
Sauce served with  
triple  
fried chips

**R105**

28 MAY 2024

# Burger

Gourmet  
Day

**VEGETARIAN**



Mushroom and haloumi topped with a sweet and spicy relish - served with our in-house Chips

**R90**



28 MAY 2024

# Burger

Gourmet  
Day

**CHICKEN**



Crumbed chicken  
Burger Topped with  
Camembert served  
with Triple fried Chips

**R95**



# HOW THE NHI WILL IMPACT YOUR HEALTHCARE ACCESS & COSTS

South Africans will no longer be required to contribute directly to a medical health scheme to get quality health care.

But what about your medical scheme? Well, they're not going away, but they might change a bit. Instead of duplicating what the NHI offers, they could focus more on giving you extra benefits that complement what the NHI provides.

So, what does this mean for you? It's like trying to balance tradition with something new. You might still rely on your medical scheme for certain things, but you'll also get important services from the NHI.

When the NHI is fully implemented, the role of medical schemes will change, as they will provide cover for services not reimbursable by the NHI Fund.

Discovery Health argues that although it supports the NHI Fund as part of an integrated healthcare model, limiting the role of medical schemes would be counterproductive to the NHI because there are simply insufficient resources to meet the needs of all South Africans: 'Limiting people from purchasing the medical scheme coverage they seek will seriously curtail the healthcare they expect and demand.'

'It poses the risks of eroding sentiment, and of denuding the country of critically needed skills, and is impacting negatively on local and international investor sentiment and business confidence.'

Some objections to the NHI Bill include concerns about the standards of public hospitals, the financial burden of an additional tax on struggling South Africans, and the potential collapse of private medical aid services.

ARTICLE BY:  
CAPETOWN{ETC}.COM

## What is the National Health Insurance (NHI) Bill, and what does it mean to South Africans seated at different sides of the table?

The objective of the NHI Bill is for every South African to have access to quality healthcare regardless of their background or income without worrying about the cost. One public health fund to effectively meet the health needs of the entire country.

The NHI Fund will cover South Africans of all races, rich or poor and legal long-term residents.

Sounds like the perfect utopia, right? But what does it actually mean for you, especially if you're already paying for healthcare?

Before we dive into explaining the NHI Bill, let's first address the hot topic of Ramaphosa just happening to find that special pen on the eve of the elections. Yes, we see what you've done there, Mr President.

On Wednesday afternoon, in a Cape Talk interview, radio host John Maytham interviewed Professor Terrence Kommal of North-West University, a medical doctor and the CEO of Medical Expert Consulting Group, about the impact and reality of the NHI Bill in South Africa.

According to Professor Kommal, South Africa ranks 12th on the world's list of countries offering their citizens free healthcare. So why is there a need for the NHI? To the person who wakes up at 5am to catch two modes of transport and

stands in a line at a dirty healthcare facility for an entire day to see a doctor or get the treatment they need, the idea of a more equitable healthcare system seems like the only way forward. But the problem isn't the lack of free healthcare, it's the quality of our public hospitals, from the infrastructure to the service and care received, and this can only be solved by our running government.

Instead of making overambitious promises about establishing a universal healthcare system in South Africa, the president should prioritise addressing the significant economic and systemic issues plaguing the current healthcare system. Although the bill has been signed into law, full implementation of a working system could take decades. So, how does the NHI benefit South Africans and who pays for it?

The NHI aims to make healthcare accessible by pooling funds from taxes to cover essential services. So, yes, that means everyone chips in through taxes, but in return, we all get access to the care we need, from regular check-ups to serious treatments. Employers will collect and submit their employees' contributions in a similar manner to UIF contributions.

There will be one pool of healthcare funding for private and public healthcare providers alike.

When people visit healthcare facilities, there will be no fees charged because the NHI fund will cover the costs of people's medical care in the same way that medical aids do for their members.