

NEWSLETTER

EVERGREEN
lifestyle

Evergreen Broadacres April 2024

Editor: Edna Grenfell - email: ednagrenfell@gmail.com

April seems to have gone by so quickly. Perhaps it is because the days are getting shorter and the nights longer?

We had a busy month and survived our first Voltano billing month. Linking phase three sidewalks to the borehole irrigation system also started and is anticipated to be completed by the end of May 2024.

All special vote applications have been diligently completed and sent off to the IEC. I want to extend a heartfelt thank you to Dennis and Laurraine for their exceptional work on this. Their dedication and hard work has been instrumental in getting this done. We now eagerly await a date for the special vote to take place.

Ernie and Heather have once again orchestrated a tremendously successful Village Walk. This event continues to grow in popularity with each iteration, a testament to our vibrant and engaging community. We look forward to more such events that bring us all together.

A huge thank you to the Evergreen Health Team for sourcing Influenza vaccines from the Department of Health so that residents could get their vaccines free of charge as we head into flu season. Sister Kate, Marius and Elize administered all the vaccines over two days.

Sadly, we said goodbye to Chef Andrew, who is moving to Centacare in Menlyn to start up a new division for Reef Catering. We will certainly miss Andrew and wish him well in his new endeavour. We welcomed Chef Neo to the Village from an impressive career in the hospitality industry and look forward to the culinary journey he will be taking us on. Chef Neo's first Mother's Day lunch will take place on Sunday, the 12th of May, 2024. Remember to pay at the Bistro and then book at reception with Tshwanelo.

You will see that we have arranged a shopping shuttle for every Wednesday morning in May. Based on the take-up of this service in May, we will decide whether to continue running it going forward. Please support this by booking with Tshwanelo at reception. The cost of this will be R50.00 per resident.

We also welcome a second hairdresser to the Village. While Charmaine will still be available in the Salon on Thursdays, Lana will be available for bookings on Tuesdays and Fridays. Bookings for Lana can be made with Tshwanelo at reception, while bookings with Charmaine still need to be made directly with her.

You will also notice on our social calendar that Petanque is now happening on Saturday afternoons as well. We are delighted to see how this has grown and invite anybody who is interested in playing to join on either a Thursday or Saturday afternoon.

That is all from me for now; enjoy Worker's Day and happy voting!

From
The Village Manager
Wilma Swart



In this Issue

- Rainfall & Finance
- Security
- Pets Corner
- From the library
- Geyser Warning
- This & That
- Events in April
- Elections 2024
- What's happening in May

And much more in between

Village Rainfall

by Cecil Fann



The April rainfall was most welcome. A glance at the table below highlights the extremely variable readings over the years, but the village's long average still exceeds it, which is skewed by exceptional rains in 2013, 2017, 2019, and, in particular, 2022.

The rainy season will tail-off from now, but it may hopefully surprise us in the months ahead.

Please note that monthly totals reported are measured up to the 25th of each month.

Dam levels across the country show a further decrease, from 94% this time last year to 87% now. As usual, the current situation varies widely, from 98% for Mpumalanga to 62% for the Western Cape.

Our own Vaal Dam stands at 61.7% full, a decrease of 3.2% in the month. This data is at 24 April 2024.

For this and much more weather-related information visit the websites: <https://www.sawx.co.za/stae-of-dams> or [dws.gov.za](https://www.dws.gov.za) or [Time and Date.com](https://www.timeanddate.com)

Daylight hours show a continuing decrease, from 11h:06m on the 1st to 10h:36 on the 31st, a decrease of 30 minutes.

Rainfall by month for the past year	
May '23	60.5
Jun '23	2.0
Jul '23	5.0
Aug '23	0.0
Sep '23	1.0
Oct '23	53.0
Nov '23	77.0
Dec '23	82.5
Jan '24	128.5
Feb '24	73.8
Mar '24	39.0
Apr '24	91.5
Total	613.8

April rainfall over the years	
2013	123.0
2014	25.7
2015	46.7
2016	3.8
2017	116.4
2018	42.0
2019	108.9
2020	72.4
2021	28.1
2022	150.0
2023	48.0
2024	91.5
Average	71.4

May 2024 Sunrise, Sunset & Moon Phases				Day Length
1	06:31	17:37	Last Qtr.	11:06
2	06:32	17:36		11:04
3	06:32	17:36		11:04
4	06:33	17:35		11:02
5	06:33	17:34		11:01
6	06:34	17:34		11:00
7	06:34	17:33		10:59
8	06:35	17:32	New	10:57
9	06:36	17:32		10:56
10	06:36	17:31		10:55
11	06:37	17:31		10:54
12	06:37	17:30		10:53
13	06:38	17:29		10:51
14	06:38	17:29		10:51
15	06:39	17:28	First Qtr.	10:49
16	06:39	17:28		10:49
17	06:40	17:27		10:47
18	06:40	17:27		10:47
19	06:41	17:27		10:46
20	06:41	17:26		10:45
21	06:42	17:26		10:44
22	06:42	17:25		10:43
23	06:43	17:25	Full	10:42
24	06:43	17:25		10:42
25	06:44	17:25		10:41
26	06:44	17:24		10:40
27	06:45	17:24		10:39
28	06:45	17:24		10:39
29	06:46	17:24		10:38
30	06:46	17:23	Last Qtr.	10:37
31	06:47	17:23		10:36





ResCom Funds

by Cecil Fann

ResCom Vice Chairman & Finance & Treasury Portfolio



Collections are underway for the 44th 100 Club draw, which is due to take place on 15 May. Your chosen numbers can be paid in cash to Heather Morgan (#69) or by EFT to the ResCom bank account.

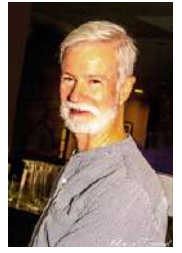
The Waterhole has again stepped up to the plate, and at a well attended function on 23 March donated a most welcome R5 000 to ResCom funds. **Our sincere thanks!**

As always, transactions in the fund will be willingly clarified if required.

SUMMARY OF TRANSACTIONS FOR MARCH 2024

	<u>INCOME</u>	<u>EXPENSES</u>	<u>BALANCE</u>
Funds on hand at 29/02/2024			15 034.91
44 th 100 Club Collections	400.00		
Shrubs & Plants (Common Area)		885.30	
Nature & Birding Group Expenses		216.00	
Bingo Mystery Prizes		90.00	
Function Supplies		472.40	
Villiersdorp Kelder o.b.o. Waterhole		2 000.00	
Donation: Christian Fellowship Group Bistro Charge	400.00		
Donation: Waterhole Year End ex Loan Account	5 000.00	5 000.00	
Catering Service Fee		839.50	
Bank Charges		131.00	
Interest Received	6.40		
Funds on hand at 31/03/2024	5 806.40	9 634.20	11 207.11 *
Reserved Funds			
Unutilised Lyn Huddy Memorial Fund			(114.90)
Unutilised Library Donation			(1 000.00)
Unutilised Library Functions Budget			(500.00)
Unutilised Hospitality Portfolio Budget			(1 527.60)
Unutilised 2023 Arbour Day Contributions			(777.05)
Unutilised Christian Fellowship Group Donation			(83.75)
44th 100 Club Prizes			(800.00)
Waterhole Loan Account (Funds held for future expenses)			(2 515.88)
Bingo "Mystery Prizes" (Monthly Estimate)			(100.00)
Catering Service Fee (Monthly Estimate)			(680.00)
New Residents Welcome (Monthly Estimate)			(450.00)
TOTAL RESERVED FUNDS			(8 549.18)
Funds available after reserves			2 657.93
Memo: Funds on hand made up as:			
Bank accounts:	Business Account	6 025.47	
	Savings (Call) Account	1 246.04	7 271.51
Cash			3 935.60
			11 207.11 *

Community Group Chats Targeted by Scammers



Dave Nesbitt

Security

Safe social media etiquette

- Be selective with friend requests.
- Block and ignore messages from strangers.
- Check your privacy and security settings.
- Never share any explicit images or video material.

Never ignore these red flags and 'run

- If a person insist on having your address or phone number.
- If a person emails you photos that make you feel uncomfortable
- If the person want you to keep their chats with you a secret.

Think before you click

- Make sure your social media profiles are set to private.
- Check your security settings.
- Be careful what information you post online.
- You cannot see who is at the end of the computer or phone. The internet makes it easy for someone to pretend to be anyone they want in the world, be careful with friend requests.

Shopping online

- Always be suspicious of deals that seem too good to be true.
- Various scams involve people selling goods online at seemingly 'amazing prices'. Typically if a deal looks 'too good to be true' it usually is and caution must be exercised.
- Verify when purchasing things online
- Always ensure you use reputable websites and verify details.
- Suspicious fraudster lure unsuspecting victims through false advertisings, often requesting them to make payments via transfers or deposits before viewing or receiving the goods. Rather conclude the transaction in person after verifying the seller's details.

 **visit the police website for useful tips**
www.saps.gov.za

Source: The Fourways Review

Geyser Warning



If residents see black flakes in their bath water, they are not from the new water filtration plant as suspected, but likely from your geyser.

My geyser controller showed an E6 error message and was obviously not working, so I called my plumber, Hilton. His immediate response saved a lot of potential damage. When he arrived, he noticed a wet patch on the ceiling and, on investigation, found that the geyser was leaking from the heating element compartment.



Removing the heating element revealed that the whole black rubber gasket holding it had corroded into a powdery form, losing its integrity and causing the element to burn out.

The image above shows the new element and gasket on the right and my burnt-out element and gasket on the left, where the whole centre had corroded away into a black powdery substance.

Call your plumber to check your geyser if you see any black powdery flakes in your bath water. Those who shower, like us, are not immune from the problem, particularly those who are in phase one and two, where the geysers are over ten years old.

My plumber is Hilton at Allwest Solar, 083 4420964.



Submitted by Dick Townsend



Submitted by Dennis Allen

Bridge

North dealer.
Neither side vulnerable.

NORTH			
♠ A 8 5 4 2			
♥ K 9 8 7 3			
♦ 6			
♣ A K			
WEST		EAST	
♠ K Q J		♠ 10 7 3	
♥ 10 6 4		♥ A Q J	
♦ J 9 7 5 3		♦ Q 10 8 2	
♣ 8 5		♣ 6 4 3	
SOUTH			
♠ 9 6			
♥ 5 2			
♦ A K 4			
♣ Q J 10 9 7 2			

The bidding

North	East	South	West
1 ♠	Pass	2 ♣	Pass
2 ♥	Pass	2 NT	Pass
3 ♥	Pass	3 NT	

A One-Act Play

Opening lead - five of diamonds.

It is not unusual for declarer to find himself playing in a contract he has little or no chance to make. Nevertheless, declarer still has a natural advantage because he knows his situation is hopeless and the defenders don't.

Consider this deal, where South is in three notrump and West leads a low diamond, on which East plays the queen.

Declarer sees that if he wins the diamond and cashes dummy's A-K of clubs, he will have no way of getting back to his hand to cash his remaining clubs if the defenders are smart enough not to lead diamonds gain.

So, in an effort to make the contract, South ducks the queen of diamonds, hoping East will continue the suit. And when East does - and it's certainly hard to blame him for returning the suit his partner led - South discards dummy's A-K of clubs on the A-K of diamonds, then cashes six club tricks and the ace of spades to get home with nine tricks.

It is true that with sharper defence, the opponents can do much better after declarer ducks the first diamond. If East shifts to a spade instead of returning a diamond at trick two - a play he would make if he saw all four hands - declarer would find himself fighting a losing battle. with perfect defence, South would go down two, losing two spades, three hearts and a diamond.

But the fact is that in actual combat, declarer is likely to make the contract if he ducks the queen of diamonds at trick one. He knows something that East doesn't know - that the contract cannot be made without enlisting the opponent's help - and he trades upon this advantage by giving East a chance to go wrong.

Source: Sunday Times - Steve Becker

Nature & Birding Group



There is no charge to join the group, anyone can come to the quarterly meetings.

OUR SECOND MEETING FOR 2024 will be an outing on **Tuesday, 7th May**. We will go to Random Harvest in memory of André Marx. Many of you will know André from the bird walk he did around Evergreen on 23rd February last year and the many walks we have done over the years with him as our guide at Random Harvest. Random Harvest put a bench in his honour overlooking the dam.



Photographs by Gillian Campbell

We will meet at the Club House at 08h30 to leave at 08h45. On arrival, we will walk down to the dam and say a few words in André's memory. We will then go back to the tea garden for tea while looking and counting the birds we see.

Note: Random Harvest is an Indigenous Nursery – there will be time to shop. Please advise Heather or Lisa if you would like to join us and whether you can help with lifts.

Photos by Heather from our Garden and Dam



Water Lily – Top Dam



Reed Cormorant – Top Dam



Protea – Parking Area next to No. 83

**For more information on the Nature and Birding Group please contact:
Heather Mutch on 1080; 083 7897 311
Or Lisa Nuttall on 11020; 071 007 4658**



Craft Group



Do you love crafting and enjoy getting together with friends?

Why not combine the two and join our **Tuesday Crafters classes in the clubhouse?**

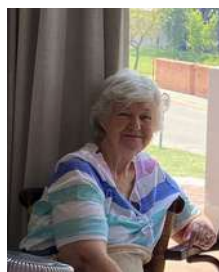
Spend a few hours with us and take home a lovely craft and some new-found friendships.

Pictured above are some of the crafts we have made over the last few months. **Our next classes are in May, on Tuesday 14th and 28th.**

We meet in the craft room (behind the Waterhole) at 2:30 pm.

All are welcome, both crafters or just to come and have a chat and a cup of tea.

For enquiries
contact
Lynn Turner on
ext 1004



Lynn Turner



Elske Fann



Recipe from our beautiful Provence

from Milissa Krause's
cook book – 'Feasting'

A delicious soup made with the freshest and most choice vegetables and simmered with basil pesto to transport you to an Auberge in the rolling hillside of France's beautiful Provence.

- 8½ cups (± 2.2 litres) boiling water
- 450g dried haricot beans
- 450g French beans, cut into 1½ cm slices
- 2 courgettes, sliced
- 2 medium potatoes, cubed
- 2 Leeks, white part only, sliced
- 5T basil pesto
- Olive Oil to garnish
- Grated Parmesan cheese to garnish
- Salt and ground pepper

Soak the dried haricot beans in water overnight. Bring the water to the boil in a large pot. Add the haricot and French beans, the courgettes, potatoes and leeks.

Season with salt and black pepper, reduce the heat and simmer, covered until tender. Ladle the soup into bowls and top with a dollop of pesto, a swirl of extra virgin oil and a sprinkling of grated Parmesan cheese. Soup au pitsou at its finist!



Pets Corner

Featuring Residents &
their furry friends



Hello. My name is Tandy. I am a Red Border Collie. Everyone thinks that all Border Collies are black dogs with white markings, but that is not so.

We have many other different distinctive coat colourings. But let's not talk about this now.

We are working dogs, and need to keep physically and mentally active. We work hard at pleasing our human parents. I was born into a city home nearly eleven years ago.

My human mother (**Aldean Prior**) gets quite creative at inventing ways to stretch my enquiring mind and prevent me from getting too bored. One of the games, is to scatter tiny treats onto the lawn so that I have rummage around and sniff them out to eat

Other ways is to hide them in wrapped towels or cardboard boxes. Sniffing is important to me, so when I take my human mother on walks, I get a lot of latitude to stop and sniff along the way. Humans like to see the views when they go on walks; I like the smells.

Humans like to see the views when they go on walks; I like the smells

Even though I am old, I am still very active, and would be prone to injury if my human mother didn't take me to K9 yoga, for strength and flexibility workouts. I look forward to these weekly outings, but it does tire me mentally and physically.

Other humans comment on how beautiful I am and as you can see I love posing for photoshoots.



Beautiful
Tandy



Pets Corner

Featuring Residents &
their furry friends



Submitted by
Aldean Prior



The dangers of retractable/extendable dog leads

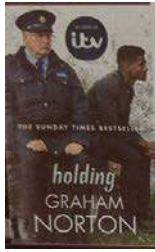
- Retractable leashes can damage your pet's neck and throat. When your pet gets to the end of the leash, it can snap your pet's neck back causing damage to their trachea and neck vertebrae.. An injured trachea can cause a cough that can also affect breathing if severe enough. Even when keeping the length short on a retractable leash, injury can still occur.
- Even though your pet is not aggressive, it can seem that way to other pets. Your pet can extend into the personal space of other pets. While your pet might be friendly and just trying to say hi, walking into the space of another pet can seem aggressive. Every other pet is not always friendly and for some who are anxious or nervous, this invasion of space can cause them to be fearful and aggressive.
- Retractable leashes cause dog fights. Retractable leashes allow your pet to travel a great distance away from you, and dangerous situations can occur in the blink of an eye. For instance, an aggressive dog can escape and reach your pet many seconds faster than you can retract the leash. The reaction time between a retractable leash and a traditional leash differ greatly.
- Retractable leashes are dangerous to you and to others! The most important reason is your safety and the safety of others around you. Retractable leashes can cause bodily injury to the operator and anyone in the near surrounding. The cord on a retractable leash is very narrow and can easily get wrapped around fingers or legs causing minor issues such as rope burn and skin lacerations. Retractable leashes also provide a huge risk for tripping. When your pet is at the end of a fully extended retractable leash, they can quickly entangle people in the surrounding area and cause them to trip or fall and harm themselves. While using a retractable leash, you risk the safety of all the people surrounding you and your pet.



Aldean Prior is an Animal Communicator
House 67 ext 1067
She is also a Usui Reiki Master
& Crystal Healing Practitioner

From the Library

Book Reviews



submitted by Libby

In our library: Norton 798. Published 2016

Graham Norton Holding

The chatshow host keeps his TV persona out of his amiable debut novel, which is about murder in a rural Irish community.

This is an odd, charming book written by the famous comedian, but it is not particularly funny or meant to be. It's set in a kind of frozen-in-aspic 1970s, with the odd non-working mobile phone and presents an utterly unblarneyfied vision of rural Ireland, which makes it seem dreary, sad and miserable, yet still draws you in.

The inhabitants of Duneen, a small town in County Cork, have found other ways to sublimate their desperation. For PJ Collins, the local policeman, it's food; for unhappily married Brid Riordan, it's white wine; and for beautiful Evelyn Ross, it's keeping a perfect house for her two elder sisters.

Naturally, this stasis cannot hold in fiction as it might in life, and the discovery of human bones during redevelopment works herald seismic repercussions for the local population.

In our library: Ward No 3007. Published 2019

James H Ward Homecoming

'This little book interested me from the start to the end,' wrote our reviewer.

Set mainly in Swaziland, it involves a farming family and a brother who lives in England, but probably the main character is the housekeeper-cum-maid. She is a much-loved and respected servant.

Fate intervenes, causing the farmer's brother and the housekeeper to meet. Although this is post-apartheid time, there is still a lot of racist feeling in the rural community. Despite deliberation and impossible odds, they fall in love and marry. Finally, they are accepted as a couple and have a child.

James Ward certainly knows his country; he writes beautifully about the South African bush and can capture the atmosphere and richness of life in Swaziland.

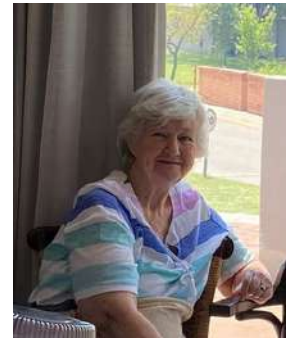
James Ward was born in Ghana in 1959 and spent his early childhood in Accra. Later, his family relocated, and he attended schools in Zambia, England and Swaziland. He studied Agricultural Engineering in Britain and worked there for a year before returning to Swaziland. He has written short stories, poetry and technical articles.

He now lives in South Africa but retains close ties to Swaziland and Zambia, as well as with friends and family in Europe.

From the Library



DVD Section



submitted by Lynn Turner

The process to be followed when taking out a DVD:

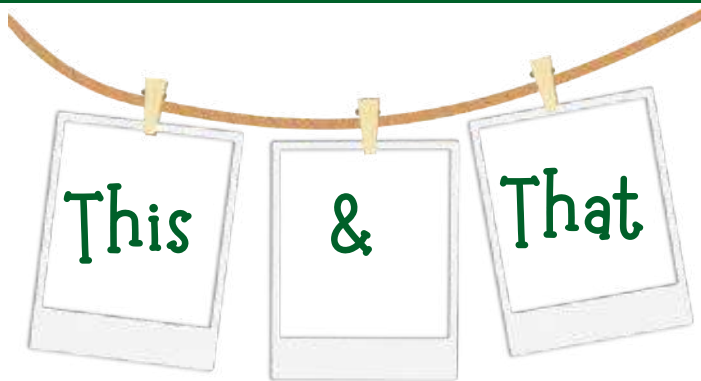
- Enter your name, unit number and DVD details (as you would when taking out a book) in the register book.
- Example: DVD M40 and the date.
- When returning the DVD, place it in the returns basket.

DO NOT REPLACE THE DVD ON THE SHELVES. IT IS EXTREMELY DIFFICULT FOR LYNN TO KEEP TRACK IF IT IS NOT PLACED IN THE RETURNS BASKET.

Many DVD's missing which cannot be traced because procedures are not followed.



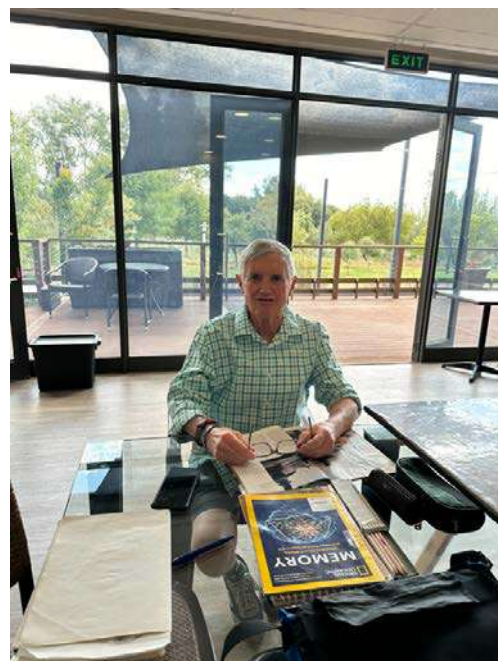
MANY DVD'S ARE MISSING



Oom Frikkie's photo of a butterfly - although not their migration time.



Art Class



Our Line - Dancers

First line - dancing group





Submitted by
Lorraine & Dennis



ELECTION 2024

CONTESTANTS

On 12 April, the Independent Electoral Commission (IEC) issued certificates to the 14 889 candidates who will contest 887 seats in the forthcoming elections. Nominations of candidates closed on 8 March 2024. Following processes of verifications and objections 70 political parties, and 11 independent candidates were published as final contestants in the elections to be held on 29 May 2024.

Fifteen political parties are contesting all tiers of the elections which means the compensatory seats in the National Assembly, the nine province-to-national elections as well as the nine provincial legislatures. A total of 31 political parties will contest the national elections for the first time.

These numbers offer a wider range of choice to voters than previous elections.

WHAT SHOULD INFORM OUR CHOICE?

Many of us are despondent that the promise of 1994, has not been realised. Increasingly voter despondency is leading citizens not to vote at all. Now is not the time to waste our vote by not using it.

Now more than ever there is a chance for us to change direction. As is clear from the high number of registered candidates this election has the potential to revitalise the hope that we had in 1994 if we vote wisely.

ResCom has made voting as easy as possible by organising special votes, which can be cast here in the Club House.

(Note: Dennis will be leading a discussion on the voting process in May)

Democratic elections present citizens with the opportunity to improve government by punishing bad behaviour. Our duty as voters is to think carefully about how to cast our votes. We need to consider the promises being made and the contesting party track records in delivering on their promises. Some questions to ask are

- Do we agree with the promises of the party we intend to vote for?
- Will delivery on their promises result in a better country for example, better education for all, improved safety and security, a thriving economy that results in job creation?
- Are we confident that they can deliver on their promises?

Once we have decided on our preference we need to exercise our right consistently. For example, there is no value in thinking we should share our votes out amongst different contenders by voting for different parties on each ballot paper.



Submitted by
Lorraine & Dennis



ELECTION 2024 - Continued

STRUCTURES OF PARLIAMENT

The two houses of Parliament, the National Assembly and the National Council of Provinces, conduct their work in plenary sessions where Members of a house meet together in one group in joint sittings, (where Members of both houses meet as one group), and in Committees (smaller groups of Members).

Committees are, in general, proportionally representative of the parties in Parliament and members are appointed by parliament.

Two of the key committees that undertake the legislative work of parliament are the Portfolio Committees and Select Committees, which are subcommittees of the National Assembly and the National Council of Provinces, respectively. Members of the portfolio committees and select committees monitor and oversee the work and budgets of national government departments and hold them accountable

The second largest party in Parliament, currently the DA is currently the official opposition. The holder of this office appoints a shadow cabinet and "shadow ministers", who develop policies and scrutinise the activities of each government department.

The opposition has to ensure that the Government does not take any steps, which might have negative effects on the people of the country. The role of the opposition in legislature is basically to check the excesses of the ruling or dominant party.

Many political commentators are predicting that the ANC, the current governing party may not get the all-important 51% of the vote. This means that they will only be able to govern through a coalition.

Although successful coalitions are operating at national level in many democracies, the formation of coalitions in South Africa at local government level have generally not resulted in the stable government essential for good service delivery. It is therefore also important to consider how parties have performed in coalitions as part of their track record.

Another consideration is whether smaller parties that may have some very good even exceptional candidates are able to operate successfully in Parliament, given how it works.



Submitted by
Lorraine & Dennis



ELECTION 2024 - Continued

COALITIONS

Any effective coalition must develop a set of shared priorities and a shared political vision. In the medium to longer term these common priorities will also be tested by needing to make difficult, 'crunch' decisions. Not ducking these difficult decisions will be a litmus test for an effective coalition

The National Dialogue on Coalition Governments held in August 2023 reached the following conclusions.

- Overall, coalition governments function better when parties work together to achieve constitutional values or where ideologically divergent parties set aside their differences and work together in the interest of the people and democracy.
- The success of coalitions requires extra-ordinary leadership and the understanding that our nation's success is far greater than narrow self-interest.
- The success of coalitions requires political leaders to move away from focusing exclusively on the distribution of political positions and more on how the coalition can serve the public interest. These conclusions present us with further criteria against which to evaluate our voting decision. We confident

Are we confident that our vote will contribute to an outcome, which improves the governance of our country and punishes the bad behaviour of the current government?





Health talk in June

Dr Karen Vukovic, Psychiatrist - Saturday 22 June



9 May @ 18:00 - PRICE - FREE

In one of the greatest technological revolutions of all time, AI and human collaboration is becoming an integral part of our world. At this exclusive Suits & Sneakers event, John will explain how AI has evolved from curation to creation, from a tool to an unprecedented personal and work partner. He provides a framework, and case studies on how to leverage the interface between humans and artificial intelligence for exponential value creation in business and sales for your team and organisation, today and tomorrow.

This keynote by John Sanei will navigate through the evolution of AI, from being tools to becoming integral virtual assistants, teammates, consultants, protectors, coaches, therapists, bosses, and even customers. As we move from everyday AI, enhancing productivity, to game-changing AI, revolutionising creativity, we unveil the AI opportunity radar. Everyday AI keeps organizations in the game, whereas game-changing AI opens doors to unprecedented innovation and industry disruption.

Suits & Sneakers presents: "The Human AI Symphony" with John Sanei

The Tryst

Woodlands Office Park Next to the GYM, Woodlands, Sandton, 2080, South Africa

<https://www.quicket.co.za/events/257732-suits-sneakers-presents-the-human-ai-symphony-with-john-sanei/?ref=events-list#/>



Farewell Chef Andrew



As Chef Andrew bids farewell to the village, he leaves a legacy woven with flavours, warmth, and culinary artistry. His departure marks the end of an era filled with delectable aromas, and the laughter shared over sumptuous meals. Chef Andrew's culinary prowess has not only tantalised taste buds but nourished souls, leaving an indelible mark on the hearts of residents and staff alike. Though his departure brings a tinge of sadness, it also heralds the dawn of new beginnings as we welcome Chef Neo to the village.



Welcome Chef Neo



EVENTS

Village Walk

Village Walk supported by 115 participants, champagne and orange juice started the fun walk followed by boerewors/pork rolls, pap and sauce.



Ernie & Heather Mutch
our amazing organisers



What's
Happening
in



Christian Fellowship Group
8 May @ 2:30pm in the
Boardroom



NEW Pétanque
every Saturday
@ 3pm



Craft Group
14 & 28 May
@ 2:30pm



Shuttle Bus
8. 15. 22 &
30 May @ 9am



Mother's Day Lunch
12 May @ 12:30 pm



Movie Night
2. 9. 16. 23. & 30
May

Titles to be
announced by
Chris Edwards



Line Dancing
Every Friday
@ 9am



Birthdays May 2024

Ellen Blekie	1st
Alan Beattie	4th
Elsbeth Hallbauer	5th
Jennifer Bramley	7th
Cedric Wood (Woody)	14th
Royston Knowles	15th
Neville Willemse	17th
Carol Curtis	18th
Frances Kazantzas	18th
Winfried Frischbutter	20th
John Schulkins	20th
Wally Davey	21st
Dave Wulfse	21st

Rosalin Messerschmidt	22nd
Jennifer Boswell	22nd
Marlies Bold	25th
Victoria Broad	26th
Colin Grenfell	27th
Merle Gush	30th
Jean Gray	30th

Anniversaries

Royston & Helen Knowles	5th
Robert & Anne Haselum	23rd
Bryan & Sharyn Breval	31st
John & Sheila Schulkins	31st



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 PUBLIC HOLIDAY	2 8am Therapeutic Exercise Class 9am Yoga 10am Art Class 10am Visual Music # 81 2pm Bridge 3pm Pétanque 6pm Movie Night	3 9am Line Dancing 10:30am Bible Study 12:30pm Fish and Chips 5pm Waterhole	4 3pm Pétanque	5
6 NATIONAL NURSE DAY 9am Water Aerobics 1 9:45am Water Aerobics 2 10am Knit & Natter 1pm Bridge 5pm Mens' Pool / Snooker & Waterhole	7 9am Therapeutic Exercise Class 2pm Rummikub 2:30pm Scrabble 5pm Ladies Pool & Waterhole	8 6pm Social Dinner 9am Shuttle to Broadacres Shopping Centre  2:30pm Christian fellowship group	9 8am Therapeutic Exercise Class 9am Yoga 10am Art Class 2pm Bridge 3pm Pétanque 6pm Movie Night	10 9am Line Dancing 10:30am Bible Study 12:30pm Fish and Chips 2:30 pm BINGO 5pm Waterhole	11 3pm Pétanque	12 12h30 Mother's Day Lunch
13 9am Water Aerobics 1 9:45am Water Aerobics 2 10am Knit & Natter 1pm Bridge 5pm Men's Pool / Snooker & Waterhole	14 9am Therapeutic Exercise Class 2pm Rummikub 2:30pm Scrabble 2:30pm Craft Class 5pm Ladies Pool & Waterhole	15 9am Shuttle to Chartwell Shopping Centre  6pm Social Dinner 100 Club Draw	16 9am Yoga 10am Visual Music # 81 10am Art Class 2pm Bridge 3pm Pétanque 6pm Movie Night	17 9am Line Dancing 10am Visual Music # 81 10:30am Bible Study 12:30pm Fish and Chips 5pm Waterhole	18 3pm Pétanque	19
20 9am Water Aerobics 1 9:45am Water Aerobics 2 10am Knit & Natter 1pm Bridge 5pm Men's Pool / Snooker & Waterhole	21 9am Therapeutic Exercise Class 2pm Rummikub 2:30pm Scrabble 5pm Ladies Pool & Waterhole	22 9am Shuttle to Dainfern Shopping Centre  6pm Social Dinner	23 9am Yoga 10am Visual Music # 81 10am Art Class 2pm Bridge 3pm Pétanque 6pm Movie Night	24 9am Line Dancing 10:30am Bible Study 12:30pm Fish and Chips 5pm Waterhole 	25 3pm Pétanque	26
27 9am Water Aerobics 1 9:45am Water Aerobics 2 10am Knit & Natter 1pm Bridge 5pm Men's Pool / Snooker & Waterhole	28 IEC SPECIAL VOTING DAY AT VILLAGE 9am Therapeutic Exercise Class 2pm Rummikub 2:30 pm Crafts 2:30pm Scrabble 2:30pm Craft Class 5pm Ladies Pool & Waterhole	29 PUBLIC HOLIDAY 	30 9am Yoga 9am Shuttle to Broadacres Shopping Centre  10am Art Class 2pm Bridge 3pm Pétanque 6pm Movie Night	31		



MAY 2024 - LUNCH MENUS

Resident Name: _____

Unit Number: _____

Please indicate your meal choices by writing the number of meals in the block next to the meal and indicating if you are choosing sit down, collect, or have your meal delivered. Also please indicate the number of meals.

	Week 1	week 2	week 3	week 4	week 5
MONDAY	R72,00	06-May Slow braised beef short-rib with cheese mash, fried cabbage and peas, carrots R72,00	13-May crumbed chicken with cheese, mustard sauce, savoury rice, seetcorn salad and coleslaw R72,00	20-May Hugarian beef goulash with parsley mash, seasonal vegetables, garden salad R72,00	27-May Pork bangers and mash, onion gravy, carrots and peas R72,00
TUESDAY	R72,00	07-May Chicken bacon cheese burger served with chips, coleslaw and garden salad R72,00	14-May Beef stroganoff with steamed rice, seasonal vegetables in herb butter, peas R72,00	21-May Chicken a la King, steamed rice, buttered gem squash and mixed vegetables R72,00	28-May Tagliatelle alfredo with ham, mushrooms and peas served with Greek salad R72,00
WEDNESDAY	01-May Closed Public Holiday R72,00	08-May Cottage pie with cheese mash topping, cream carrots and peas R72,00	15-May Spaghetti bolognese with roasted Med style vegetables and Italian salad R72,00	22-May Cheeseburger and chips, coleslaw and garden salad R72,00	29-May Closed Public Holiday R72,00
THURSDAY	02-May Pork fillet stir-fry with fried rice and vegetable stir-fry R72,00	09-May BBQ Fork fillet, mushroom sauce with potato wedges, beetoot and three bean salad R72,00	16-May BBQ chicken pieces, BBQ and sweet pepper glaze with cheese mash, cream spinach and roast butternut R72,00	23-May BBQ grilled pork chop, potato wedges, cream spinach and butternut R72,00	30-May Cape Bobotie with yellow raisin rice, tomato onion salsa, and barana salad R72,00
FRIDAY	03-May Grilled or deep-fried Hake, with chips, tartar sauce, mushy minted peas and garden salad R92,00	10-May Grilled or deep-fried Hake with chips, tartar sauce, carrot and pineapple salad and garden salad R92,00	17-May Grilled or deep-fried Hake with chips, tartar sauce, pea and sweetcorn salad and garden salad R92,00	24-May Grilled or deep-fried Hake with chips, tartar sauce, coleslaw and garden salad R92,00	31-May Grilled or deep-fried Hake with chips, tartar sauce, three bean salad and garden salad R92,00

Number of standard meals selected = _____ @ R72.00 per meal = R _____

TOTAL PACKAGE PRICE: R _____

TOTAL PACKAGE PAYMENT REQUIRED: R _____

Terms and Conditions.

Delivery meals will be charged an additional R12.00 for packaging.

Collection with own plates or can be done but plates need to be handed in at the Bistro at 10.00 and be clearly marked with unit number.



	Starter on the tables	Main Course Option 1	Main Course Option 2	Dessert
Wednesday – 01 May 2024	Closed for Public Holiday	Closed for Public Holiday	Closed for Public Holiday	Closed for Public Holiday
Wednesday - 08 May 2024	Chinese chicken noodle soup with sweet corn and spring onion	Pork schnitzel with mushroom sauce, sauté potatoes, glazed carrots and peas - R85.00	Chicken pie and gravy, mashed potatoes, glazed carrots and peas – R85.00	Bread and butter pudding served with ice cream and custard – R45.00
Wednesday – 15 May 2024	Brown onion soup with crème fraiche and toasted cheese croute	Beef stroganoff, steamed rice, broccoli in cheese sauce, roast butternut – R90.00	Chicken and orange casserole, parsley baby potatoes, broccoli in cheese sauce, roast butternut R85.00	Ice cream, berry compote and meringues – R45.00
Wednesday – 22 May 2024	Cream of vegetable soup with chive crème fraiche and herb croutons	BBQ roast pork neck, apple sauce, potato wedges, cream spinach and cinnamon pumpkin R90.00	Mild cream chicken curry served with basmati rice, tomato and onion salad, banana salad R80	Seasonal fruit salad in orange and ginger syrup, served with vanilla ice cream and beery sauce – R45.00
Wednesday – 29 May 2024	Closed for Public Holiday	Closed for Public Holiday	Closed for Public Holiday	Closed for Public Holiday

**PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.
PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD**

Please book at Reception with Tshwanelo only on EXT 1200

See you there!



MONTH OF MAY 2024

TRANSFER SERVICES FOR RESIDENTS

A weekly service to take you to nearby shopping centres



We are pleased to inform you that we have arranged a transfer service for you to visit the surrounding shopping centres on a weekly basis.

The transfer service will operate every Wednesday starting on the 7th of May 2024. The bus will pick you up at 09:00 and take you to:

- 8 May 2024 - Broadacres Shopping Centre**
- 15 May 2024 - Chartwell Corner**
- 22 May 2024 - Dainfern Square**
- 29 May 2024 - Broadacres Shopping Centre**

You can enjoy shopping, dining, or entertainment for two and a half hours before being transported back to the Village

Cost: R50.00 per person per trip.

Please book your seat with Tshwanelo at Reception on EXT 1200 by Monday at 17:00.

We hope you take advantage of this convenient service and enjoy your time shopping.

No shows will be charged



12 May 2024

Mother's Day Lunch

Starters

Cream of roasted tomato soup topped with basil crème fraiche and croutons served with bread rolls

Main Course Buffet

Roast leg of lamb with mint sauce - Caramelized garlic and red wine jus

Chicken coq au vin, chicken casserole with bacon, mushrooms, baby onions and red wine

Pasta and broccoli bake with cheese crust
Roast orange and cinnamon butternut
Seasonal vegetables in herb butter
Roast potatoes and Savoury rice

Dessert Buffet

Malva pudding with custard
Strawberry cheesecake
Chocolate brownies with berry cream,
milk tartlets with orange cream

Seasonal fresh fruit in cinnamon and orange syrup
Vanilla Ice cream with wild berry coulis, chocolate sauce

Cheese platter with apple and red wine chutney, cheese straws and savoury crackers

Residents – R175 per person / Visitors – R190 per person
Children under 12 years – R140pp

Terms and Conditions:

Pre pay at Bistro to secure your booking by 16:00 on 6 May 2024.
Table bookings done with Tshwanelo after pre payment has been done.