

# **Latest News**

# Saturday 20 April 2024 @16:15 (After you nap)

It's not a race - its a fun walk!!!

There are no prizes for finishing 1st or last and nobody cares.

No times or distances walked will be recorded or monitored. You can walk as far as you feel like walking at a comfortable pace on the day.

Or you can come down and sit in the comfort of the air-conditioned Clubhouse to watch the activities or to help with food.

Champagne, with or without orange juice, will be available before the WALK.

Afterwards everyone can enjoy a boerie/pork sausage roll with the now famous "pap & souse" & have a beverage of their choice.

Ice cream cones served as dessert.



Compulsory
Donation: R60
(or more)

to cover the costs of the catering



#### Monday | 15 APR

09 - 12h00 Applications for special vote in LSC

09h00 Water aerobics 1

09h45 Water aerobics 2 10h00 Knit & Natter

13h00 Bridae

17h00 Pool/Snooker & Waterhole

#### Tuesday | 16 APR

09 - 12h00 Applications for special vote in LSC

09h00 Therapeutic Exercise Class

14h00 Rummikub

14h30 Scrabble

14h30 Crafts

17h00 Ladies Pool/Snooker

17h00 Waterhole

#### Wednesday | 17 APR

09 - 12h00 Applications for special vote in LSC

18h00 Social Dinner

#### Thursday | 18 APR

08h00 Therapeutic Exercise Class

09h00 Yoga

10h00 Art Class

14h00 Bridge

15h00 Petanque

18h00 Movie Night

#### Friday | 19 APR

09h00 Line Dancing 10h00 Visual Music #81 10h30 Bible Study 12h30 Fish and Chips

14h00 **BINGO** 

17h00 Waterhole

## Saturday | 20 APR

#### 16:15 Village Walk



#### Sunday | 21 APR



# LET'S CELEBRATE!

Count your age by friends, not years.

Count your life by smiles, not tears. — John Lennon



# BIRTHDAYS

15th Heather Morgan

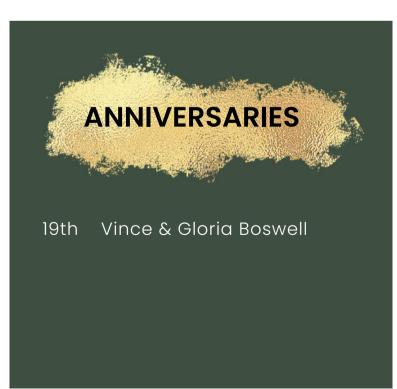
16th Henry Dobrowolski

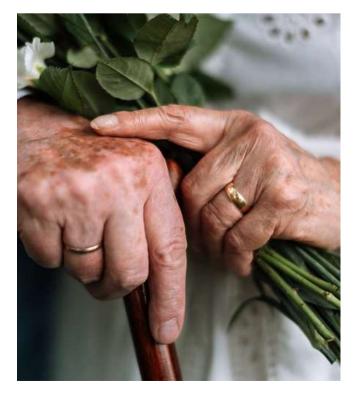
19th Ernie Mutch

20th Robin Slogrove

21st Dick Townsend

21st Deneise Gregor







THE BISTRO

#### MONDAY - 15 APRIL

Cottage pie with cheese mash topping baby marrow and cauliflower in cheese sauce, glazed carrots

R72

#### TUESDAY - 16 APRIL

Pork parika in cream sherry sauce, steamed rice, buttered gem squash and sweetcorn R72

#### WEDNESDAY- 17 APRIL

Roast BBQ chicken leg quarter, cheese mash, cream spinach and butternut R72

#### THURSDAY - 18 APRIL

Feta stuffed Italian meat balls, Nepalitano sauce, rice pilaff, grilled baby marrow and cauliflower

R72

#### FRIDAY-19 APRIL

Grilled or deep-fried Hake with chips, tartar sauce, pea and sweetcorn salad and garden salad R92

OPEN DAILY 08H00 - 16H00

DAILY MEAL ORDERS BY 16:00 THE PRIOR DAY

BOOK ON EXT 1209

BOOK BY 15 APRIL 2024 AT 17:00 WITH TSHWANELO ON EXT 1200

#### WEDNESDAY SOCIAL DINNER MENU 17 APRIL 2024

#### **STARTER**

Cream of Pumpkin soup, cinnamon and honey crème fraiche

#### MAIN

Cape Bobotie with yellow raisin rice, tomato and onion salad, banana salad - R80.00

or

Moroccan chicken, with buttered couscous, roast Med style vegetables and tomato relish R85.00

#### **DESSERT**

Baked apple pudding and cinnamon custard – R45.00





#### Park Run

Every Saturday morning at **08:00** sharp, Huddle Park comes alive with the **energy of parkrun**, a community-focused event that promotes health and fitness. Participants of all ages and fitness levels gather to walk, jog, or run along scenic trails, fostering a sense of camaraderie and well-being within the local community. The course is **5000m** (**5k**) long, accurately measured by us with a professional measuring wheel, and is situated entirely on trail paths within Huddle Park, Johannesburg. This scenic route adds to the allure of parkrun, providing participants with a picturesque setting to enjoy their run while **connecting with nature and fellow enthusiasts**.





**Ticketpro** 

DRINK RESPONSIBLY, NOT FOR PERSONS UNDER THE AGE OF 18. # N @ awarelong

#### The Feast Of A Lifetime Awaits

From 25 April to 5 May 2024, the festival will transform Level 5 of the Emperors Palace Parkade into a culinary utopia. Offering a melting pot of cultures that fuse together in a delicious crescendo of flavours. With an array of delectable dishes and beverages from around the world, every corner of the globe is represented at this foodie haven.



## Unmissable Highlights at The Johannesburg World Festival of Food and Drink

Highlights of the festival include:

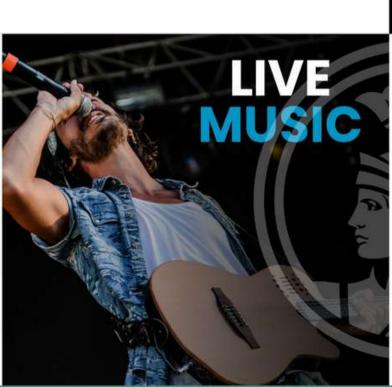
- · International Street Bars and Cafés
- · Brewers Lane featuring Beer and Gin
- · Wine Route
- · Champagne and Oyster Lady
- · Street buskers and street theatre activities
- · Budget-Friendly Treats
- · The Vegan and Vegetarian Way
- · Health Diet Disciplines
- · Flavours, Spice and All Things Nice

## For More Information About The Johannesburg World Festival of Food and Drink

Visit emperorspalace.com.

You can also contact them by calling **011 928 1000** or emailing info@emperorspalace.com.

Follow Emperors Palace on Facebook, Instagram and X for the latest news, information, events, offers and more.





#### **Get Your Tickets Now!**

You can get your tickets from TicketPro, starting from R150 per person. Here are the prices for their tickets:

- · Free for children under 3 years
- R60 for kids 3 12
- · R120 for pensioners
- . R150 for kids 13+ and adults

#### Winners Circle Discounts (Max 2 tickets):

· Sapphire Cardholders: 20%

. Gold Cardholders: 15%

· Silver Cardholders: 10%

# Hobbyx

# 2-5 May 2024

Kyalami Grand Prix Circuit and International Convention Centre Johannesburg

Existing Event **Pillars** 

- Arts & Crafts
- Tools
- Material:
- Machiner

## All Pillars Include

- Metal
- Woot
- Diastic / Acrylic / Desir
- Wool / Yarn / Fabric
- Paper / Cardboard
- Vinyl and Large Scale Printing products and more

Event Pillars





