

# WHAT'S HAPPENING

NEXT WEEK 8 - 14 APRIL 2024

## Latest News

### National Pet Day

*Any glimpse into the life of an animal quickens our own and makes it so much the larger and better in every way.*



**11 APRIL 2024**

National Pet Day occurs every year on April 11, and it has since 2006 when Colleen Paige founded the holiday. Alongside National Pet Day, the prolific author and animal activist established National Cat Day, National Dog Day, National Puppy Day, and many more pet-focused celebrations to raise awareness for needy animals.

Hearing is  
listening to what is  
said

Listening is  
hearing what isn't  
said.

Simon Sinek

# Weekly

## PLANNER

### Monday | 8 APR

09h00 Water aerobics 1  
 09h45 Water aerobics 2  
 10h00 Knit & Natter  
 13h00 Bridge  
 17h00 Pool/Snooker & Waterhole

### Tuesday | 9 APR

09h00 Therapeutic Exercise Class  
 14h00 Rummikub  
 14h30 Scrabble  
 14h30 Crafts  
 17h00 Ladies Pool/Snooker  
 17h00 Waterhole

### Wednesday | 10 APR

14h30 Christian fellowship  
 18h00 Social Dinner

### Thursday | 11 APR

08h00 Therapeutic Exercise Class  
 09h00 Yoga  
 10h00 Art Class  
 14h00 Bridge  
 15h00 Petanque  
 18h00 Movie Night

### Friday | 12 APR

09h00 Line Dancing  
 10h30 Bible Study  
 12h30 Fish and Chips  
 17h00 Waterhole

### Saturday | 13 APR

### Sunday | 14 APR



# LET'S CELEBRATE!

*Count your age by friends, not years.*

*Count your life by smiles, not tears. — John Lennon*



## BIRTHDAYS

- 8th Anna Squair
- 8th Philip du Plessis
- 9th Catherine Plaskett
- 9th Serafina Da Silva
- 11th Maureen Privett
- 12th Christopher Joyce
- 13th Sally Branson
- 14th Kiloran Townsend
- 14th Bruce Boswell

## ANNIVERSARIES

- 11th Graham & Caroline Brickett
- 13th Dick & Kiloran Townsend





# WHAT'S ON THE MENU?

## THE BISTRO

### MONDAY - 8 APRIL

Cottage pie with cheese mash topping baby marrow and cauliflower in cheese sauce, glazed carrots

R72

### TUESDAY - 9 APRIL

BBQ Hawaiian chicken fillet, with fried rice and vegetable stir-fry

R72

### WEDNESDAY - 10 APRIL

Slow braised beef short rib, saute potatoes, brussel sprouts and roast butternut

R72

### THURSDAY - 11 APRIL

Peppered pork fillet, apple sauce, cream of mushroom sauce, potato wedges, spinach and pumpkin

R72

### FRIDAY - 12 APRIL

Grilled / deep-fried Hake with chips, tartar sauce, carrot & pineapple salad and garden salad

R92

OPEN DAILY 08H00 - 16H00

DAILY MEAL ORDERS BY 16:00 THE PRIOR DAY

BOOK ON EXT 1209

BOOK BY 8 APRIL 2024 AT 17:00

WITH TSHWANELO ON EXT 1200

### WEDNESDAY SOCIAL DINNER MENU 10 APRIL 2024

#### STARTER

Roast tomato soup, basil crème fraiche and herb croutons

#### MAIN

Peppered pork fillet with mushroom sauce, fettucine, seasonal vegetables in herb butter - **R85.00**

or

Green Thai chicken curry in coconut milk, basmati rice, pawpaw salsa - **R80.00**

#### DESSERT

Malva pudding and custard with poached fruits - **R45.00**