

WHAT'S HAPPENING

NEXT WEEK 1 - 7 APRIL 2024

Latest News



NATIONAL TOM FOOLERY'S DAY

April 1 is National Tom Foolery's Day on the National Day Calendar, and we are celebrating with harmless pranks, silly tricks, shenanigans, and, of course, tomfoolery. April 1 also happens to be the birthday of Tom Foolery, a character developed by Kalahari Resorts, home to America's largest indoor waterparks. This is no April Fool's joke! We are dedicating an entire day to celebrating the spirit of adventure, play, and a little bit of trickery, in all of us.

Hearing is
listening to what is
said

Listening is
hearing what isn't
said.

Simon Sinek

Weekly

PLANNER

Monday | 1 APR

10h00 Knit & Natter
 13h00 Bridge
 17h00 Pool/Snooker & Waterhole

Tuesday | 2 APR

09h00 Therapeutic Exercise Class
 14h00 Rummikub
 14h30 Scrabble
 17h00 Ladies Pool/Snooker
 17h00 Waterhole

Wednesday | 3 APR

18h00 Social Dinner

Thursday | 4 APR

08h00 Therapeutic Exercise Class
 09h00 Yoga
 10h00 Visual Music @ House 81
 10h00 Art Class
 14h00 Bridge
 15h00 Petanque
 18h00 Movie Night

Friday | 5 APR

09h00 Line Dancing
 10h30 Bible Study
 12h30 Fish and Chips
 17h00 Waterhole

Saturday | 6 APR

Sunday | 7 APR



LET'S CELEBRATE!

Count your age by friends, not years.

Count your life by smiles, not tears. — John Lennon



BIRTHDAYS

- 1st Frederik Kraamwinkel
- 2nd André Oosthuizen
- 3rd Diana Russell
- 4th Sheila Schulkins
- 5th Vincent Boswell
- 5th James McGibbon
- 6th Maureen Slogrove
- 6th Lisa Nuttall
- 7th Chris Brennan

ANNIVERSARIES

3rd William & Kathryn Park



WHAT'S ON THE MENU?

THE BISTRO

MONDAY - 1 APRIL

CLOSED - PUBLIC HOLIDAY

TUESDAY - 2 APRIL

Pork stir-fry, fried rice and vegetable stir-fry
R72

WEDNESDAY - 3 APRIL

Ox Liver mash and onion gravy with fried
cabbage and peas, glazed carrots
R72

THURSDAY - 4 APRIL

Hunter's chicken with mushroom and bacon,
parsley potatoes, roast butternut and baby
marrow
R72

FRIDAY - 5 APRIL

Grilled or deep-fried Hake, with chips, tartar
sauce, mushy minted peas and garden salad
R92

OPEN DAILY 08H00 - 16H00

DAILY MEAL ORDERS BY 16:00 THE PRIOR DAY
BOOK ON EXT 1209

BOOK BY 2 APRIL 2024 AT 17:00
WITH TSHWANELO ON EXT 1200

WEDNESDAY SOCIAL DINNER MENU 3 APRIL 2024

STARTER

Greek salad platter per table

MAIN

Slow braised beef short rib,
cheese mash, roast butternut,
Brussel sprouts - R85.00

or

Chicken schnitzel with cheese
sauce, roast butternut, and
peas - R80.00

DESSERT

Ice cream and choc sauce
with meringues and banana
R45.00



Tom Foolery is a real 14-year-old person, at least at Kalahari Resorts. Tom's character was introduced through a series of comic books that tell the stories and adventures of the Foolery family as they travel across the universe. After the success of the comic books, the vision for Tom Foolery expanded. Kalahari's entertainment team, world-class animators, and creatives collaborated to achieve one goal--bring the adventures of the Foolery family to life by creating Tom Foolerys Adventure Parks.

Kalahari Resorts was determined to bring the Tom Foolery stories and adventures to life at their anticipated Tom Foolerys Adventure Parks. In fact, they insisted each location represents the epic adventures the Foolery family had in the comic books. Today, you will find a Tom Foolerys Adventure Park within Kalahari Resort locations as a complete universe where the Foolery family lives, thrives, and shares adventures with guests.

The word "tomfoolery" is defined as "silly behavior." National Tom Foolerys Day is a day that allows us to laugh, have fun, and enjoy the silliness in day-to-day moments.

A healthy sense of humor is good for the soul. Laughing is scientifically proven to relieve stress and improve mental health. On National Tom Foolerys Day, find your spirit of adventure and tap into your playfulness. Maybe even participate in a little bit of harmless trickery.

7 Benefits of Foolery

Humor entices others to share and interact with one another because laughing together creates lasting bonds. Any time we can make someone smile or laugh, we add to increasing happiness and well-being. In fact, joking around, laughing, and doing silly things is known to be beneficial to overall health. Seven benefits of tomfoolery include:

- 1 Increases heart health**
- 2 Reduces physical pain.**
- 3 Improved sleep.**
- 4 Boosting immunity.**
- 5 Reduced stress.**
- 6 Improved memory.**
- 7 Bringing people together.**



Wishing all
residents a
Happy Easter

