

WHAT'S HAPPENING

NEXT WEEK 22 - 28 January 2024

Latest News

Burns night

The Burns Supper is a glamorous feast that encompasses beautiful colors, sights, and sounds. Burns Supper, also known as Burns Night is a yearly tradition in Scotland.

Join us for this years Burns Night on the 24th of January at 6pm. Bookings close on Monday the 22nd at 17h00. Book at Reception EXT 1200



Sunday Lunch

Everyone likes a hot filling lunch every once in a while with our loved ones. Whether you get friends and family round the table with a perfect roast beef and all the trimmings, or a warming chicken lasagna, get into the Sunday spirit with our gorgeous weekend recipes. Make your booking at reception at EXT 1200 by Wednesday the 24th of January.



*"You've gotta dance
like there's nobody
watching,
Love like you'll
never be hurt,
Sing like there's
nobody listening,
And live like it's
heaven on earth."*



**William W.
Purkey**

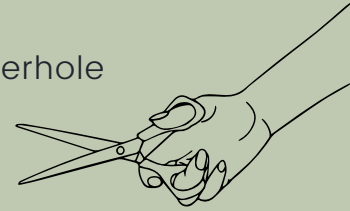
Weekly P L A N N E R

Monday | 22 Jan

09h00 Therapeutic Water Aerobics
 09h45 Therapeutic Water Aerobics
 10h00 Knit & Natter
 13h00 Bridge
 17h00 Pool & Waterhole

Tuesday | 23 Jan

09h00 Therapeutic Exercise Class
 14h00 Rummikub
 14h00 Scrabble
 14h30 Craft Classes
 17h00 Ladies Pool & Waterhole



Wednesday | 24 Jan

18h00 Burns Night Social Dinner



Thursday | 25 Jan

08h00 Therapeutic Exercise Class
 09h00 Yoga
 10h00 Therapeutic Coloring "Get Together"
 14h00 Bridge
 15h00 Pétanque
 18h00 Movie Night

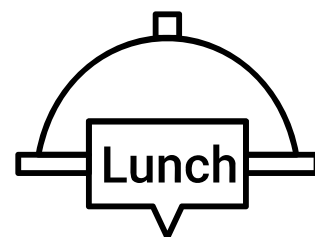
Friday | 26 Jan

08h00 Line Dancing
 10h30 Bible Study
 12h30 Fish and Chips
 17h00 Waterhole

Saturday | 27 Jan

Sunday | 28 Jan

12h30 Sunday Lunch



LET'S CELEBRATE!

Count your age by friends, not years.

Count your life by smiles, not tears. — John Lennon



BIRTHDAYS

- 22nd Chappy Hartley
- 23rd Libby Baker
- 25th Margo Goodwin
- 28th Charles Carroll

ANNIVERSARIES

- 22nd Charles and Margo Clarkson
- 24th Philippe and Joan d'Abbadie



WHAT'S ON THE MENU?

THE BISTRO

OPEN DAILY 08H00 - 16H00

DAILY MEAL ORDERS BY 16:00 THE PRIOR DAY

BOOK ON EXT 1209

MONDAY - 22 JAN

Fishermans pie with buttered gem squash and mixed vegetables

R68

TUESDAY - 23 JAN

Meat loaf with BBQ glaze, cheese mash and ratatouille vegetables

R68

WEDNESDAY - 24 JAN

Tagliatelle alFREdo in cream mushroom and ham sauce with Italian salad

R68

THURSDAY - 25 JAN

Hawaiian chicken fillets with pineapple and sweet chili glaze, vegetable stir-fry and fried rice

R68

FRIDAY - 26 JAN

Grilled or deep-fried Hake with chips, tartar sauce, coleslaw and garden salad

R85

WEDNESDAY SOCIAL DINNER MENU

24 JANUARY 2024

STARTER

Scotch egg and pickled onion salad and curry mayonnaise

MAINS

Steak and onion pie with stout gravy, leek mash, fried cabbage, carrots and turnips

R95.00

or

Devilled fish pie (hake and haddock) with tangy cheddar sauce, mushy peas and roasted carrots

R95.00

DESSERT

Cranachan toasted oats with whisky fresh cream, raspberries and raspberry compote

R50.00



Sunday Lunch – 28th January 2024

BURNS SUPPER

Platter per table

Potato salad with bacon and blue cheese, chicken liver pate with crostini

Main Course

Roast Topside of beef with caramelized garlic and red wine jus, cream horseradish

Chicken lasagna

Vegetable and spinach strudel

Roast cinnamon pumpkin with Maple syrup

French style peas

Roast baby potatoes in rosemary butter

Savoury rice

Dessert

Malva pudding and custard

Lemon meringue tartlets

Fridge tart

Seasonal fruit salad

Vanilla ice cream with chocolate and wild berry sauce

Cheese and biscuits with cheese straws,
savoury crackers and red onion marmalade

Residents – R165.00pp

Visitors – R185.00pp

Children under 12yrs – R135.00pp

Terms and Conditions

- 1. Pre-payment required to secure bookings.*
- 2. You will need to produce your pre-paid slip in order to book your table. (No exceptions)*
- 3. Bookings close on Wednesday 24 January 2024 at 17:00*
- 4. No cancellations will be accepted or refunded.*
- 5. No deliveries*



DISCOVER THE FUN AND JOY OF PAINTING!

ART CLASSES

Contact below to book your class



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