



EVERGREEN BROADACRES

# WHAT'S HAPPENING

NEXT WEEK 24 - 30 JULY 2023



"It is often the small steps, not the giant leaps, that bring about the most lasting change."

Queen Elizabeth II

**Weekly Activities**  
Your weekly guide to sport & recreational activities in the Village

**It's A Celebration**  
Birthday's, Anniversaries & New Residents

**What's On The Menu**  
Delicious meals on offer this week!

**New Art Teacher**  
Residents interested in art lessons across various mediums. Art teacher available from August 2023

**Christmas in July**  
Christmas in July social dinner on 26 July 2023 menu

**Upcoming Events**  
July, Aug & Sept

Week 30

# ACTIVITIES & EVENTS

MON 24 JULY	TUE 25 JULY	WED 26 JULY	THUR 27 JULY	FRI 28 JULY	SAT 29 JULY	SUN 30 JULY
09h00 Water Aerobics 1  09:45 Water Aerobics 2	09h00 Therapeutic Exercise Class		08:00 am Therapeutic exercise class	09:00 am Beginners Line Dancing		
10 am Knitter & Natter	09h00  Sashni Audiologist		09:00 am Yoga	09:30 am Line Dancing		
1 pm Bridge	2 pm Rummikub		10 am Visual Music	10 am Visual Music		
	2:30 pm Scrabble		2:00 pm Rummikub	10:30 am Bible Study		
5 pm Men's pool/Snooker Waterhole	2:30 pm Craft Class		2:00 pm Bridge	12:30 pm Fish & Chips		
	5 pm Ladies pool/ Waterhole		3:00 pm Pentaque	5 pm Waterhole		
		05:30  Chistmas in July Social Dinner	06:00 pm Movie Night	International Peace and love day		

# ACTIVITIES & EVENTS

Art teacher who teaches across various mediums from drawing to painting as well as sculpturing. Nas is available to teach at the Village on either Monday/ Fridays. (10:00 - 13:00)

R900.00 per month.

She is available to start teaching in August 2023 as she is overseas doing an exhibition in July 2023.

Interested residents to send Wilma their names and indicate their preferred day being either Monday or Friday.



DISCOVER THE FUN AND JOY OF PAINTING!

## ART CLASSES

Classes begin in August 2023



+27 82 920 8135



naghdam@yahoo.com



## SALON OPEN ON SATRDAYS

Charmaine the hairdresser have agreed to working two Saturdays per month to assist those residents who are not available during the week.

### She will be available on the below Saturdays :

- 29 July 2023 from 09:00 - 13:00
- 5 August 2023 from 09:00 - 14:0
- 19 August 2023 from 09:00 - 14:00
- 2 September 2023 - From 09:00 - 14:00
- 16 September 2023 - From 09:00 - 14:00
- 30 September 2023 - from 09:00 - 14:00
- 14 October 2023 - from 09:00 - 14:00
- 28 October 2023 - from 09:00 - 14:00

Bookings can be done with her directly on **073 031 8677**

## UPCOMING EVENTS

July 2023  
Christmas in July - 26th

August 2023  
Woman's Day - 9 Aug  
AGM - 17 Aug

September 2023  
Spring day - 1st  
Start of Rugby World Cup - 2nd  
Arbour day - 9th  
Heritage day - 24th  
National Braai Day - 24th

# IT'S A CELEBRATION

*Count your age by friends, not years.  
Count your life by smiles, not tears. — John Lennon*

## ANNIVERSARIES

**24 - 30 JULY**

27th James & Pauline Green

30th Milne & Emmy Murray

## BIRTHDAYS

**24 - 30 JULY**

26th Kees Segers  
27th Iris Haferung  
27th Bryan Breval  
28th Jan Key  
28th Emmy Murray  
29th Kees Segers

Therapeutic Colouring  
"Get together"  
Thursdays at 10:00  
in Lifestyle Centre.  
Contact Kay Olie Unit 49



# WHAT'S ON THE MENU?

## THE BISTRO

OPEN DAILY 08H00 - 16H00

SOCIAL DINNER - WEDNESDAY

MONDAY  
24 JULY

Cape fishermans pie  
with gem squash and  
sweetcorn - R68

TUESDAY  
25 JULY

Sweet and sour chicken  
with Asian fried noodles  
and vegetables - R68

WEDNESDAY  
26 JULY

Beef lasagne with  
Italian salad and  
Mediterranean roasted  
vegetables - R68

THURSDAY  
27 JULY

Potato, broccoli and  
chicken bake with  
beetroot and carrot  
salads - R68

FRIDAY  
28 JULY

Grilled or deep fried  
Hake with chips, tartar  
sauce, pea and sweet  
corn salad and  
garden salad - R85

### WEDNESDAY SOCIAL DINNER

Wednesday night social dinner:  
Starter per table

Camembert phyllo Christmas  
parcels on gluhwein poached  
apple and raisin compote, with  
cinnamon pumpkin puree.

#### Mains

Sugar baked Kessler loin with  
apple and cranberry sauce and  
red wine jus

Rolled chicken breast, with walnut,  
sage and macerated fruit stuffing,  
marmalade, and thyme jus.

Nut meg roasted Brussel sprouts  
with crisp bacon bits.

Roasted parsnips, turnips and  
carrots in maple syrup butter  
Rosemary roasted fondant  
potatoes.

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Caramelised Croissant bread and  
butter pudding with sherry infused  
fruits, cinnamon creme Anglaise  
and wild berry syrup

DAILY MEAL ORDERS BY 09h00  
BOOK ON EXT 1209

26 JULY 2023

# Christmas in July

## MENU.

### PLATED STARTER

Camembert phyllo Christmas parcels on gluhwein poached apple and raisin compote, with cinnamon pumpkin puree.

### PLATED MAIN COURSE.

Sugar baked Kessler loin with apple and cranberry sauce and red wine jus

Rolled chicken breast, with walnut, sage and macerated fruit stuffing, marmalade, and thyme jus.

Nut meg roasted Brussel sprouts with crisp bacon bits.  
Roasted parsnips, turnips and carrots in maple syrup butter  
Rosemary roasted fondant potatoes.

### PLATED DESSERT.

Caramelized Croissant bread and butter pudding with sherry infused fruits, cinnamon creme Anglaise and wild berry syrup

**R165.00 per person**

Book and pre pay with Bistro by 20 July 2023  
Take your receipt with to book your seating  
with Hannah at reception



NATIONAL SCOTCH DAY

27 JULY 2023



## NATIONAL SCOTCH DAY

In order to be considered scotch, this classy and distinctive spirit must be made in Scotland. It must be fermented from malted barley, aged in oak barrels for at least three years and have an ABV or alcohol content of less than 94.8%. While most scotch is made with barley, water and yeast, other grains can be included.

There are five distinct classifications of Scotch whisky including single malt scotch, single grain scotch, blended malt scotch, blended grain scotch and blended scotch. Scotch is often identified by the region where it was produced and each region has its own characteristics that influence taste. Despite scotch being made in Scotland, you can enjoy the spirit anywhere. Kilt not required.

Pick up a bottle of your favourite scotch whisky from your local liquor store. Whether you prefer yours neat, on the rocks or with a splash of water, grab some friends and savour a glass.