

# What's Happening this week...

5th June – 9th June 2023



# Social Activities:

## **MONDAY – 5<sup>th</sup> June 2023**

9am Therapeutic Water Aerobics class 1  
9:45am Therapeutic Water Aerobics class 2  
10am Knit & Natter  
1pm Bridge  
5pm Men's Pool & Waterhole

## **TUESDAY – 6<sup>th</sup> June 2023**

9am Therapeutic Exercise Classes  
2pm Rummikub  
2:30pm Scrabble  
5pm Ladies Pool & Waterhole

## **WEDNESDAY – 7<sup>th</sup> June 2023**

2:30pm Christian fellowship group  
5:30pm Friends of Evergreen Social Dinner

## **THURSDAY – 8<sup>th</sup> June 2023**

8am Therapeutic Exercise Classes  
9am Yoga (Contact Kiloran Ext 1063)  
10am Visual Music (Contact Pat Ext 1081)  
2pm Bridge  
3pm Petanque  
6pm Movie Night

## **FRIDAY – 9<sup>th</sup> June 2023**

9am Beginners Line Dancing Class  
9:30am Main Line Dancing Class  
10:30am Bible Study  
12:30pm Fish & Chips  
5pm Waterhole

# WORLD GIN DAY

10 JUNE 2023



## WORLD GIN DAY

World Gin day is celebrated on the second Saturday of June every year and it was created to celebrate the spirit the day is named after. It exists to invite people to express their love for gin and it also functions as a gateway for people looking to try the spirit.

Gin is a distilled juniper-flavoured alcohol enjoyed widely across the globe. The spirit was initially treated as a medicinal liquor and was made by European monks and alchemists in the process of creating aqua vita. The oldest record of gin goes back to juniper-surrounded Benedictine monasteries in southern Italy. Juniper was an essential part of doctors' kits during the period. Doctors during the Bubonic Plague used to stuff the beaks of their plague masks with juniper to protect themselves from the Black Death.

The liquor began increasing in popularity and by the 1720's, an estimated quarter of households in London were producing their own gin. This period came to be known as 'the Gin Craze', wherein the British Parliament tried to pass a series of laws trying to curtail the mass consumption of gin.



EVERGREEN



*Dinner and Entertainment*

WEDNESDAY | 7TH JUNE | 5:30PM

Friends Of Evergreen – Social dinner

with entertainment

by Ruby Tuesday band.

EVERGREEN BROADACRES

# WHAT'S COOKING

EVERGREEN  
Lifestyle  
broadacres

**05 - 11 June 2023**

Date	Standard Menu – R68.00
Monday Lunch 05 June	Pork Schnitzel with chive mash, cheese sauce, spinach and carrots
Tuesday Lunch 06 June	Spaghetti Bolognese with Parmesan cheese, roast veg salad and garden salad
Wednesday Lunch 07 June	Grilled Hawaiian chicken kebabs with sweet chilli, fried rice and vegetable stir-fry
Thursday Lunch 08 June	Beef winter stew with steamed rice, sauté green beans and sweet corn
Friday Lunch 09 June	Grilled or deep-fried Hake with chips, tartar sauce, Waldorf salad and garden salad R85.00

**PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.**

**PLEASE PAY BY PRE-PAID ACCOUNT or CARD**

Meals eaten or collected at Bistro R68.00, If delivered R78.00 or otherwise specified

The R10.00 surcharge covers all packaging

Order to be placed by 16:00 prior day