

What's Happening this week...

8th May – 12th May 2023



Social Activities:

MONDAY – 8th May 2023

9am Therapeutic Water Aerobics class 1
9:45am Therapeutic Water Aerobics class 2
10am Knit & Natter
1pm Bridge
5pm Men's Pool & Waterhole

TUESDAY – 9th May 2023

9am Therapeutic Exercise Classes
2pm Rummikub
2:30pm Scrabble
2:30pm Craft class
5pm Ladies Pool & Waterhole

WEDNESDAY – 10th May 2023

2:30pm Christian fellowship group
5:30pm Social Dinner

THURSDAY – 11th May 2023

8am Therapeutic Exercise Classes
9am Yoga (Contact Kiloran Ext 1063)
10am Visual Music (Contact Pat Ext 1081)
2pm Bridge
3pm Petanque
6pm Movie Night

FRIDAY – 12th May 2023

9am Beginners Line Dancing Class
9:30am Main Line Dancing Class
10am Visual Music (Contact Pat Ext 1081)
10:30am Bible Study
12:30pm Fish & Chips
5pm Waterhole

SUNDAY – 14th May 2023

12PM Mother's Day Sunday Lunch



MOTHER'S DAY

14 MAY 2023



MOTHER'S DAY

The beautiful and unparalleled bond of love shared between kids and mothers is honoured and celebrated on Mother's Day. Celebrations go back to ancient times with Greeks and Romans held festivals in honour of the mother goddesses Rhea and Cybele. However, the early Christian festival known as 'Mothering Sunday' stands as the modern precursor. This European tradition fell on the fourth Sunday in Lent. Many believed the faithful would return on this day to their 'mother church' for a special service.

Moms don't get days off, nor do they receive handsome salaries or generous pensions. Instead, their rewards come in the form of sticky kisses, necklaces made of elbow macaroni, and the satisfaction of seeing their children grow up to be happy, healthy adults.

So today is all about giving Mom an extra hug or a special gift on Mother's Day, or you may even consider giving her the 'day off' from all of the work she normally does for her family.

EVERGREEN BROADACRES

WHAT'S COOKING

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8 - 12 May 2023

Date	Standard Menu – R68.00
Monday Lunch 08 May	BBQ grilled pork chops with grilled apple, cheesy mash, spinach and carrots
Tuesday Lunch 09 May	Beef lasagne with roast veg salad and garden salad
Wednesday Lunch 10 May	Chicken schnitzel, sauté potatoes, cheese sauce and seasonal vegetables in herb butter
Thursday Lunch 11 May	Beef stroganoff with steamed rice, sauté green beans and sweet corn
Friday Lunch 12 May	Grilled or deep-fried Hake with chips, tartar sauce, Waldorf salad and garden table salad Bistro R85.00 Home delivery R95.00

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.
PLEASE PAY BY PRE-PAID ACCOUNT or CARD
Meals eaten or collected at Bistro R68.00, if delivered R78.00 or otherwise specified
The R10.00 surcharge covers all packaging

Order to be placed by 16:00 prior day

See you there!



EVERGREEN BROADACRES

WHAT'S COOKING

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Wednesday - 10 May 2023

Starter

*Vegetable and lentil soup topped with coriander
crème fraiche and garlic crostini*

Main Course

Peppered pork fillet with cream leek and mushroom sauce,
baked potato wedges,
braised red cabbage – R85

Or

Green Thai chicken curry with potatoes,
brinjals and beans in coconut milk,
basmati rice and pawpaw salsa – R75

Vegetarian option available on request – R70

Dessert

Eaton mess with vanilla ice cream
and berry compote– R40

PRE-PAID ACCOUNT, CREDIT or DEBIT CARD

**Please book at Reception EXT 1200 only between 08:00 and 17:00.
Please book by 17:00 on Monday.**