

MAY 2023

EVENT CALENDAR



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>1 PUBLIC HOLIDAY</p> <p>Worker's Day</p> <p>9am Water Aerobics</p> <p>9:45am Water Aerobics 2</p> <p>10am Knit & Natter</p> <p>1pm Bridge</p> <p>5pm Mens' Pool / Snooker & Waterhole</p>	<p>2</p> <p>8:30am Walter Sisulu Botanical Gardens Outing</p> <p>9am Therapeutic Exercise Class</p> <p>2pm Rummikub</p> <p>2:30pm Scrabble</p> <p>5pm Ladies Pool & Waterhole</p>	<p>3</p> <p>6pm Social Dinner</p> 	<p>4</p> <p>8am Therapeutic Exercise Class</p> <p>9am Yoga</p> <p>10am Visual Music - House 81</p> <p>2pm Bridge</p> <p>3pm Pétanque</p> <p>6pm Movie Night</p>	<p>5</p> <p>9am Line Dancing</p> <p>10:30am Bible Study</p> <p>12:30pm Fish and Chips</p> <p>5pm Waterhole</p> 	<p>6</p>	<p>7</p>
<p>8</p> <p>9am Water Aerobics</p> <p>9:45am Water Aerobics 2</p> <p>10am Knit & Natter</p> <p>1pm Bridge</p> <p>5pm Mens' Pool / Snooker & Waterhole</p>	<p>9</p> <p>9am Therapeutic Exercise Class</p> <p>2pm Rummikub</p> <p>2:30pm Scrabble</p> <p>2:30pm Craft Class</p> <p>5pm Ladies Pool & Waterhole</p>	<p>10</p> <p>2:30pm Christian fellowship group</p> <p>6pm Social Dinner</p>	<p>11</p> <p>8am Therapeutic Exercise Class</p> <p>9am Yoga</p> <p>10am Visual Music - House 81</p> <p>2pm Bridge</p> <p>3pm Pétanque</p> <p>6pm Movie Night</p>	<p>12</p> <p>9am Line Dancing</p> <p>10am Visual Music - House 81</p> <p>10:30am Bible Study</p> <p>12:30pm Fish and Chips</p> <p>5pm Waterhole</p>	<p>13</p>	<p>14</p> <p>12pm Mother's Day Sunday Lunch</p> 
<p>15</p>  <p>10am House of Sheba</p> <p>9am Water Aerobics</p> <p>9:45am Water Aerobics 2</p> <p>10am Knit & Natter</p> <p>1pm Bridge</p> <p>5pm Mens' Pool / Snooker & Waterhole</p>	<p>16</p> <p>Dementia Awareness Week</p> <p>9am Therapeutic Exercise Class</p> <p>2pm Rummikub</p> <p>2:30pm Scrabble</p> <p>5pm Ladies Pool & Waterhole</p>	<p>17</p> <p>6pm Social Dinner</p> <p>Club 100 Draw</p>	<p>18</p> <p>Ascension Day</p> <p>8am Therapeutic Exercise Class</p> <p>9am Yoga</p> <p>2pm Bridge</p> <p>3pm Pétanque</p> <p>6pm Movie Night</p>	<p>19</p> <p>9am Line Dancing</p> <p>10:30am Bible Study</p> <p>12:30pm Fish and Chips</p> <p>2:30pm Bingo</p> <p>5pm Waterhole</p> 	<p>20</p> <p>10am Ophthalmologist Talk</p>	<p>21</p>
<p>22</p> <p>9am Water Aerobics</p> <p>9:45am Water Aerobics 2</p> <p>10am Knit & Natter</p> <p>1pm Bridge</p> <p>5pm Mens' Pool / Snooker & Waterhole</p> 	<p>23</p> <p>9am Therapeutic Exercise Class</p> <p>2pm Rummikub</p> <p>2:30pm Scrabble</p> <p>2:30pm Craft Class</p> <p>5pm Ladies Pool & Waterhole</p>	<p>24</p> <p>6pm Social Dinner</p>	<p>25</p> <p>8am Therapeutic Exercise Class</p> <p>9am Yoga</p> <p>2pm Bridge</p> <p>3pm Pétanque</p> <p>6pm Movie Night</p>	<p>26</p> <p>National Blueberry Cheesecake Day</p> <p>9am Line Dancing</p> <p>10:30am Bible Study</p> <p>12:30pm Fish and Chips</p> <p>5pm Waterhole</p> 	<p>27</p>	<p>28</p>
<p>29</p> <p>9am Water Aerobics</p> <p>9:45am Water Aerobics 2</p> <p>10am Knit & Natter</p> <p>1pm Bridge</p> <p>5pm Mens' Pool / Snooker & Waterhole</p>	<p>30</p> <p>9am Therapeutic Exercise Class</p> <p>9am Sashni Audiologist</p> <p>2pm Rummikub</p> <p>2:30pm Scrabble</p> <p>5pm Ladies Pool & Waterhole</p>	<p>31</p> <p>Garden Wildlife Week</p> <p>6pm Social Dinner</p> 				