

From  
the Village Manager

Wilma Swart



Winter is upon us, and the mornings are starting to get crisp.

As we get to the end of Easter and the easter bunny hops away, we enjoyed two long weekends with an Easter Sunday lunch and the Annual Village walk. The walk is a highlight for many residents and their dogs.

We bid farewell to Kim for a short while as she goes off on maternity leave to welcome her new bundle of joy! We can't wait to see the first pictures and meet the baby. We wish you well and will miss you, but understand that you have a more important few months ahead. We hope you will return well-rested with a baby that sleeps through the night.

It is time for flu vaccinations and to take supplements to ward off colds and flu. Evergreen Health has flu vaccinations available again to those who put their name on the list we requested last month.

Residents are reminded to continue to watch their favourite sport, movie or the coronation undisturbed on two televisions during the anticipated increase in load-shedding.

The waterhole is unaffected by load-shedding, so drink and socialise while Eskom works on turning on the lights.

*Till next month, keep warm and hydrated!*

### Village Emergency Numbers

Reception Desk	087 809 3366
Guardhouse	071 173 2406
Care Centre (Health)	079 579 4297
Sister Marius	082 218 4206
Sister Kate Powel	Ext 1222

Remember always to wear your  
Buddy Band and carry your  
emergency button

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and much more in between

From  
the Village Manager

Wilma Swart



Many might have noticed the increased presence of TRSS in the area; they are the Company we contract with for armed response.

# TRSS NewsLetter



## PROACTIVE PATROLS

*Our team have been conducting daily Proactive day and night patrols in TRSS controlled areas to increase visibility and allow the communities to feel safe.*

*Well done to our amazing team for this strong presence.*



## OUTSTANDING PERFORMANCE

*Well done Lovemore for being technician of the month.*

*Congratulations on your outstanding performance!*



[www.trss.co.za](http://www.trss.co.za) | 086 111 4021 | 011 708 1895

# Village Rainfall

by Cecil



Rainfall in April repeats the erratic pattern of the past 10 years, and our history suggests something similar in April.

Dam levels across the country are again marginally less than this time last year at 94% as against 96%. However, the current situation, unsurprisingly, varies widely from 101% for Free State and Gauteng to 50% for the Western Cape.

Our own Vaal dam stands at 99.8% full, which is encouraging.

This data is at 18<sup>th</sup> April 2023.

For this and much more weather-related information visit the websites:

[sawx.co.za/state-of-dams](http://sawx.co.za/state-of-dams), or [dws.gov.za](http://dws.gov.za)

The ongoing gradual decrease in daylight hours continues with the day length on 1<sup>st</sup> May of 11 hours 06 minutes reducing to 10 hours 36 minutes on the 31<sup>st</sup>.

Rainfall by month for the past year	
May '22	7.8
Jun '22	14.0
Jul '22	0.0
Aug '22	0.6
Sep '22	0.0
Oct '22	16.2
Nov '22	202.4
Dec '22	112.8
Jan '23	62.7
Feb '23	200.0
Mar '23	74.6
Apr '23	48.0
<b>Total</b>	<b>739.1</b>

April Rainfall over the years	
2013	123.0
2014	25.7
2015	46.7
2016	3.8
2017	116.4
2018	42.0
2019	108.9
2020	72.4
2021	28.1
2022	150.0
2023	48.0
<b>Average</b>	<b>69.5</b>

May 2023 Sunrise, Sunset & Moon Phases			
Date	Sunrise	Sunset	Moon
1	06:31	17:38	
2	06:31	17:37	
3	06:32	17:36	
4	06:32	17:35	
5	06:33	17:35	Full
6	06:34	17:34	
7	06:34	17:33	
8	17:33	17:33	
9	06:35	17:32	
10	06:36	17:32	
11	06:36	17:31	
12	06:37	17:30	Last Qtr.
13	06:37	17:30	
14	06:38	17:29	
15	06:38	17:29	
16	06:39	17:28	
17	06:39	17:28	
18	06:40	17:27	
19	06:40	17:27	New
20	06:41	17:27	
21	06:41	17:26	
22	06:42	17:26	
23	06:43	17:25	
24	06:43	17:25	
25	06:44	17:25	
26	06:44	17:24	
27	06:45	17:24	First Qtr.
28	06:45	17:24	
29	06:46	17:24	
30	06:46	17:24	





# ResCom Funds

by Cecil Fann

ResCom Finance & Treasury Portfolio



## EVERGREEN BROADACRES RESCOM FUNDS

I am delighted to advise that at the Waterhole 2<sup>nd</sup> year anniversary function held on 31st March, a magnificent donation of R5 000 was handed over to bolster ResCom funds.

The Waterhole has become a popular and well-loved institution in the village, ably administered by John Schulkins and Hans van Wijk, and of course the many volunteer assistants seeing to our beverage needs.

The 40<sup>th</sup> 100 Club collections are well underway, with the draw planned to take place on 17th May. Please pay for your tickets by 30th April, either by EFT to the ResCom bank account or cash to Heather Morgan (Unit 69).

Surplus cash on hand will be deposited to the bank account in April.

As is always the case the transactions in the fund will be willingly discussed if required.

Cecil Fann  
Rescom Finance & Treasury Portfolio

## EVERGREEN BROADACRES RESCOM FUNDS

### SUMMARY OF TRANSACTIONS FOR MARCH 2023

	<u>INCOME</u>	<u>EXPENSES</u>	<u>BALANCE</u>
<b>Cash on hand at 28/02/2023</b>			19 606.51
Waterhole Surplus Donation	5 000.00		
100+ Club Collections (40 <sup>th</sup> Draw)	200.00		
Meeting Functions Consumables		377.94	
St Patrick's Dinner Function		476.33	
Reef Caterers Service Fee (Waterhole)		300.00	
New Residents Welcome Gifts		351.80	
Bank Charges		98.00	
Interest Received	4.91		
<b>Cash on hand at 31/03/2023</b>	<b>5 204.91</b>	<b>1 604.07</b>	<b>23 207.35</b> *
<b>Reserved Funds</b>			
Lyn Huddy Memorial Fund Balance	Ongoing		(1 114.90)
Hospitality Portfolio Budget	Ongoing		(2 000.00)
Library Functions Budget	Ongoing		(500.00)
100+ Club Prizes (40th Draw)			(200.00)
New Residents Welcome (Estimate)	Ongoing		(550.00)
<b>TOTAL RESERVED</b>			<b>(4 364.90)</b>
<b>Cash available after reserves</b>			<b>18 842.45</b>
<b>Memo - Cash on hand made up as:</b>			
<b>Bank accounts:</b>	Business	7 476.82	
	Savings	1 168.83	8 645.65
<b>Cash on hand</b>			<b>14 561.70</b>
			<b>23 207.35</b> *



## Gmail alert issued to anyone who checks emails via Chrome.

The Editor

Recently, **a fake Chrome browser extension known as "AF"** has been making rounds on the internet, posing a significant risk to users' online security. This malicious extension has been designed to look like a legitimate tool, but it aims to collect sensitive information from unsuspecting users.

The AF extension claims to provide various helpful features, including ad-blocking, the improved browsing speed, and enhanced privacy settings. However, once the user installs the extension, it gains access to all its browsing data, including login credentials, credit card details, and other sensitive information.

This type of malware is commonly called a "form grabber," It operates by intercepting and recording data entered into web forms. In the case of the AF extension, it cannot only record keystrokes but can also access and modify web pages.

The AF extension was initially distributed through third-party websites but has since been removed from these platforms. However, users still need to be completely safe. The extension can still be downloaded from malicious websites or distributed via phishing emails.

To protect yourself from the AF extension and other forms of malware, it is essential to practice safe browsing habits. This includes avoiding suspicious websites and not clicking on links or downloading attachments from unknown sources. It is also crucial to keep your browser and security software up-to-date and use a reliable anti-malware program. If you suspect that you may have installed the AF extension or any other malware on your computer, it is essential to remove it immediately. This can typically be done by using an anti-malware program or following the instructions provided by your browser or operating system.

In conclusion, the AF Chrome extension is a prime example of the dangers of downloading and installing unknown software. By taking the necessary precautions, such as avoiding suspicious websites and keeping your software up-to-date, you can help protect yourself from these threats and enjoy a safer online experience.

<https://www.express.co.uk/life-style/science-technology/1752911/gmail-alert-google-chrome-scam-AF-malware>



## WhatsApp scams on the rise in South Africa the Editor



In recent years, cybercriminals have increasingly been using the WhatsApp platform to carry out their illegal activities. With over two billion active users, WhatsApp has become a popular target for cybercriminals due to its widespread use and end-to-end encryption, making it difficult for law enforcement agencies to monitor.

In addition to phishing attacks and malware, cybercriminals also use WhatsApp to spread fake news and misinformation. These efforts may sometimes be motivated by financial gains, such as spreading false information about a particular stock to manipulate its price.

### There are several precautions one can take to avoid becoming a victim of cybercrime on Whatsapp

- 1. Enable two-factor authentication:** Two-factor authentication adds an extra layer of security to your WhatsApp account. With this feature enabled, you will be required to enter a verification code in addition to your password whenever you log in to your account - To enable two-factor authentication, go to WhatsApp-Settings >Account>Two-Step Verification.
- 2. Please don't click on suspicious links:** be careful when receiving unsolicited messages or links from unknown sources. If a message or link looks suspicious or too good to be true, it's best to avoid clicking on it. Cybercriminals often use phishing scams to trick users into sharing sensitive information such as passwords or credit card details.
- 3. Don't download unknown files.** Please don't download files or attachments from unknown sources. If you receive a file from an unknown sender, it's best to delete it. Malware can be disguised as harmless files such as images or videos.
- 4. Keep your WhatsApp updated.** Make sure you have the latest version of WhatsApp installed on your device. Updates often include security fixes and other improvements to help protect against cybercrime.
- 5. Protect your personal information.** Be cautious about sharing personal information such as your full name, date of birth, or home address on WhatsApp; cybercriminals can use this information to steal your identity or commit fraud.

Introducing  
The Trees of Evergreen  
by  
Hennie



Continuing with our Acacia trees, it is a robust tree, and I can understand why it is called an **A. robusta**, but why the common name '**Ankle Thorn**'? I don't know, so please let me know if anybody has the answer!

When Dick Sheppard and I planned the plantings for our first Arbor Day, we decided that an avenue of trees to welcome you into the village would be a good idea, so we planted six of them, three on either side the road leading up to the Crab crossing bridge. As you enter the village and turn left, you pass through what remains of our avenue. Sadly, we've lost two of them; the first was two years after we planted it, and the second was during a heavy wind and rainstorm last summer. The first was replaced with an **A. karoo** because we couldn't find another **Robusta**, and the second hasn't been replaced, so our avenue is not quite what we planned.

These trees were featured in flower in the October edition. I show them again in blossom in spring and their full summer foliage in late summer.



**Robusta** occurs naturally in the bushveld and wooded grassland. It can reach 25 m in height in that environment with an umbrella shape or flat-topping. Ours are developing to have beautifully rounded tops. The trees are not known for the quality of their timber for furniture, but like all Acacias, it makes excellent braaiwood. I haven't seen any of them growing on pavements anywhere, but they're adding handsomely to our village.



The peace lily (*Spathiphyllum*) is an iconic houseplant that deserves attention for its almost indestructible nature, beautiful dark green leaves and pure white spathes floating about the foliage like sails.

It's been labelled the peace lily due to its white flowers that are seen as white flags – a symbol of peace. Although named a lily, it is, in fact, from the arum family of plants and hails from tropical South America.

With very few rules they grow well in the home. They like humidity, so that you can supplement drier conditions with misting regularly. Find a brightly lit area out of direct sunlight, water regularly keeping the soil moist but not waterlogged and feed in spring and summer every two weeks with liquid plant food. Deadhead any spent blooms and keep the leaves free from dust with the occasional wipe.

The leaves may wilt if the plant gets too much water or the drainage needs to be better. Please reduce watering to only once a week and ensure the water drains freely from the pot before placing back in position on trays or saucers. If the soil is not draining well, repot into fresh potting soil with added coconut peat, perlite or vermiculite to improve drainage.

One of the widespread pests that infect these plants is the mealy bug. They are usually found on the underside of leaves. They leave their eggs and white cottony secretion. These sucking insects will cause the leaves to turn yellow and die off. Treat with rubbing alcohol or a suitable insecticide for use on this pest. Follow every month until the problem is eradicated.



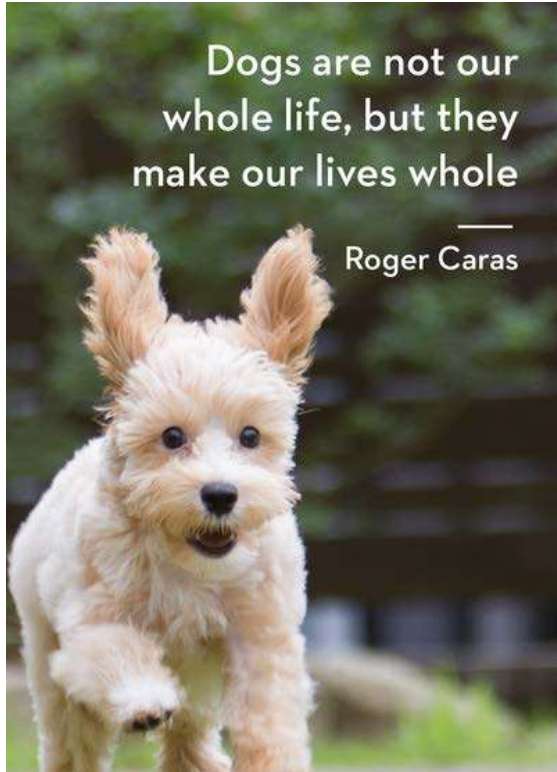
For this and more info and tips on gardening, please visit the site below:

<https://www.thegardener.co.za>



## Pets Corner

Featuring Residents & their furry friends



Dogs are not our whole life, but they make our lives whole

— Roger Caras



Bill and Beanie can often be seen strolling around the village.

Beanie was adopted by Bill four years ago when her parents emigrated, and they have been inseparable since. She is sweet and adorable and can be heard catching her ball.



## Recent New Residents to our Village



Suzie Truran  
Joan Graber

Acacia A 215  
Acacia A 15

Jeanette Gray  
Phillipe & Joan d'Abbadie

Bushwillow B 18  
Bushwillow B 103

William & Kathryn Park  
Lesley Zingel

House No 91  
House No 75



## Old age is a gift



Submitted by Harold Black

I am, probably for the first time in my life, the person I have always wanted to be.

Oh, not my body! I sometimes despair over my body, the wrinkles, the baggy eyes, and the sagging butt. And often, I am taken aback by that old person that lives in my mirror (who looks like my mother!), but I don't agonise over those things for long.

I would never trade my amazing friends, wonderful life, or loving family for less grey hair or a flatter belly. As I've aged, I've become kinder to myself and less critical of myself. I've become my friend.

I don't chide myself for eating that extra cookie, or for not making my bed, or buying that silly cement gecko that I didn't need but looks so avante garde on my patio. I am entitled to a treat, to be messy or extravagant.

I have seen too many dear friends leave this world too soon; before they understood the great freedom of ageing.

Whose business is it if I choose to read or play on the computer until 4 AM and sleep until noon? I will also dance with myself to those fantastic tunes of the 1960/the 70s if I wish to weep over a lost love. I will.

I will walk the beach in a swimsuit that is stretched over a bulging body, and I will dive into the waves with abandon if I choose to, despite the pitying glances from the jet set. They, too, will get old. I know I sometimes need to remember. But there again, some of life is just as well forgotten. And I eventually remembered the essential things.

Sure, over the years, my heart has been broken. How can your heart not break when you lose a loved one, when a child suffers or even when somebody's beloved pet gets hit by a car? But broken hearts are what give us strength and understanding, and compassion. A heart never broken is pristine and sterile and will never know the joy of being imperfect.

I am so blessed to have lived long enough to have my hair turning grey and my youthful laughs forever etched into deep grooves on my face. So many have never laughed, and so many have died before their hair could turn silver.

As you get older, it is easier to be positive. You care less about what other people think. I don't question myself anymore. I've even earned the right to be wrong.

So, to answer your question, I like being old. It has set me free. I like the person I have become. I will not live forever, but while I am still here, I will not waste time lamenting what could have been or worrying about what will be. And I shall eat dessert every single day. (If I feel like it)

**MAY OUR FRIENDSHIP NEVER COME APART, ESPECIALLY WHEN IT'S STRAIGHT FROM THE HEART!  
MAY YOU ALWAYS HAVE A RAINBOW OF SMILES ON YOUR FACE AND YOUR HEART FOREVER AND  
EVER!**

**FRIENDS FOREVER!**

Author  
Michael Abel



Submitted by Jenny Bramley

*I sit here quietly, thinking about what it means to me to be South African, a visitor to South Africa or even African. It seems easier to explain the effect that this land has on me...*

The perfume of rain on African soil. The scent of woodfires drifting across the highveld on winter evenings. There's a distinctive aroma just as one starts coming into George / Knysna / Plett (I've never figured out which herb it is), in much the same way the smell of Wild Sage defines the area around Santawani in Botswana. The odour of thatch in a game lodge. The bouquet of dust and the various plants when one gets into the bush, sometimes a whiff of something dead. The tang of the ocean at the seaside. The smell of 'moer' coffee over an early morning fire, or the delicious aroma of roasting meat over flames – whether you call it a braai or shisa nyama (but definitely NOT a barbeque, a barbie, or a ghastly NZ sausage sizzle!)

There is also something about the light here. "Santorini Blue"... I don't know if that's an actual colour, but it seems to describe the hue of the highveld sky on a winter's day to perfection. We live in "big sky" country – whether blue or orange at sunset, or dark grey and rent by lightening, or velvet black and filled with stars that seem close enough to touch – the sky is ever-present. As is the moon. I am always aware of the moon, from a sickle moon to the full fecund globe that is full moon. Silver light gilding thorn trees, juxtaposed against dark shadows on the savannah, is not a sight one easily forgets.

The caw of the ubiquitous, raucous Hadedah in suburbia, the burbling call of a rainbird (Burchell's Coucal) when a thunderstorm is on its way, the beautiful Diederick's Cuckoo announcing the arrival of spring, the screech of a barn owl or the evocative call of the Fish Eagle. Jackals calling as the sun goes down, a lion's roar quite literally making the air reverberate, or the chilling whoops of the hyenas. The cacophony of barking geckos that start up as the sun goes down over Deception Pan, or a veritable orchestra of frogs around a pan in the summer months. Cicadas shrilling on days so hot that the air shimmers, or a nightjar calling in the dead of night in the bushveld.

Days of withering heat often followed by the lightest cool breeze, just as the sun is setting. A gentle little wind, which plays with your hair like an absent-minded lover, reminding you that the cool of the night will soon be with you. Walking in the bush very early in the morning, the sun's rays catch the dew on spiders' webs, reminding you that life, both seen and unseen, is all around you. Trout fishing as the sun peeps over the horizon in Dullstroom, so cold that the water droplets freeze on your line...

The colours of this land are not subtle either. The blood red of the coral tree, the green metallic glint of sunbirds, the striped black and white hide of the zebra, or the sapphire blue of a kingfisher. The miles and miles of yellow and orange daisies in Namaqualand in September or pink and white swathes of cosmos along the roads in April. The lilac and turquoise of the roller, the tawny hide of a lion or the emerald green of a little dung beetle that makes its appearance in the summer months. From the golden dunes of the Namib to an unimaginable number of greens in the Knysna Forest. All vivid and arresting.

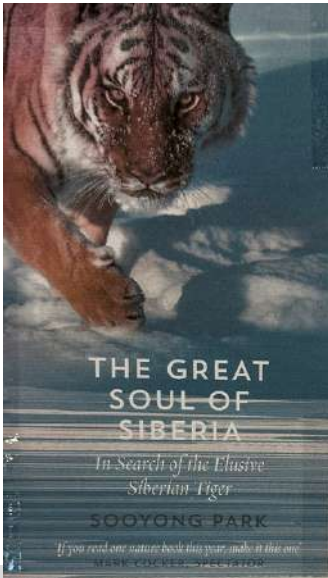
Talk to me of Murrungulo or Tsodilo Hills, the great Drakensberg, Platteland dorps and the great Karoo. The warmth of Sodwana Bay or the icy kelp forests of the Atlantic Ocean. Of wine farms and fynbos in the Cape, to meerkats and diamonds in the north. Show me our people, in so many hues, with brightly coloured traditional costumes – and even brighter smiles.

All of this creates a frisson of excitement, passion each and every day, a vivid, immediate sense of being alive that I have found nowhere else...

**These are my people. This is my land.**

# From the Library

## A Good Read - by Libby



### THE GREAT SOUL OF SIBERIA

In Search of the Elusive Siberian Tiger

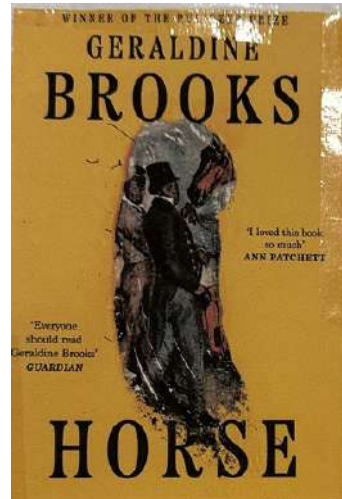
#### SOOYONG PARK

This book and the story is fascinating! Sooyong's patience, dedication and endurance were remarkable.

He spent twenty years observing and tracking the elusive Siberian tiger.

Six months each year, he lived in a grave-like underground bunker, enduring the solitude and sub-zero temperatures to glimpse the tigress and her family.

It is moving informative and well-worth reading.



### HORSE

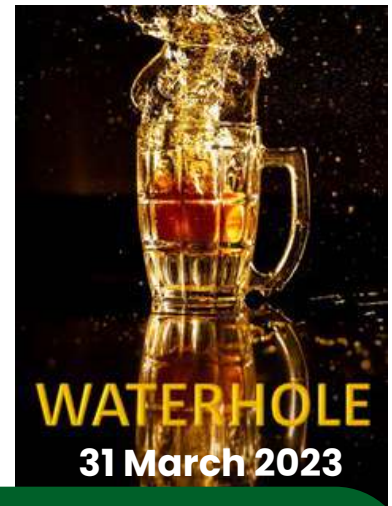
#### GERALDINE BROOKS

This is a remarkable book on many levels - excellent story-telling, yet informative and thought-provoking.

It tells of one of the greatest and fastest racehorses in American history and weaves stories around those involved with him, both during his life and afterwards.

I, too, loved this book so much!





The 31 March was declared as a **'free boerie/pork/chicken roll'** to celebrate two years of the **New Waterhole** and the continuing support of members. More than 100 villagers attended a fabulous Friday evening.





Thank you to John Schulkins  
and  
Hans van Wyk.  
whose brainchild the evening was  
and who organised it all





# Easter Sunday, 9 April lunch



Around mid-300AD, Christianity was increasing in popularity in Rome, then the centre of the world. In 312, Emperor Constantine converted to Christianity and ended the ongoing persecution of Christians. However, he knew that just because he had converted didn't mean that pagans would stop following their rituals and traditions. So he slowly started to adopt existing pagan practices into Christian festivities. In 325 AD, the church council – known as the Council of Nicaea – first decided that Easter's celebration should fall on the Sunday after the first full moon of the spring equinox. And thus, Easter Sunday was born, and symbols associated with nature's rebirth and renewal came to be associated with the rebirth or resurrection of Christ.

In most of Europe, the Easter celebration gets its name from the Jewish festival of Passover, which occurs at a similar time to the spring equinox. So in Greece, Easter is called Pascha, in Italy it is Pasqua, in France it is Paques, and in Denmark it is Paaske. But in Germany and English-speaking countries like England, Easter took its name from the pagan goddess Eostre – the goddess of spring and fertility.

<https://chefin.com.au/blog/the-pagan-easter-and-different-easter-foods-from-around-the-world/#:~:text=While%20Christmas%20was%20a%20celebration.considered%20to%20be%20sacred%20times>



Residents and their friends and family enjoyed a delicious Easter Lunch prepared and served by Chef Andrew and crew. Thank you to Brenda for once again arranging it.





# Easter

Sunday, 9 April

# Lunch







Saint George's Day is the feast day of Saint George, celebrated by Christian churches, countries, and cities of which he is the patron saint, including Bulgaria, England, Georgia, Portugal, Romania, Cáceres, Alcoy, Aragon and Catalonia. Saint George's Day is celebrated on 23 April [https://en.wikipedia.org/wiki/Saint\\_George's\\_Day](https://en.wikipedia.org/wiki/Saint_George's_Day)



## St George's fish & Chips Lunch Friday, 21 April

Happy  
Birthday Dick





Musician and activist Nina Simone sang:

I wish I could share  
All the love that's in my heart  
Remove all the bars  
That keep us apart  
I wish you could know  
What it means to be me  
Then you'd see and agree  
That every man should be free

Freedom Day  
27 April



Zukiswa Pikoli – wrote the article below published Daily Maverick

Simone's song represents a longing for acknowledging the humanity in each other in order for us to live a life that recognises that we should reach towards the things that bind us rather than those that divide us.

This year on 27 April democratic South Africa turns 29; 27 April 1994 marked the birth of a democratic country as millions of South Africans stood in snaking queues to cast their vote for democracy, heralding a Constitution that guaranteed freedom for all who live in the country. My 11-year-old self may not have been able to vote at the time, but the significance of that day was not lost on me.

It was the culmination of solidarity efforts to dismantle a brutally oppressive system that dehumanised the majority of our people. Also voting for the first time, South Africa's first democratic president, Nelson Mandela, cast his ballot in Inanda, KwaZulu-Natal at a voting station near the grave of John Langalibalele Dube, who was the founding president of the South African Native National Congress which later became the African National Congress

After casting his vote, Mandela said: **"We have moved from an era of pessimism, division, limited opportunities, turmoil and conflict. We are starting a new era of hope, reconciliation and nation-building. We sincerely hope that by the mere casting of a vote the results will give hope to all South Africans and make all South Africans realise this is our country. We are one nation."** And with that the country was gripped by euphoria and the promise of **"a better life for all"**.

**We cannot claim freedom if others do not enjoy this freedom, so we are duty bound to ask what is to be done before pessimism and hopelessness take over?**

I wonder if you remember the excitement of twenty-nine years ago as I certainly do; how far have we drifted away from ideology, promises, and trust? (Edna Grenfell – Editor)



The article published above by Zukiswa Pikoli in the **Maverick** is worth a read. See the site below:

<https://www.dailymaverick.co.za/article/2023-04-25-freedom-day-what-will-you-do-to-extend-your-olive-branch/>



## Village Walk - 29 April

Despite the rain when the walk was about to start, everyone enjoyed the afternoon. A grateful thank you to Ernie and Heather Mutch, who arranged the walk, and all their able helpers with the registration, braaiing the boerewors/pork/chicken and serving the hungry villagers.

Photography - Kiloran Townsend





MAY

Nature & Birding Group

Heather Mutch



Heather Mutch



Lisa Nuttall

## Outing - Walter Sisulu Botanical Gardens

**2 May 2023 - 08h30 to 13h00**

*Being a Tuesday there is no charge for Pensioners.*

The 2nd Nature and Birding Group of 2023, to be held on 2nd May, will be an Outing to **Walter Sisulu Botanical Gardens**. **We want to stress that we need numbers as soon as possible.** Due to the cost of hiring a bus, it has been decided to use our transport and split petrol costs at approximately R60 per person (i.e., four people in one car) per AA rate.

For the outing, please bring your **ID (no ID and they will charge the total price)**, a hat and comfortable shoes for walking. Camera and Binoculars if you want to see the Black Eagles.

See information below

**Walter Sisulu features a Waterwise Garden, Cycad Garden, Succulent Rockery, Fern Garden and arboretum (a botanical garden devoted to trees).** Walter Sisulu is also home to a **breeding pair of black eagles**. The idea is to spend the morning at Walter Sisulu, walk through those mentioned above, down to the iconic waterfall, and look out for the black eagles. On our way back, we stop off at the restaurant for tea. We will then leave to be home at about 13h00.



Map of the walks at Walter Sisulu Botanical Gardens

If interested, book now with:

Heather Mutch on 1080 or 083 789 7311

or

Lisa Nuttall on 11021 on 071 007 4658



M A Y



Christian Fellowship Group  
Wednesday, 10 May  
@ 2:30 pm  
Unit 69 -Ext1069  
Heather Morgan



Friday, 19 May  
@ 2:30 pm  
Clubhouse  
Heather Morgan



Wednesday, 17 May  
Social Dinner  
Clubhouse  
Heather Morgan



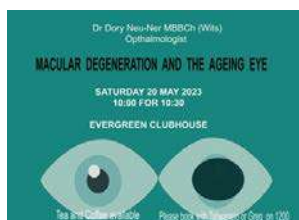
Rummikub  
every Tuesday & Thursday  
@ 2pm in the  
Clubhouse  
Lisa Nuttall  
Ext 11021



Movie Night  
5. 12.19 & 26 May



Titles to be announced  
by Chris Edwards



Tea, Coffee & Biscuits  
available  
Please book with  
Tshwanelo / Greg Ext  
1200

Dr Dory Neu-Ner, Ophthalmologist  
'Macular Degeneration & the Ageing Eye'



Backgammon Lisa will be teaching /forming this new group  
Interested  
Please contact  
Lisa Nuttall  
on 11021 or 071 007 4658





M A Y



Coronation of King Charles III  
6 May



Celebration in the Clubhouse from 11am  
BYO



The Coronation of His Majesty The King and Her Majesty The Queen Consort will take place at Westminster Abbey on Saturday 6th May, 2023. The Service will be conducted by the Archbishop of Canterbury. As previously announced, the Service will reflect the Monarch's role today and look towards the future, while being rooted in longstanding traditions and pageantry.



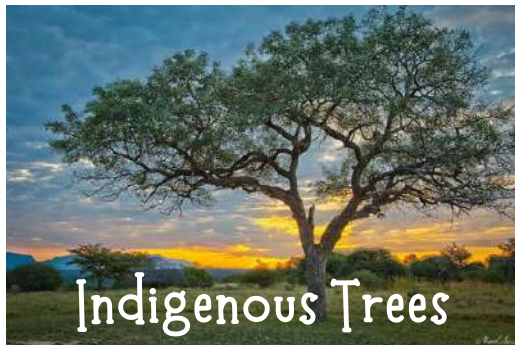


Saturday June 24th

Dr Tony Dalby, Cardiologist



Dr. David Presbury



Indigenous Trees

Letter  
from  
Charles Carroll



Arbor Day  
2 September

## The Evergreen Gardening Sub Committee needs your help

A new committee called the **Evergreen Gardening Sub Committee** has been formed, consisting of **Andy Johnston, Hennie du Preez and Charles Carroll**. We will be working with Evergreen Village Management to assist in improving and enhancing our beautiful gardens.

On Saturday, 2nd September 2023, South Africa celebrates Arbor Day, dedicated to public tree planting in many countries.

Broadacres residents have celebrated this day by planting most of the beautiful trees you see in the common areas. We intend to do the same this year and are now starting to plan the events for that day. We are also planning a braai night for the same day.

To help the Evergreen Gardening Sub Committee plan this event, we would appreciate input from the residents as follows:

1 What indigenous trees and/or shrubs would you like to see in the village common areas?

2 In the past, we have relied upon donations from the residents, and we will still do this, but we could also raise funds through entertainment activities. What type of activities would the residents enjoy and support?

**Please forward your ideas to [chascarroll007@gmail.com](mailto:chascarroll007@gmail.com)**

# Birthdays & Anniversaries May 2023

## Birthdays

Ellen Blekie	1st
Helen Stoyell	2nd
Fred Solesbury	3rd
Alan Beattie	4th
Elsbeth Hallbauer	5th
Jennifer Bramley	7th
Cedric Wood (Woody)	14th
Royston Knowles	15th
Neville Willemse	17th
Carol Curtis	18th
Winfried Frischbutter	20th
John Schulkins	20th
Wally Davey	21st
Rosalin Messerschmidt	22nd

## Birthdays

Jennifer Boswell	22nd
Marlies Bold	25th
Victoria Broad	26th
Colin Grenfell	27th
Merle Gush	30th
Jeanette Gray	30th
Doreen Tim	31st



## Anniversaries

Royston & Helen Knowles	5th
Robert & Anne Haselum	23rd
Bryan & Sharyn Breval	31st
John & Sheila Schulkins	31st



# May Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>1 PUBLIC HOLIDAY</b> <b>Worker's Day</b> 9am Water Aerobics 1 9:45am Water Aerobics 2 10am Knit & Natter 10am Art Class 1pm Bridge 5pm Mens' Pool / Snooker & Waterhole	<b>2</b> <b>8:30am Walter Sisulu Botanical Gardens Outing</b> 9am Therapeutic Exercise Class 2pm Rummikub 2:30pm Scrabble 5pm Ladies Pool & Waterhole	<b>3</b> 10am Art Class 6pm Social Dinner	<b>4</b> 8am Therapeutic Exercise Class 9am Yoga 10am Visual Music – House 81 2pm Bridge 3pm Pétanque 6pm Movie Night	<b>5</b> 9am Line Dancing 10:30am Bible Study 12:30pm Fish and Chips 5pm Waterhole 	<b>6</b>	<b>7</b>
<b>8</b> 9am Water Aerobics 1 9:45am Water Aerobics 2 10am Knit & Natter 10am Art Class 1pm Bridge 5pm Mens' Pool / Snooker & Waterhole	<b>9</b> 9am Therapeutic Exercise Class 2pm Rummikub 2:30pm Scrabble 2:30pm Craft Class 5pm Ladies Pool & Waterhole	<b>10</b> 10am Art Class 2:30pm Christian fellowship group 6pm Social Dinner	<b>11</b> 8am Therapeutic Exercise Class 9am Yoga 10am Visual Music – House 81 2pm Bridge 3pm Pétanque 6pm Movie Night	<b>12</b> 9am Line Dancing 10am Visual Music – House 81 10:30am Bible Study 12:30pm Fish and Chips 5pm Waterhole	<b>13</b> 	<b>14</b> 12pm Mother's Day Sunday Lunch Happy Mothers Day
<b>15</b>  <b>10am House of Sheba</b> 9am Water Aerobics 1 9:45am Water Aerobics 2 10am Knit & Natter 10am Art Class 1pm Bridge 5pm Mens' Pool / Snooker & Waterhole	<b>16</b> <b>Dementia Awareness Week</b> 9am Therapeutic Exercise Class 2pm Rummikub 2:30pm Scrabble 5pm Ladies Pool & Waterhole	<b>17</b> 10am Art Class 6pm Social Dinner <b>Club 100 Draw</b>	<b>18</b> <b>Ascension Day</b> 8am Therapeutic Exercise Class 9am Yoga 2pm Bridge 3pm Pétanque 6pm Movie Night	<b>19</b> 9am Line Dancing 10:30am Bible Study 12:30pm Fish and Chips <b>2:30pm Bingo</b> 5pm Waterhole 	<b>20</b> 10am Ophthalmologist Talk	<b>21</b>
<b>22</b> 9am Water Aerobics 1 9:45am Water Aerobics 2 10am Knit & Natter 10am Art Class 1pm Bridge 5pm Mens' Pool / Snooker & Waterhole 	<b>23</b> 9am Therapeutic Exercise Class 2pm Rummikub 2:30pm Scrabble 2:30pm Craft Class 5pm Ladies Pool & Waterhole	<b>24</b> 10am Art Class 6pm Social Dinner	<b>25</b> 8am Therapeutic Exercise Class 9am Yoga 2pm Bridge 3pm Pétanque 6pm Movie Night	<b>26</b> <b>National Blueberry Cheesecake Day</b> 9am Line Dancing 10:30am Bible Study 12:30pm Fish and Chips 5pm Waterhole 	<b>27</b>	<b>28</b>
<b>29</b> 9am Water Aerobics 1 9:45am Water Aerobics 2 10am Knit & Natter 10am Art Class 1pm Bridge 5pm Mens' Pool / Snooker & Waterhole	<b>30</b> 9am Therapeutic Exercise Class <b>9am Sashni Audiologist</b> 2pm Rummikub 2:30pm Scrabble 5pm Ladies Pool & Waterhole	<b>31</b> <b>Garden Wildlife Week</b> 10am Art Class 6pm Social Dinner 				



	Starter on the tables	Main Course Option 1	Main Course Option 2	Dessert
<b>Wednesday – 03 May 2023</b>	Roasted beetroot and apple salad in balsamic dressing topped with feta, deep-fried rocket and rye croutons	Slow braised beef short rib with Parmesan mash and roasted seasonal vegetables – <b>R85</b>	Hawaiian BBQ sticky chicken with grilled pineapple, fried rice and vegetable stir fry <b>R75</b>	Tiramisu and white chocolate mousse – <b>R40</b>
<b>Wednesday - 10 May 2023</b>	Vegetable and lentil soup topped with coriander crème fraiche and garlic crostini	Peppered pork fillet with cream leek and mushroom sauce, baked potato wedges, braised red cabbage – <b>R85</b>	Green Thai chicken curry with potatoes, brinjals and beans in coconut milk, basmati rice and pawpaw salsa – <b>R75</b>	Eaton mess with vanilla ice cream and berry compote– <b>R40</b>
<b>Wednesday – 17 May 2023 100 Club Draw</b>	Cream of chicken and mushroom soup with herb croutons	Oxtail phyllo pie with butterbean mash, red wine and garlic jus, seasonal baby vegetables – <b>R125</b>	Parmesan crumbed Hake topped with seafood in cream white wine sauce, savoury rice and seasonal baby vegetables– <b>R125</b>	Wild berry cheesecake with vanilla ice cream and berry compote– <b>R45</b>
<b>Wednesday – 24 May 2023</b>	Cream of roasted tomato soup with basil pesto crème fraiche and parmesan cheese croutons	Kassler pork chops with glazed BBQ and pineapple, mashed potato, cream spinach and pumpkin <b>R85</b>	Grilled chicken fillets with mushroom, bacon and cheese sauce, baked potato, cream spinach and pumpkin – <b>R75</b>	Malva pudding and custard – <b>R40</b>
<b>Wednesday – 31 May 2023</b>	Cream of pumpkin soup with cinnamon crème fraiche and bread rolls	Crumbed tenderised steak with three cheese sauce, sauté potatoes, sweet carrots and peas - <b>R85</b>	Chicken stir-fry with fried chinees noodles, Asian red cabbage slaw – <b>R75</b>	Ice cream with warm chocolate marshmallow sauce – <b>R40</b>

**PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.  
PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD**

**Please book at Reception with Tshwanelo only on EXT 1200  
between 08:00 and 17:00.  
Please book by 17:00 on Monday.**

*See you there!*



## MAY 2023 - LUNCH MENUS

Resident name: \_\_\_\_\_

Unit number: \_\_\_\_\_

Please indicate your meal choices by writing the number of meals in the block next to the meal and indicating if you are choosing sit down, collect or have your meal delivered. Also please indicate the number of meals.

	Week 1	week 2	week 3	week 4	week 5
<b>MONDAY</b>	01-May Public Holiday R68,00	08-May BBQ grilled pork chops with grilled apple, cheesy mash, spinach and carrots R68,00	15-May Slow braised beef short rib, potato wedges, cream spinach and roast butternut R68,00	22-May Ox liver and onions served with Parmesan mash, roast pumpkin, cauliflower in cheese sauce R68,00	29-May Meat loaf in BBQ tomato gravy with parsley potatoes, cream spinach and sweet carrots R68,00
<b>TUESDAY</b>	02-May Sweet n Sour Pork fried rice and vegetable stir-fry R68,00	09-May Beef lasagne with roast veg salad and garden salad R68,00	16-May Chicken lasagne with beetroot salad and garden salad R68,00	23-May Chicken chow mein served with Asian cabbage coleslaw R68,00	30-May Pork schnitzel with mushroom sauce, saute potatoes, roast butternut and peas and corn R68,00
<b>WEDNESDAY</b>	03-May Steak n kidney pie with mash and gravy, roast carrots and cauliflower R68,00	10-May Chicken schnitzel, saute potatoes, cheese sauce and seasonal vegetables in herb butter R68,00	17-May Peppered pork fillet with cream leek sauce, mash potatoes, pumpkin and fried cabbage R68,00	24-May Feta stuffed meatballs with tomato and basil coulis, pasta and Italian salad R68,00	31-May Beef goulash with parsley mash, roasted vegetables R68,00
<b>THURSDAY</b>	04-May Chicken casserole with penne pasta, green beans and beetroot salad R68,00	11-May Beef stroganoff with steamed rice, saute green beans and sweet corn R68,00	18-May Cape bobotie with yellow raisin rice, banana salad and tomato and cucumber sambal R68,00	25-May Mild chicken curry in coconut milk with potatoes, beans and brinjals, basmati rice and paw paw salsa R68,00	
<b>FRIDAY</b>	05-May Grilled or deep-fried Hake, with chips, tartar sauce, coleslaw and garden salad R85,00	12-May Grilled or deep-fried Hake with chips, tartar sauce, Waldorf salad and garden salad R85,00	19-May Grilled or deep-fried Hake with chips, tartar sauce, mushy minted peas and garden salad R85,00	26-May Grilled or deep-fried Hake with chips, tartar sauce, pea and sweetcorn salad, garden salad R85,00	

Number of standard meals selected = \_\_\_\_\_ @ R68.00 per meal = R \_\_\_\_\_

Number of Friday meals selected = \_\_\_\_\_ @ R85.00 per meal = R \_\_\_\_\_

TOTAL PACKAGE PRICE: R \_\_\_\_\_

4.5% discount off package price: R \_\_\_\_\_

TOTAL PACKAGE PAYMENT REQUIRED: R \_\_\_\_\_

**Terms and Conditions**

1. In order to qualify for the package discount, packages need to be pre-paid for by the 25<sup>th</sup> of the previous month.
2. Packages are only applicable to 10 meals or more per month.
3. No cancellations allowed and meals not taken up cannot be carried over or refunded.
4. Packages can not be shared by more than one household.
5. Delivery meals will be charged an additional R10.00 for packaging.
6. Collection with own plates or can be done but plates need to be handed in at the Bistro at 10:00 and be clearly marked with unit number.



### Mother's Day Lunch - 14<sup>th</sup> May 2023

**Clubhouse - 12h30 - 15h00**  
**Per table**

Garden salad platter

#### **Starter**

Cream of butternut and orange soup topped with cinnamon crème fraiche served with bread rolls



#### **Main Course Buffet**

Roast leg of pork with apple sauce

Caramelized garlic and red wine jus

Lamb green bean breedie

Roast potatoes

Savoury rice

Penne pasta in cream pesto sauce with roasted vegetables

Cauliflower in cheese sauce

Seasonal vegetables in herb butter

#### **Dessert Buffet**

Malva pudding with custard

Red velvet cupcakes

Chocolate tartlets with strawberry cream, milk tartlets with orange cream

Seasonal fresh fruit in cinnamon and lemon syrup

Vanilla Ice cream with wild berry coulis, chocolate sauce

Cheese platter with apple and red wine chutney, cheese straws and savoury crackers

Residents - R165pp  
Visitors – R185pp  
Children under 12 years - R135pp

**PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.**

**PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD**

**Please book at Reception with Tshwanelo on EXT 1200  
between 08:00 and 17:00 – by 9 May**