

What's Happening this week...

10th April – 14th April 2023



Social Activities:

MONDAY – 10th April 2023 – PUBLIC HOLIDAY

9am & 9:45am Therapeutic Water Aerobics
10am Art Classes
10am Knit & Natter
1pm Bridge
5pm Pool & Waterhole

TUESDAY – 11th April 2023

9am Therapeutic Exercise Classes
2pm Rummikub
2:30pm Scrabble
2:30pm Craft Classes
5pm Pool & Waterhole

WEDNESDAY – 12th April 2023

10am Art Classes
5:30pm Social Dinner

THURSDAY – 13th April 2023

8am Therapeutic Exercise Classes
9am Yoga (Contact Kiloran Ext 1063)
10am Visual Music (Contact Pat Ext 1081)
2pm Bridge
3pm Petanque
6pm Movie Night

FRIDAY – 14th April 2023

9am Beginners Line Dancing Class
9:30am Main Line Dancing Class
10am Visual Music (Contact Pat Ext 1081)
10:30am Bible Study
12:30pm Fish & Chips
5pm Waterhole

FAMILY DAY

10 APRIL 2023



FAMILY DAY

Family Day is a holiday currently observed in South Africa the day after Easter Sunday each year. This holiday was established for the purpose of giving each South African family, regardless of religion and background, a special day to be with their loved ones. In the past, instead of celebrating Family Day, the country is celebrating this day as Easter Monday, which is a celebration with religious connotation.

Family day was established with the purpose of strengthening bonds among family members in the South African society. These are popular days for traveling, this, the country's tourist destinations, resorts, and other attractions are expected to get a bit crowded on these days. Traveling has become part of the activities often done in South Africa during the observance of Family Day.

There are many other ways to celebrate this holiday for those that are less keen on travelling, such as relaxing and unwinding at home, playing games with the kids, and even having some family gatherings.



HUSBAND APPRECIATION DAY

15 APRIL 2023



HUSBAND APPRECIATION DAY

We love this little-known holiday dedicated to the men in our lives who show up for us in bold and subtle ways everyday of the year. It is a fun loving spirit gives us lucky spouses an opportunity to be creative and thoughtful in how we show our appreciation to our partners.

Since the earliest recordings of marriage, husbands across many cultures and religious traditions, have been established as the protectors and providers of their wives and families. Some traditions believe it is the husbands role to provide physical or even spiritual protection to their wives. Although this role has changed over time and we are seeing more equality between husbands and their wives, one thing has remained true through our ever evolving history: we love our hubbies.

Wives who haven't told their husbands lately what a great guy he is, and how much his dedication and commitment to the family is seen and appreciated, make use of this day to express this more verbally. Men are treated to tickets to their favourite game, extra TLC, and even time off from the family to spend with some friends or doing personal activities.



PÉTANQUE

Pétanque may be regarded by many as a gentle pastime but it has been known to get out of hand.

In 2008, a man in the village of Ade in the Pyrenees was killed by a fellow player's ball as he was checking how close his own was to the cochonnet.

But of one of the best things about Pétanque is that practically anyone can play, regardless of age or sex.

Every Thursday at 3pm

**Contact Felicity Brandt at Ext 1122
for more information.**

EVERGREEN BROADACRES

WHAT'S COOKING

EVERGREEN
lifestyle
broadacres

10 – 14 April 2023

Date	Standard Menu – R68.00
Monday 10 April 2023	PUBLIC HOLIDAY
Tuesday 11 April 2023	Spaghetti bolognaise, served with roasted vegetables and side salad
Wednesday 12 April 2023	Chicken picatta with parmesan crumb, sauté potatoes, cream tomato sauce and seasonable vegetables in herb butter.
Thursday 13 April 2023	Beef and onion pie, served with mashed potatoes, sautéed green beans and sweet corn.
Friday 14 April 2023	Grilled or Deep-Fried Hake with Chips, Tartar Sauce, Coleslaw and Garden Salad Bistro R85.00 Home delivery R95.00


PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.

PLEASE PAY BY PRE-PAID ACCOUNT or CARD

Meals eaten or collected at Bistro R68.00, if delivered R78.00 or otherwise specified

The R10.00 surcharge covers all packaging

Order to be placed by 16:00 prior day



EVERGREEN BROADACRES

WHAT'S COOKING

EVERGREEN
lifestyle
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Wednesday – 12 April 2023

Platter per table

Cream of chicken and mushroom soup with herb croutons

Main Course

BBQ and onion braised pork loin chop
with parsley mash,
carrots and peas – **R85**

Or

Roast chicken, roast potatoes,
cream of mushroom and bacon sauce,
seasonal vegetables in herb butter – **R75**

Vegetarian option available on request – **R70**

Dessert

Bread and butter pudding
with cinnamon custard and berry compote – **R40**

PRE-PAID ACCOUNT, CREDIT or DEBIT CARD

Please book at Reception EXT 1200 only between 08:00 and 17:00.

Please book by 17:00 on Monday.