

What's Happening this week...

3rd April – 7th April 2023



Social Activities:

MONDAY – 3rd April 2023

9am Therapeutic Water Aerobics class 1
9:45am Therapeutic Water Aerobics class 2
10am Art Classes
10am Knit & Natter
1pm Bridge
5pm Men's Pool & Waterhole

TUESDAY – 4th April 2023

9am Therapeutic Exercise Classes
2pm Rummikub
2:30pm Scrabble
5pm Ladies Pool & Waterhole

WEDNESDAY – 5th April 2023

10am Art Classes
5:30pm Social Dinner

THURSDAY – 6th April 2023

8am Therapeutic Exercise Classes
9am Yoga (Contact Kiloran Ext 1063)
10am Visual Music (Contact Pat Ext 1081)
2pm Bridge
3pm Petanque
6pm Movie Night

FRIDAY – 7th April 2023 - **PUBLIC HOLIDAY**

9am Beginners Line Dancing Class
9:30am Main Line Dancing Class
10:30am Bible Study
12:30pm Fish & Chips
5pm Waterhole

SUNDAY – 9th April 2023

12PM Easter Sunday Lunch



GOOD FRIDAY

7 APRIL 2023



5 GOOD FRIDAY ODDITIES

1. The name “Good Friday” goes back centuries. The earliest known use of the name “Good Friday” goes back to about 1290 in a text called “The South English Legendary”.
2. Go fly a kite. In Bermuda, it’s traditional to fly a kite on Good Friday, symbolizing both the cross and Jesus rising to heaven.
3. According to Christian tradition, when Jesus was crucified, there was darkness across the land and an earthquake.
4. It is tradition to eat hot sweet cross buns on Good Friday, and it supposedly brings good luck.
5. A widespread superstition is that getting a haircut on Good Friday prevents headaches for the rest of the year.

EASTER SUNDAY

9 APRIL 2023



EASTER SUNDAY

Easter is the single most important holy day throughout Christianity. It celebrates the resurrection of Jesus Christ – a central belief for Christians worldwide and the focal point of their faith. Religious scholars believe the event occurred three days after the Romans crucified Jesus in roughly 30AD. Christians therefore derive hope that they too will experience a resurrection in heaven.

While those of the Christian faith observe Easter by participating in religious rituals, vigils, and going to Church, there are many non-religious traditions on Easter for children. The most common tradition is dyeing Easter eggs, including a lot of fun activities such as egg rolling and egg hunts. Flying kites and games like leapfrog are also popular, as well as games associated with the Easter bunny.

Chocolate and other candy, especially bunny – or egg-shaped ones are widely consumed. Pastel colours like Pink, baby blue, and lilac are associated with this day and are seen everywhere on clothing, dyed eggs and at events.

EVERGREEN BROADACRES

WHAT'S COOKING

EVERGREEN
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03 - 07 April 2023

Date	Standard Menu – R68.00
Monday Lunch 03 April	Greek style Kofta on ratatouille, braised rice with Parmesan and Tzatziki
Tuesday Lunch 04 April	Spinach and brinjal lasagne with cheese crust, roasted vegetable salad with feta and olives
Wednesday Lunch 05 April	Ox liver and onions with mash and gravy, roast carrots and cauliflower
Thursday Lunch 06 April	Mild chicken curry in coconut milk, basmati rice, tomato and cucumber sambal and banana in yoghurt
Friday Lunch 07 April	Grilled or deep-fried Hake with chips, tartar sauce, pea and sweet corn salad , garden salad Bistro R85.00 Home delivery R95.00

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.


PLEASE PAY BY PRE-PAID ACCOUNT or CARD

Meals eaten or collected at Bistro R68.00, if delivered R78.00 or otherwise specified

The R10.00 surcharge covers all packaging

Order to be placed by 16:00 prior day

See you there!



EVERGREEN BROADACRES

WHAT'S COOKING

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WEDNESDAY SOCIAL DINNER – 05 APRIL 2023

Salad platter per table

Russian egg salad with garlic crostini

Main Course

Beef schnitzel with cheese mustard sauce, baked potato, cream spinach and roast pumpkin - R95

Or

Chicken a la king, with steamed rice, cream spinach and roast pumpkin R75

Vegetarian option available on request – R70

Dessert

Chocolate and vanilla ice cream with meringues and wild berry compote – R45

PRE-PAID ACCOUNT, CREDIT or DEBIT CARD

**Please book at Reception EXT 1200 only between 08:00 and 17:00.
Please book by 17:00 on Monday.**

EVERGREEN BROADACRES

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Easter Sunday Lunch – 9th April 2023

12h30-15h00

Starter Platter per table

Pickled fish with potato salad
and garden salad and Hot cross buns

Main Course

Sugar baked gammon with apple sauce and rosemary and honey jus
Mild chicken curry in coconut milk served with sambals
Aubergine Parmigiana
Roast rosemary potatoes
Cauliflower in cheese sauce
Seasonal vegetables in herb butter
Basmati rice

Dessert

Easter chocolate mousse cake
Oreo cheesecake with chocolate ganache
Strawberry and cream tarts
Seasonal fruit in cinnamon syrup
Vanilla and chocolate ice cream
Berry coulis, chocolate sauce, caramel sauce

R165.00pp residents

R185.00pp visitors

R135.00pp children under 12

Terms and Conditions

1. *Pre-payment required to secure bookings.*
2. *You will need to produce your pre-paid slip from the Bistro in order for Tshwanelo to book your table. (No exceptions)*
3. *Bookings close on Tuesday 4th April 2023 at 17:00*
4. *No cancellations will be accepted or refunded.*
5. *No deliveries*