



# What's Happening this week...

27th March – 31st March 2023



# Social Activities:

## **MONDAY – 27<sup>th</sup> March 2023**

9am & 9:45am Therapeutic Water Aerobics  
10am Art Classes  
10am Knit & Natter  
**10am Wills and Estates presentation**  
1pm Bridge  
5pm Pool & Waterhole

## **TUESDAY – 28<sup>th</sup> March 2023**

**9am Sashni Audiologist**  
9am Therapeutic Exercise Classes  
2pm Rummikub  
2:30pm Scrabble  
2:30pm Craft Classes  
5pm Pool & Waterhole

## **WEDNESDAY – 29<sup>th</sup> March 2023**

10am Art Classes  
5:30pm Social Dinner

## **THURSDAY – 30<sup>th</sup> March 2023**

8am Therapeutic Exercise Classes  
9am Yoga (Contact Kiloran Ext 1063)  
2pm Bridge  
3pm Petanque  
6pm Movie Night

## **FRIDAY – 31<sup>st</sup> March 2023**

9am Beginners Line Dancing Class  
9:30am Main Line Dancing Class  
10:30am Bible Study  
12:30pm Fish & Chips  
5pm Waterhole

# DANCE MARATHON DAY

31 MARCH 2023



## DANCE MARATHON DAY

Dance Marathon Day is a day when people gather at a social event to dance or walk for an extended period. There are only four rules: keep on moving, don't sleep, spectators are encouraged and have fun!

This 24-hour event may sound exhausting, but the shared sense of community and camaraderie among dancers are highlighted. What's more, it's for a good cause. Dance marathons are mainly fundraising events. There is no better way of having fun, staying fit, and supporting a good cause than participating in Dance Marathon Day.

Spectators are highly encouraged in dance marathons. Support a team that you are rooting for, taking pictures, and posting them on social media. If you do not have the time to be physically present at the event, you can always donate to their charitable cause. There is no better way of showing your support and appreciation than to help raise funds for people in need.



# LIFE CAN CHANGE IN AN INSTANT, LET US HELP PROTECT YOUR LEGACY!

You are invited to MacRobert Attorneys'  
Wills, Trusts and Deceased Estates Information Session  
Date 27 March 2023  
Time 10:00

## *Why is a will important?*

- ✓ **Ensures that your last wishes are fulfilled**
- ✓ **Protects your wealth and assists in building a legacy:**  
You can create various mechanisms in your will which will facilitate legacy building, such as: a trust and fideicommissum, especially when you have lump sum funds.
- ✓ **Protects inheritance of minor children:**  
Without a will, cash inheritance awarded to minor children could be paid over to the Guardian's Fund.
- ✓ **Protects an unmarried partner's interests:**  
If you are not legally married and you do not have a will, your partner will not be entitled to receive benefits from your estate.
- ✓ **Provides legal certainty and prevents potential family conflict**
- ✓ **Prevent delays in the administration process:**  
Without a will, you will not be able to appoint an executor of your choice to administer the estate.

Let us assist you with the complementary drafting of your will!

Joané van Twisk

[wills@macrobert.co.za](mailto:wills@macrobert.co.za)

012 425 3445

Wills, Trusts and Deceased Estates

EVERGREEN BROADACRES

# WHAT'S COOKING

EVERGREEN  
lifestyle  
broadacres

27-31 March 2023

Date	Standard Menu – R68.00
Monday Lunch 27 March	BBQ Meat Loaf in Tomato Gravy, Cheese Potato Bake, Cream Spinach and Carrots
Tuesday Lunch 28 March	Pork Fillet in Cream Leek and Apple Sauce, Steamed Rice, Peas & Corn in Gem Squash
Wednesday Lunch 29 March	Ox Liver & Onions with Mash Potatoes, Roast Pumpkin and Fried Cabbage
Thursday Lunch 30 March	BBQ Chicken Drumsticks with Savoury Rice, Dutch Beans and Beetroot Salad
Friday Lunch 31 March	Grilled or Deep-Fried Hake with Chips, Tartar Sauce, Carrot and Pineapple Salad, Garden Salad Bistro R85.00 Home delivery R95.00


**PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.**

**PLEASE PAY BY PRE-PAID ACCOUNT or CARD**

Meals eaten or collected at Bistro R68.00, if delivered R78.00 or otherwise specified

The R10.00 surcharge covers all packaging

Order to be placed by 16:00 prior day



EVERGREEN BROADACRES

# WHAT'S COOKING

EVERGREEN  
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**Wednesday – 29 March 2023**

## **Platter per table**

*Chicken liver pate on crostini  
with side potato, blue cheese and bacon salad*

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## **Main Course**

Peppered pork fillet with grilled apple,  
cream of leek sauce  
Potato wedges and mixed seasonal vegetables - R80

Or

Sticky BBQ citrus chicken with warm pasta salad,  
roasted tomatoes, carrot and pineapple salad – R75

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Vegetarian option available on request – R70

## **Dessert**

Apple crumble with oatmeal crust, vanilla ice cream and berry compote – R45

PRE-PAID ACCOUNT, CREDIT or DEBIT CARD

**Please book at Reception EXT 1200 only between 08:00 and 17:00.  
Please book by 17:00 on Monday.**